

Mescalero Apache Tribe

Apache Scout



Inside this issue:

Head Start	6
Mescalero Library	8
Elderly Center	9
SSBE Committee	16
BIA—Mescalero Agency	18
Religion	23

**APRIL
DEADLINE:
03/22/17 BY 4PM**

Transportation Policy

Mescalero CHR Program

TRANSPORTATION SCHEDULE

It is the policy of the Mescalero CHR Program to establish a transportation schedule and procedure as follows:

1. The designated days of transportation will be Monday through Friday from **8:30 a.m. to 3:30 p.m.** CHR staff is not required to travel before 8:00 a.m. or after 4:00 p.m. Closed on Holidays.
2. Pick up times will be **8:30 a.m., 11:30 a.m., 12:30 p.m. and 3:30 p.m.** for patients living in the Palmer Loop, Penn Scott, Carrizo Trails, Windy Point

and other areas on the east side of Apache Summit. The Mescalero community area will be picked up at least **30 minutes** before appointment time.

3. **Transportation appointments should be scheduled 24 hours before the date appointment.** Those patients who do not call in advance may be denied transportation if there are many people already on the transport list. Last minute requests will be added only if transportation is available. Patients should notify CHR staff immediately

of any cancellations. **Medication deliveries** will be scheduled so individuals will be picked up, taken to Pharmacy and returned home. Patients should notify CHR immediately if they get their medication.

4. Changes will occur due to bad weather conditions. **CHR staff will not transport patients to/from appointment(s) or medication arrangement in any bad weather.**

UNAUTHORIZED TRANSPORTATION

CHR Program staff shall not:

1. Transport any intoxicated person



- (s).
 2. Transport a minor child to the hospital or clinic without the presence of a parent or guardian.
 3. Pick up patient(s) who have their own transportation.
 4. Transport friends and other family members of patients without appointment(s).
 5. Utilize program vehicles to conduct personal business.
- NOTE: Person(s) that request transportation from CHR to the hospital who leave IHS or Behavioral Health to conduct personal business at another location, and then later return to the hospital requesting transportation home will be denied.
- Call the CHR Office at (575) 464-9256 Ext. 1 to request transportation arrangements. If there is no answer, leave your name, phone number, address, date/time of appointment and someone will call you back to confirm your pick up time.
- Due to continuing abuse of CHR services, these changes have been made.

Addus Home Care

Employment Opportunity

In-home care services are a cost-effective alternative to facility-based nursing home care and have been since the 1970s. It is well documented that providing these services reduces the rate at which at-risk older adults utilize nursing homes, enabling them to maintain their independence in their own homes. In-home care services provide consumers on-going assistance with activities of daily living (ADL),

which may include services like:

- Bathing
- Dressing
- Grooming
- Meal preparation
- Housekeeping
- Errands/ transportation
- Medication reminders

These supportive services can be arranged for any frequency of time, from one to twenty-four hours of care daily, or on a respite or temporary basis. Addus works with

clients, their families and other relevant health care providers to customize care plans, designed to keep individuals safe, healthy and independent at home.

These services are funded through a variety of sources, including:

- Medicaid Waiver Programs
- Long-Term Care Insurance
- Veterans Benefits
- Private Pay

- Other location-specific social service programs

Addus HomeCare needs talented and caring Home Care Aides! Addus Home-Care Aides provide customized services primarily to elderly or disabled persons. Serving Families at Home Since 1979 Full and

part-time positions are available. You can get paid to care for your family member or friends that need assistance. Apply online at www.addus.com Find us on LinkedIn and Facebook! Call 575-258-9086. Addus is licensed, insured, bonded, conducts background checks and

comprehensive training. Addus is an Equal opportunity.

If you need assistance in the home or employment, call us at 575-258-9086

508 Mechem Ruidoso, NM. 88345
www.addus.com



Addus HomeCare

Valuable follow up concerning Septic Systems and Leach Fields

Surface Water Quality Department—DRMP

The Surface Water Quality Department at the Division of Resource Management and Protection has been focusing a lot of attention on septic systems. Our reason for this is that malfunctioning septic systems have the potential to pollute ground water or better yet drinking water. Our department has submitted a few prior articles to the Apache Scout concerning septic system maintenance and the high costs associated with

replacement.

This particular article will touch upon things you should know before purchasing a septic system, and strategies to prolong your septic system's life. For example, a large part of your septic system is an unseen. It is called a leach field or drain field. Leach fields filter septic tank liquids back into earth. Leach field size should relate with your home or family size, number of bedrooms, and number of bathrooms.

Unfortunately, some

people are truly unaware of the negative consequences of purchasing an inadequately sized septic system. An undersized system will eventually become overburdened, and render its leach field inoperable. You may ask yourself why would anyone purposely purchase the wrong size septic system? There's a very simple reason, and it boils down to "price", smaller systems are cheaper than larger ones.

Likewise, more often

than not, outside contractors will sell you what they think you can afford. They may do this knowing all too well that it's not the proper system for your needs. For this reason, we are attempting to educate all who will listen, so hopefully, you and others will avoid this dilemma. Remember, if you purchase the wrong sized septic system, you may save money initially, but you'll eventually pay a lot more.

First and foremost, before hiring a contractor, it is important to evaluate your area for its geographical and geological components. This includes your area's location to sensitive water-areas, sewer mains, and dirt & rock types. It is imperative that you know this before purchasing your septic system.

Considering this, we cannot emphasize enough that we recommended you contact the IHS's Safety Officer or the Tribal Utili-

ties Sanitation Department before jumping into a deal because they are able to assist you with all this information. Unfortunately, it turns out that some areas are not compatible with specific septic systems, and if you mistakenly purchase an incompatible system, you just may be throwing your hard earned cash down the drain.

On a similar note, your toilets, washing machines, and all your household drains empty into your septic system, and again, these liquids filter through your septic's leach field. Here's a formal definition of a leach field: "*Leach field, or drainage field, is a network of perforated pipes that are laid in underground gravel-filled trenches to dissipate the effluent from a water-based collection and storage/treatment or (semi-)centralized treatment technology. They allow for a further treatment of the*

effluent and to recharge groundwater bodies." (see figure A.)

Accordingly, there are several variations of septic systems some come with pumps and others run by gravity, but leach fields are fairly common to them all.

Likewise, you can damage leach fields by excavating, driving, or building on top of them. They can also be damaged by putting excess grease, wipes, cloths, plastic towels, or feminine hygiene products, down your drains. The only solids that should go down your toilets are human waste and toilet paper. All other objects may clog your leach field which will cost you a bundle to replace.

Septic tanks and leach fields can also flood. You can avoid this by diverting your washing machine's drain hose out of its designated drain and running it outside. This drain wa-

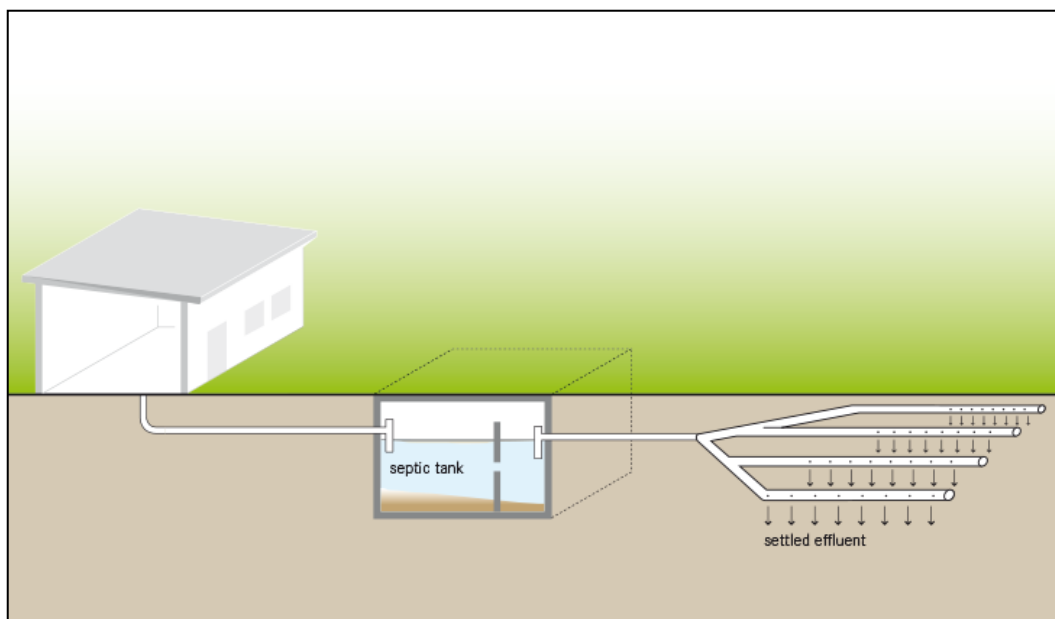


Figure A.

ter is referred to as grey water. You can drill a hole in the wall near your washer's drain hose and extend the hose outside diverting the drainage elsewhere. If you use non-chemical soaps, and you don't load up on bleach, you can water your gardens with grey water. However, it is not recommended that you water your livestock or animals with grey water, unless, you invest in an elaborate filter system, that is if you're interested, you may look it up on the internet. You may also divert your sink and bathwater drainage,

but the black water, aka toilet water, always needs to go through your septic or sewer system.

Lastly, little faucet leaks as well as running toilets, of course not literally running, but leaks constantly filling and draining your toilet will flood your septic systems. This can take place faster than you may think. For example, a small leak that measures a gallon an hour will be at twenty-four gallons in 24 hours and so on. Leaving a small leak unchallenged will overflow your septic tank, pollute groundwater, attract flies,

and smell like...well you know.

The Surface Water Quality Department hopes this information is helpful. If you already purchased an incompatible septic system, please communicate with Tribal Utilities Sanitation Department or the IHS Safety Officer in order to seek further information. Have a wonderful day!

Division of Resource Management & Protection



575-464-4711

Program Information

Mescalero Head Start Program

Our program has two sites; the Mescalero Site which serves the western side of the reservation, and the Carrizo site which serves the Eastern side of the reservation. We are a federally funded program that provides comprehensive services for families living in Mescalero. We hope to strengthen the overall quality of the family and to help children

between the ages of 3 to 5 years old develop to their fullest potential.

We operate five days-a-week with full sessions from 8:00 a.m. to 2:30 p.m., except on Wednesdays, which are 1/2 days. Enrollment packets can be picked up for either of our sites. Along with your child's enrollment packet, the following

documents will also be needed: Birth Certificate, Certificate of Indian Blood (if applicable), Income Verification (W-2, or the two most recent check stubs), Social Security Card, Medicaid Card, and Custody Papers (if applicable).

Please call if you have any questions. (575) 464-9183 or (575) 464-3492.

Ski Apache Field Trip

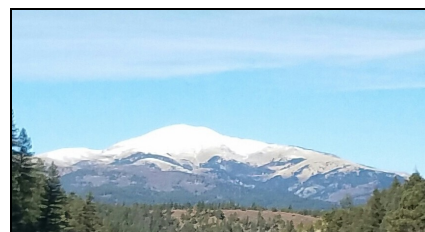
Mescalero Head Start Program

The trip up to Ski Apache is a very memorable event for the Head Start children and their families. The drive in itself is breath-taking. Thankfully all the children on the bus kept their breakfast down as we climbed to more than 12,000 feet.

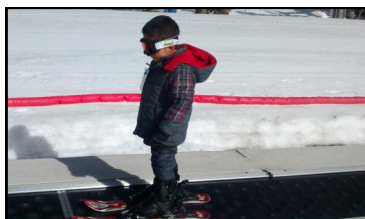
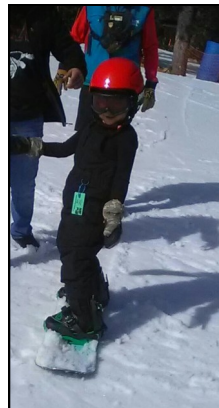
The children started off the day by being fitted with skis or snowboards, and then went on to "Ski

School" for an hour. After Ski School, most of them headed up the mountain on the Gondola ride where they got to overlook the ridge on top toward the Tularosa Basin including White Sands.

Before heading back down the mountain, they enjoyed a sack lunch prepared by our wonderful cooks.



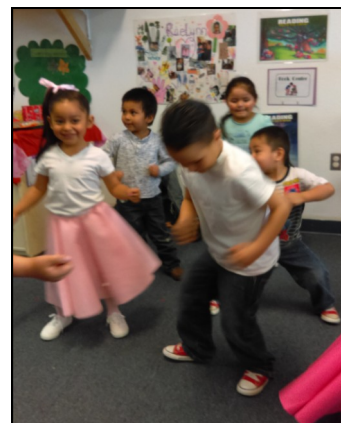
We'd also like to thank all the volunteers who took time to join us. And also to all the Ski apache staff for their patience and willingness to teach.

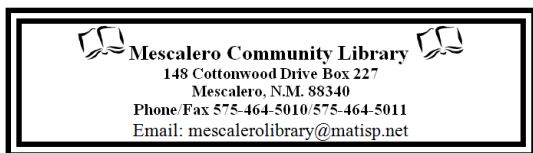


Valentine's Day Activities

Mescalero Head Start Program

Valentine's Day is always a fun day, filled with sweets, valentine cards, a Rock-n-roll Sock-Hop dance, hamburgers, and milkshakes. As you can see, the children enjoyed themselves; some of the girls wore their poodle dresses while the boys dressed in 50s style as well.





“COLLEGE STUDENTS SCHOOL IS
 AROUND THE CORNER”

**ORDER YOUR SUMMER
 TEXTBOOKS
 DEADLINE
 APRIL 14TH
 (NO EXCEPTIONS)**

PLEASE HAVE THE FOLLOWING:



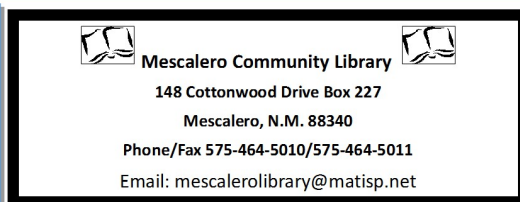
ISBN NUMBER

TITLE

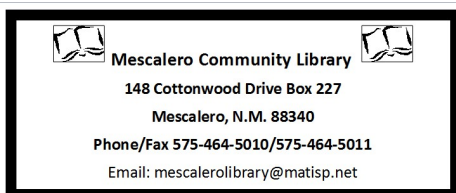
AUTHOR

EDITION

PICTURE OF BOOK



**Items are available for
 check out at your Library
 See Librarian for details**



**The Apache Language books are available
 at the library to use for everyone!**

Elderly Center

Recent News

Happy Birthday to our special elders born this month. Come into the center to see your name up on the board, and make sure you come for birthday cake the end of the month! With March hinting of spring, it is a nice time to volunteer service to elders in our community. Maybe wood stacking or gathering, tiding up around the property, a special meal or treat out of the house, a simple visit or phone call can make a big difference in the lives of our elders.

We will continue with our monthly activities including, Casino Days, Fitness Classes, Bingo, Crafting Classes,

Movie Day, and Education Classes. All of our offerings reinforce and support healthy aging. The program strives to provide daily activities for elders that promote and support an improved quality of life, and a healthy lifestyle.

In addition to our regular activities, each month we have a variety of educational and informative classes. We will continue with our Alzheimer's class, and have added on "The Healing Power of Sleep, and "Protecting Your Home". Join in for some very helpful information. We will combine Mardi Gras and St. Patrick's Day with par-

ties and seasonal crafting, so make sure you come into the center and pick up a calendar, then take a look at the calendar to see if there is something that interests you. Each day has its own scheduled activity and we do break for lunch from 11- Noon. We then spend the afternoon finishing up morning projects. Join in on the fun, and share a delicious lunch as well.



New Mexico Senior Olympics

Elderly Center



We are looking forward to the 2017 games in Albuquerque. Many of us have begun to work on our fitness level, and we will increase both our fitness and skill levels as the months go on. We will register for the games on Wednesday March 1st at The Elderly center. If you are interested in participating, please attend this meeting to register. Some of the sports offered that you may be interested in include Air Gun, Archery, Badminton, Basketball 3 point Shot, Basketball Free Throw, Bowling, Field (pole vault, long jump discus, javelin, shot put) , Frisbee Accuracy, Frisbee Distance, Golf, Horseshoes, Washers, Pickle Ball, Race Walk, Racquet Ball, 5K Run, 10K Run, Shuffleboard, Soccer Accuracy, Softball Distance, Swimming, Table Tennis, 800 and 400 M Estimated Walk/Run, Track (1500, 800, 100, 400, 200, 50 meter run). Elders 55 and older are invited to participate. March 31st is the deadline to register with our program. This year we are not required to have local games. Dates for the games are July 18th through the 22nd.

Travel to Hawaii

Elderly Center

If you are interested in travel to Hawaii, the program has decided to plan the trip for September 2018. To make it as affordable as possible, we are searching a variety of options for travel. Planning for 2018 will allow those that are seriously interested to start saving their travel money. The center will be hosting a variety of fundraisers to help. Tentative travel dates are September 11-17th, 2018. This is a leisurely trip with no workshops or conferences offered. Estimated travel is approximately \$1,500 to \$1,900 per person. This amount could go up or down, depending on the number of people who commit to travel. This fee would include round trip air fare and hotel only. Transfer fees, and luggage fees will be extra. It does not include meals or spending money. Other expenses to plan for will be excursions such as Pearl Harbor, The Polynesian Cultural Center, A Luau, Diamond Head Tour or any venue of your choice and interest. All rooms are double

occupancy and we plan on staying at the Aston Waikiki. We will keep you informed as we begin to plan everything out.



Free Tax Service

Elderly Center

Because of the extremely large volume of people attending the free tax service at the Ruidoso Senior Center, we decided to host the service at the Elderly Center. Individuals who go to the center at Ruidoso are in line before 10:00 and often wait for

several hours before they can be seen. More times than often, people are turned away after standing in line for several hours. To help with this, we are partnering with the free tax service at the Ruidoso Senior Center and have worked out a plan to

have the service brought to the Elderly Center. The first date is March 7th from 9:00 to 4:00. The service is open to Mescalero residents, and if need be, we will have them over a second time before April 15th.

Field Trips and Travel

Elderly Center

Our 2017 out of town/overnight travel plans have been made. Despite the fact that these fill up fast, everyone is encouraged to come in and sign up. It is not uncommon for people to sign up and then drop out, leaving room to move the alternates into their space. Each trip requires a lot of plan-

ning and preparation, and more than often we have people sign up then drop out the day of or the day before travel. We are politely asking that if you sign up to travel and if you are for any reason unable to travel, you let us know at least two weeks ahead of time so we can either move

someone else into your place or if necessary cancel your accommodations. We will have a limit of 10 rooms per trip with the exception of New Mexico Senior Olympics. The sign-up sheets will remain up for you to come in and sign up.

If you are not an overnight traveler, per-

haps a day trip may interest you. We have several planned on a month by month basis. Come into the center, pick up a calendar and sign in if you are in-

terested. Day trips also require planning and preparation so a friendly reminder to those who sign up and then change their mind, to let us know

at least one week before the travel date, so we can have time to move someone into your place.

Nutrition Education

Elderly Center

February was Healthy Heart Month, so the lesson centered on heart healthy lifestyles at any age. Elders enjoyed the lesson presented by an intern from NMSU.

The class learned how to reduce our risk of

cardiovascular disease by maintaining healthy blood pressure, weight, staying active, and eating healthy. Eating more fruit and veggies, choosing whole grain, low or fat free dairy, lean protein, healthy

fats, and low sodium items were discussed at length. The class concluded with elders learning how to make a healthy Food Group Parfait which included, low fat yogurt, fresh fruit, cereal, and nuts.



Field Trip to Farm and Ranch

Elderly Center

Our day trip to Las Cruces was a fun one. We were warmly welcomed by our guide who promptly directed us to a covered flatbed pulled by a tractor, where we

of animals at the ranch part of the museum. We had our lesson on cow identification, saw mini donkeys, sheep, goats, and learned about the early history of farming and ranching in New Mexico.

We then went into the museum where we enjoyed watching a spinning demonstration

where we learned about how wool is prepared before it is dyed and spun, then made into a variety of items.

We enjoyed the museum with a complete history of earlier times in New Mexico. We especially enjoyed the display of the modern kitchen from the early 1900's, the





general store, and the post office.

There was also an informative display on

the construction of Elephant Butte Dam.

The day was sunny and warm, so a nice patio

lunch was in order before we headed home.

Mescalero Dental Clinic

Emergency / Walk-In Schedule

SIGN IN @ 745 AM MON-FRI (575) 464-3832

March 01, 2017	1 pm - Emergencies	March 17, 2017	8 am - Emergencies
March 02, 2017	8 am - Emergencies	March 20, 2017	8 am - Emergencies
March 03, 2017	8 am - Emergencies	March 21, 2017	8 am - Emergencies
March 06, 2017	8 am - Emergencies	March 22, 2017	1 pm - Emergencies
March 07, 2017	8 am - Emergencies	March 23, 2017	8 am - Emergencies
March 08, 2017	1 pm - Emergencies	March 24, 2017	8 am - Emergencies
March 09, 2017	8 am - Emergencies	March 27, 2017	8 am - Emergencies
March 10, 2017	8 am - Emergencies	March 28, 2017	8 am - Emergencies
March 13, 2017	8 am - Emergencies	March 29, 2017	1 pm - Emergencies
March 14, 2017	8 am - Emergencies	March 30, 2017	8 am - Emergencies
March 15, 2017	1 pm - Emergencies	March 31, 2017	8 am - Emergencies
March 16, 2017	8 am - Emergencies		

Emergency/Walk-in time is first-come, first-served, so we highly recommend signing-in at 7:45 AM on whatever day you come on.

March 2017



Sun

Mon

Tue

Wed

Thu

Fri


Sat

26		28	1	2	3	4
			Shrimp Alfredo, Green Beans, Spinach Salad, Garlic Bread, Chilled Peaches	Swiss Steak with Brown Gravy, Garden Salad, Cauliflower Mashed Potato, Banana & Strawberries, WW Roll	Dijon Fish, Apple Cabbage Coleslaw, Asparagus, Rice Pilaf, WW Roll, Orange	
5	6	7	8	9	10	11
	Beef Stroganoff w/ Noodles, Tossed Salad, Roasted Brussel Sprouts, WW Roll, Chilled Pears	Chicken Pot Pie, Green Beans, Sliced Beets, Sunshine Salad, WW Roll	Pork Green Chile Stew, Cucumber Salad, Squash, Tortillas, Grapes	Lime Grilled Chicken, Calico Rice, Coleslaw w/ Pineapple, Broccoli, WW Roll, Jell-o Chiffon	Lasagna, Caesar Salad, Zucchini w/ tomatoes, Garlic Bread, Peach Crisp	
12	13	14	15	16	17	18
	Chicken Taco w/ trimmings, Squash, Mandarin Orange w/ Pineapple,	Roast Beef w/ Gravy, Mashed Potatoes, Baby Carrots, Broccoli & Cheese, WW Roll, Apricots	Pork Chop, Scalloped Potato, Cucumber & Tomatoes, California Blend, Tortilla	Trout w/ Tartar Sauce, Confetti Rice, Garden Salad, Green Beans, WW Roll, Peaches	Corn Beef & Cabbage, Carrots, Roasted Dill Potatoes, Irish Soda Bread, Apple Crisp	
19	20	21	22	23	24	25
	Spaghetti w/ Meat Sauce, Tossed Salad, Broccoli & Cauliflower, Yogurt & Fruit, Garlic Roll	Chicken Teriyaki, Cucumber Salad, Rice, Oriental Veggies, Egg Roll, Pineapple	Liver & Onions, Mashed Potato, Squash, Beets, Mandarin Orange, Tortilla	Baked Chicken, Potato Wedge, Baby Carrots, Asparagus, Applesauce, WW Roll	Tamales, Pinto Beans, Squash & Tomatoes, Garden Salad, Grapes	
26	27	28	29	30	31	
	Beef Cabbage Stew, Tomato Slices, California Blend, Corn Bread, Berries & Yogurt	Chili Beans, Lettuce & Tomato, Squash, Apricots, Fry Bread	BBQ Chicken, Cauliflower & Broccoli, w/ Cheese, Potato Wedge, WW Roll, Jell-o	Brisket, Potato Salad, Green Beans, Carrots, Strawberry Shortcake, WW Roll	Cheeseburgers w/ trimmings, Broccoli, Fruit Salad, Birthday Cake	
2	3	4	5	6	7	8

*Menu is subject to change without notice. Homebound meal lunch cancellations, please call before 8:30 am. Questions? Call 464-1614. All meals served with 1% milk.

MESCALERO APACHE SENIOR CENTER MENU

March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27		1 10:00 NMSO Meeting and Game Registration "World compliment day"	2 10:00 Monthly Program Improvement Meeting 1:00 Shuffleboard	3 10:00 Bingo	4 <i>Indoor</i> <i>Craft and Baked</i> <i>Good Sale.</i> 9:00-4:00
5	6 8:00 Shopping in Las Cruces 10:00 Casino	7 10:00 Fitness	8 10:00 Green Cupcake Cake Walk 5:30 Brisket Dinner 6:00-8:00 Bingo	9 10:00 Mardi Gras Party! 12:30 Tax Day in Ruidoso	10 10:00 Bingo 1:00 Movie Day in Alamo	11
12	13 10:00 Casino or Activity @ Center	14 10:00 Seasonal Crafting	15 10:00 Know the Basics of Alzheimers	16 10:00 Fitness 1:00 Shuffleboard	17 10:00 Bingo 12 Noon St. Pat's Day Fun Walk! (wear green)	18
19	20 10:00 Casino or Activity @ Center	21 10:00 Nutrition Education with Kelly	22 10:00 The Healing Power of Sleep "As young as you feel day"	23 10:00 Fitness 12:30 Tax Day in Ruidoso	24 10:00 Bingo	25
26	27 10:00 Casino or Activity @ Center	28 10:00 Protecting your Home Mescalero BIA	29 10:00 Recycled Egg Carton Flowers	30 10:00 Recycled Egg Carton Flowers	31 10:00 Bingo "Crayola Crayon Day"	1
2	MESCALERO APACHE SENIOR CENTER ACTIVITIES CALENDAR					
Calendar is subject to change without notice. Questions? Call 464-1614. Daily Transportation please call before 8:30 am.						



Sugary Sweetened Beverage Elimination

Mescalero Committee

Greetings from the Sugar Sweetened Beverage Elimination Committee! We would like to inform you about our efforts and collaborations within the community that pertain to sweetened beverages. Various Youth Programs have come together in hopes to eliminate the consumption of sugary beverages. Sugary beverages are considered to be on the high side

of consumption now days, which leads to health problems in the future. We, as a committee, want to see our youth live healthy lives and develop bright futures. We are taking on the task of eliminating sugar sweetened beverage consumption on our reservation. We hope to have your support and encourage you to reduce the sugary beverages at home so we

can create a better lifestyle for many generations to come. Thank you from the Mescalero Sugar Sweetened Beverage Elimination Committee.



Smoke-Free Housing is Healthy Housing

Keres Consulting Inc.

Commercial tobacco use remains the leading cause of preventable death and disease in the United States and in New Mexico. American Lung Association in New Mexico works to ensure commercial tobacco control and prevention remains a priority.

The American Lung Association in New Mexico's Smoke-Free @

Home program provides education and support to property managers and owners on the economic and health benefits of implementing smokefree policies in multi-unit housing. In 2016, the Lung Association continues to help public and affordable housing implement smokefree policies building on our efforts from previous

years.

Moving into 2017, the American Lung Association in New Mexico will once again make it a priority to educate legislature and communities about the dangers of commercial tobacco use and the importance of a well-funded commercial tobacco prevention and cessation program as well as oppose any ad-

ditional cuts. Finally, the Lung Association will continue its focus on creating smokefree multi-unit housing in 2017. Their goal is to provide all New Mexicans with a safe and healthy living environment, free from the

dangers of secondhand smoke.

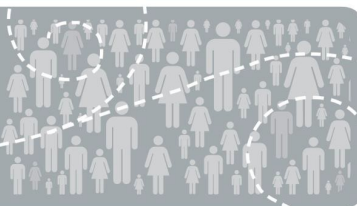
If you are interested in secondhand smoke protections resources or presentations, please contact Jovian at Smoke Free Signals at 505-314-5520 or jhenio@keresnm.com.

Cited: State Highlights. (2017). Retrieved February 1, 2017, from <http://www.lung.org/our-initiatives/tobacco/reports-resources/sotc/state-grades/highlights.html>



See how your state did on this year's report at Lung.org/sotc

480,000 lives lost to tobacco each year, including over **41,000** due to secondhand smoke



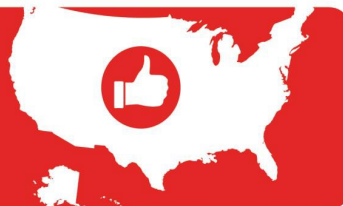
More than 1 in 4 kids uses at least one tobacco product



"State of Tobacco Control" grades every state and the federal government on **proven-effective policies** to reduce tobacco use



States with **best grades/honor roll**: California, Hawaii, Massachusetts, Minnesota, North Dakota and Vermont



States with **worst grades**: Kentucky, Mississippi, North Carolina, Texas and Virginia



State of Tobacco Control 2017

- We know how to prevent tobacco use and help current smokers quit.
- But...States and Federal government are **not** implementing these **PROVEN** effective life saving laws and policies.
- Listed below the *American Lung Association's "State of Tobacco Control" 2017 report* shows both the **progress** and **failure** of states and the federal government to prevent and reduce tobacco use.

Cited: EditorialStaff (2017, January 30). Is Enough Being Done to Prevent & Reduce Tobacco Use? Retrieved from <http://www.lung.org/>

BIA—Mescalero Agency

Recent News

Greetings!

We would like to welcome two new employees to the BIA-Mescalero Agency:

1. **Robert Nix, Assistant Fire Management Officer.** Mr. Nix comes to us from the BIA Eastern Oklahoma Regional Office with an extensive background in Wildland Fire Fighting, Fuels Management, Prescribed Fire, Forest Development, Timber Stand Improvements, Pre and Post Commercial Thinning Projects and GIS.

2. **Ryan Morrison, Forester** (Timber Operations), is a recent graduate from Oklahoma State University. His **Major** is: Natural Resources Ecology and Management; **Optional/Concentration:** Forest Ecology and Management; and

Minor: Rangeland Ecology and Management.

We look forward to working with Mr. Nix and Mr. Morrison.

=====

Property Donations

Every year, the Agency conducts an annual inventory of non-sensitive and sensitive property. When property becomes excess, the property is offered to the Mescalero Apache School and the Mescalero Apache Tribal Program through the Public Law 93-638 donation process.

To date, several computers were donated to the Mescalero Apache School; vehicles and office furniture were donated to various Mescalero Apache Tribal Programs.

=====

2017 Mescalero Big Game Aerial Survey

The Branch of Natural Resources conducted

an aerial survey on the Mescalero Apache Reservation on February 6-9, 2017. The funding for the project came from Indian Affairs, FY 2016 Tribal Priority Allocation funds, Mescalero Agency appropriations in the amount of \$40,000. Authorizing statutes for the project include:

1. 25 U.S.C. 3701 (American Indian Agriculture Resource Management Act), 107 Statute 2011, P.L. 103-77.
2. 25 U.S.C. 13 (P.L. 67-85-The Snyder Act, November 2, 1921.
3. 16 U.S.C. § 742a-j, Fish and Wildlife Act of 1956.

In adhering to the statutes, the BIA Mescalero Agency, Branch of Natural Resources proposed to provide the Mescalero Apache Tribe with wildlife data obtained on the reservation. This data is important and pro-



vides the Tribe with vital information and statistics that will assist the Tribe in making key decisions concerning the management of their natural resources.

In the past, the most commonly used and accepted method for conducting a game survey on the reservation has been the helicopter census or helicopter aerial survey. It is considered the most efficient method available to the wildlife manager due to the various terrain and vegetation types that occur on the 460,700 acre reservation.

It is imperative that qualified and experienced personnel, both pilot and observers, be utilized both for safety and for the efficiency and accuracy of the helicopter survey.

Consistency is another important factor. Otherwise the expense and time involved in procuring the data will be for naught.

The observer's visibil-

ity must be clear to the ground, in order to observe any animals which move. The height and density of the vegetation is not as critical with the helicopter method due to the helicopters extreme maneuverability.

The purpose of the survey was to obtain a sample of the reservation deer and elk populations in order to calculate a reasonable estimate of the herd composition and size. Aerial surveys constitute one of the most widely used techniques in obtaining population information such as: number of animal species, relative age and sex of deer and elk.

These surveys also provide data on reproductive performance, recruitment rate, juvenile mortality, and overall herd condition. Feral horses were also counted and their locations recorded.

This year, an MD369FF helicopter was used for the survey. The

contractor was Aero-tech, LLC from Clovis, New Mexico. The total flight time was about 31.1 hours, with a total of 14 flights. Alamo-gordo Dispatch conducted the flight following.

To prepare for the project, all personnel involved in the aerial survey took courses approved by the Department of Interior, Office of Aviation Services and United States Department of Agriculture, U.S. Forest Service. The courses consisted of: A-100 Basic Aviation Safety, A-116 General Awareness Security Training, A-200 Aviation Mishap Review Training.

A Project Aviation Safety Plan (PASP) for Big Game Aerial Surveys was developed and approved for the project. A meeting was conducted to review the PASP before the Plan could be implemented for the survey. The PASP addresses the following:



project name, objective, justification, project dates, location, project cost, aircraft, pilot, and participants. Communications, flight following, search & rescue, aerial hazards, helispots, weight, balance, load calculations, protective clothing and equipment, and risk assessments is also discussed in the plan.

The week of the survey, weather was good, providing good visibility. Snow cover on the ground enhanced big game viewing. The survey included all seven range units and the wilderness areas in the vicinity of Sierra Blanca. Now that the aerial survey has been concluded, the Agency Wildlife Biologist will analyze the data and provide a report with recommendations to the Mescalero Apache Tribe for planning purposes. The data is used in the development of the annual Tribal Hunt Proclamations.

Agency participants in this year's aerial survey project included:

Greg Mendez ,

Project Manager / Contracting Officer's Representative

Jennifer Smith,

Principal Investigator / Project Supervisor

Kevin Pellman,

Helicopter and Helibase Manager

Isaiah Klinekole,

Helibase Manager Trainee

James Sundayman,

Aerial Observer

Daniel Saiza,

Aerial Observer

Zachary Simpson,

Aerial Observer

David Melendrez,

Aerial Observer

Charles Riley,

Agency Superintendent

John Cervantes,

BIA Southwest Region Aviation Manager

If you have any questions, feel free to contact the Agency at 464-4423.

Mescalero Noxious Weed Management Plan and Environmental Assessment

Good news! The Mescalero Apache Tribal Council supported the Mescalero Noxious Weed Management Plan and Environmental Assessment by approving the documents for use on the Mescalero Apache Reservation. Thanks to our Tribal Leadership in addressing these documents and authorizing the Plan and EA for use.

As you may recall, the Bureau of Indian Affairs, Mescalero Agency provided a report in the December 2016 edition of the Apache Scout informing the Tribe of a BIA initiative to develop a noxious weed management plan and an environmental assessment. Now that the completed Mescalero Noxious Weed Management Plan is ready for use, it will be implemented to proactively address the problem of

noxious weed establishment and proliferation (invasion) on the Mescalero Apache Reservation. This plan should be used by the departments of the Mescalero Apache Tribe and the Bureau of Indian Affairs.

The goal of noxious weed control is to prevent further spread of established noxious weed populations and to eliminate or greatly reduce their extent. Weed control efforts will often extend over a period of years and at multiple sites for a number of weed species. This will take a coordinated and dedicated planning effort

to address.

The Environmental Assessment provides for programmatic NEPA coverage for the Plan as a forward leaning administrative management plan, while addressing specific treatment projects on a case-by-case basis once project locations and treatment areas are identified. At that time, site-specific NEPA would consist of a Categorical Exclusion checklist along with the required National Historic Preservation Act and Endangered Species Act compliance as specified in the BIA manual.

Next steps! The BIA plans to host the New Mexico State University Weed Management Specialist and the NMSU Extension Agent to discuss noxious weed awareness, identification and control techniques here in the community of Mescalero. This meeting is planned for March 23, 2017, site and time to be determined; so mark your calendars. More information will become available as the event date draws near.

If you have any questions, please call the Branch of Natural Resources at 464-4423.

2017 Emergency Firefighter Recruitment

BIA—Branch of Forestry

The 2017 fire season is right around the corner. We are looking for firefighters, camp crewmember, and mis-

cellaneous overhead to sign-up to assist in the suppression of wild-land fires. **The deadline to apply will be**

April 21, 2017. Here are the requirements for emergency hires:

Position	Physical**	Pack Test	RT-130 (Refresher)
Type II crew	Yes	Yes	Yes
Camp crew	Yes	Yes (moderate*)	Yes
Misc. overhead	**	**	Yes

*Moderate pack test = 2 miles in 30 mins. with 25# pack

**Depends on position

****All new arduous personnel and those who have yet to complete a physical, must complete a Baseline exam through Comprehensive Health Services, Inc. (CHSi). Please contact Mike Smith, FMO, at (575) 464-4419 to schedule an appointment. Those individuals who completed an exam in 2016 through CHSi must complete the DOI MSP Self-Certification Process prior to taking the pack test; you should have received an email notification of the automated self-certification. If you did not receive an email, please call the Branch of Forestry and we will assist you. Pack tests will be administered at the Mes-**

calero Community Center football field at 10:00 a.m. on the following dates:

- February 1 and 15
- March 1 and 15
- April 5 and 19

Training schedule for 2017: (S-classes require a nomination form.)

- RT-130, Annual 8 Hr. Safety Refresher at 9:00 a.m.
- February 3 and 17
- March 3 and 17
- April 7 and 21

S-211, Pumps and Water: February 22 - 24, 2017 at 9:00 a.m.

S-212, Wildland Chainsaws: February 27 - March 2, 2017 at 9:00 a.m.

S-270, Basic Air Operations: March 20 - 21, 2017 at 9:00 a.m.

S-271, Helicopter Crewmember: March 22 - 24, 2017 at 9:00 a.m.

Basic Firefighter Class for Rookies: March 27 - 31, 2017
(Classes include: S-130, S-190, I-100, L-180, IS-700)

S-230, Crew Boss: April 10 - 12, 2017 at 9:00 a.m.

Classes are subject to change due to weather and/or wildfires.

If you have any questions, please contact Mike Smith or Aldon Coriz at (575) 464-4419.

<~> ATTENTION <~>

If you are getting a wood permit PLEASE have the following Information with you:

- 1.) Your physical address (red Number) where you live, the wood must be hauled to this ADDRESS ONLY!!!
- 2.) Vehicle Information: Year, Color, Make, Model & License Plate number .
- 3.) One Wood Permit Per Household will be issued.

**** IMPORTANT ****

<*> NON-TRIBAL Members are not allowed to be out on Free-Use Permit <*>

Religion

Mescalero Reformed Church

Bird by Bird by Pastor Mark

One of my favorite books is entitled *Bird By Bird* by Anne Lamott. Ms. Lamott is not only an American novelist and non-fiction writer, but she is also an outspoken Christian. At first glance I was a bit hesitant to dive into this book as Lamott's background is so vastly different than my own upbringing. I grew up in the small Midwestern town of Orange City, Iowa while Lamott was raised in the San Francisco Bay Area. I have an education that has ties to the Reformed Church, while she was surrounded by a family of writers and independent thinkers. The difference between us was quite apparent. Although this particular book focuses on her career and discoveries in writing, her rela-

tionship with Christ shines through.

For example, she explains the title of the book through this story:

"Thirty years ago my older brother, who was ten years old at the time, was trying to get a report on birds written that he'd had three months to write. It was due the next day. We were out at our family cabin, and he was at the kitchen table close to tears, surrounded by binder paper and pencils and unopened books on birds, immobilized by the hugeness of the task ahead. Then my father sat down beside him, put his arm around my brother's shoulder, and said, 'Bird by bird, buddy. Just take it bird by bird.'"

I've been thinking about this book and

how it relates to Christianity. *Bird By Bird*.

When Jesus teaches his disciples to pray He says, "Give us this day our daily bread." *Bird By Bird*. Daily Bread. Perhaps the connection between the two is simple. Jesus doesn't teach His disciples to pray for their yearly bread but rather their daily bread. God knows there is too much going on in this world to worry about tomorrow, or next week, or even next year, so He provides us with enough for today.

Maybe you're finishing your last year of high-school and are afraid of the overwhelming responsibilities to thrive in your next steps, or maybe you're starting a new job where the tasks seem too advanced, or maybe you're caring for an aging parent.

Mescalero Reformed Church

336 Wardlaw Dr.

P.O. Box 188

Mescalero, NM

(575) 464-4471

Visit (and Like) our **Mescalero Reformed Church Facebook** page!

Our web site is under construction at <http://mesca-lerorc.reformedchurches.org>

Email us at mesca-lerorc@yahoo.com or mesca-lerorc@gmail.com

Sunday Services

9:30 - Sunday School for Children and Adults

10:40 - Worship

Whatever is in front of you, know that the Good Lord provides our bread *daily*.

"Bird by bird, buddy. Just take it bird by bird."

When the daunting tasks of tomorrow, of parenthood, of living alone, of a new job, or whatever it may be seem too big to handle, know that through Christ's sacrifice He has sufficiently provided sustenance to His children for all the days that lie ahead.

In this season of Lent, it is my ultimate hope to draw closer to God as a community of Christ. Of course, this is a goal we are striving to meet throughout the entire year, but it

seems most appropriate during this season of preparation and sacrifice that we join alongside Jesus through the power of the Holy Spirit in order to align ourselves with the will of the Father, one day at a time.

Grace and Peace,
Pastor Mark Vellinga

Opportunities for Fellowship and Encouragement

Men's Bible Study - second and fourth Thursday's of each month at 6:00 pm in the church basement.

Women's Bible Study - first and third Tuesday's of each month at 6:00 pm in the sanctuary.

Women's Gathering - every Wednesday at 9:00 am in the church basement.

Youth Group for Middle and High School - Wednesday at 6:30 pm in the church basement. Call Clara (973-3281) or Mark (464-4471) if you need a ride or have questions.

Family Fun Night - every third Sunday of the month at 5:30 pm. Invite friends and if you can and bring snacks to share!

Kids' Club after-school program for 1st-5th grade students will meet every Thursday at 3:30 pm in the church basement. Come for a fun time of playing, praying, singing, and crafts.

Apache Assembly of God

The Last Thing God Wants to Do by Pastor Gary Dorsey

"As surely as I live, says the Sovereign LORD, I take no pleasure in the death of wicked people. I only want them to turn from their wicked ways so they can live.

Turn! Turn from your wickedness, O people of Israel! Why should you die?"—Ezekiel 33:11

When the prophet Jonah very reluctantly went to the city of

Nineveh and preached that God would judge them in forty days, the king of Nineveh repented of his sin and set an example for his subjects. All the people repented of their

sin, and God’s judgment was lifted.	ways so they can live” (Ezekiel 33:11).	Wednesday night of each month
In the same way, God told the people during Noah’s time that judgment was coming, but 120 years passed before it happened.	The Bible also says that God “does not want anyone to be destroyed, but wants everyone to repent” (2 Peter 3:9).	Potluck and faith-based movie
The Bible says, “When a crime is not punished quickly, people feel it is safe to do wrong” (Ecclesiastes 8:11). If we get away with something, we may think we’ll never get caught. But one thing is certain: It may be ten years from now, it may be ten hours from now, or it may be ten minutes from now, but God will keep His word. We will reap what we sow. We can take that to the bank. God is in no rush to judge us. But at the same time, there comes a moment when the hammer drops, when our number is up. Understand, God doesn’t want to judge us. He says, “I take no pleasure in the death of wicked people. I only want them to turn from their wicked	The last thing God wants to do is judge you. The last thing He wants to do is see your life wasted and thrown away. You were made in His image. He cares about you. And that is why He sent His own Son to die on the cross in your place and in mine.....SELECTED	
	SCHEDULE OF SERVICES	
	9:30 am—Adult Bible Class (Sunday)	
	10:45 am—Sunday morning worship	
	5-7pm—Monday night prayer	
	5:30 pm—Wednesday night prayer	
	6:30 pm—Praise and worship (Wed)	
	7:00 pm—Men’s and ladies Bible studies, youth and children	
	5:45 pm—First	

After School Youth Program



Youth Development Program
148 Cottonwood Dr.
Mescalero NM 88340
Office #: 575-464-0648

Calendar subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Homework Snacks Animal walk</p>	<p>7 Homework Snack Dean science Project (big kids) Little kids- soccer</p>	<p>1 Homework Snack Banana kabobs (little kids) Big kids- outside activity movie</p>	<p>2 Homework Snack Hart presentation</p>	<p>3 Homework Snacks Shaylynn presentation</p>
<p>13 Homework Snacks Paper Machie (little kids) Big kids- baseball</p>	<p>14 Homework Snacks Paper Machie (little kids) Big kids educational movie</p>	<p>8 CLOSED STAFF ON TRAINING</p>	<p>9 Homework Snacks Candle making</p>	<p>10 Homework Snacks Soccer Frisbee</p>
<p>20 Homework Snacks Knock out (basketball)</p>	<p>21 Homework Snacks Aprilcroy Rhads - pres.</p>	<p>15 Homework Snack Paper Machie (big kids) Banana split kabobs (big kids)</p>	<p>16 Homework Snacks Paper Machie (big kids) Little kids-baseball</p>	<p>17 Homework Snacks Big kids- art Dean science project (little kids)</p>
<p>27 Forestry presentation Little kids- soccer Big kids basketball movie</p>	<p>28 Swimming Outside activity Craft Free time</p>	<p>22 Homework snack Banana kabobs (tulie kids) Outside (mingle mngle) free time</p>	<p>23 Homework Snacks Eric presentation- story telling</p>	<p>24 Homework Monthly Birthday Party</p>
	<p>29 Fish hatchery visit Smoothies Outside activity Education movie</p>	<p>30 Swimming Stuff frybread Outside activity Educational movie</p>	<p>31 Apache dodge ball Malcolm presentation Free time</p>	

Mescalero school and Tularosa School SPRING BREAK

MARCH

2017

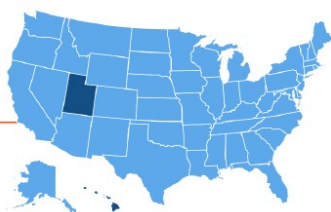


PROBLEM GAMBLING
AWARENESS MONTH
→ HAVE THE CONVERSATION

GAMBLING IN AMERICA DID YOU KNOW?

48 states

have some form of
legalized gambling



Money Americans spent on
legalized gambling

\$119 billion



Social costs of problem gambling*

\$7 billion

*addiction, bankruptcy, and crime

Gambling Activity

75%

of Americans have gambled
in the past year



15%

of Americans have gambled
in the past week



Over 5 Million Americans meet criteria for gambling addiction

Beyond the Basics

Among those who have gambling problems:

75%

have had problems with
alcohol

38%

have had problems
with other drugs

20%

have attempted or
committed suicide



percentage of people who have gambling problems

Signs of Problem Gambling

Argumentative and defensive about gambling behavior



Unexplained absences for long periods of time

Lies to loved ones about gambling behavior



Going without basic needs in order to gamble

Borrowing money to gamble



Help & Hope



If you or a loved one needs
help with a gambling problem, call

1.800.522.4700

Have the conversation about problem
gambling and help someone in need

Family



Co-workers

Friends



Doctors and Counselors

FOR MORE INFO, VISIT:
www.npgam.org



Summer Youth Academy 2017

Looking for an opportunity to learn about careers in Natural Resources?
Are you interested in a summer program where you can earn money and
have educational outdoor learning activities?

We have hands-on learning, field trips, classroom activities, etc.

Come explore a new world!



Dates of Program: June 1, 2017-July 28, 2017

Ages: 16-18/ Junior or Senior in High School. Must be in good standing.

Dual Credit: Earn high school and college credit.

Applications available at Youth Development Office or
from Native American liaison (Tularosa or Ruidoso)/

MAS School counselor.

Deadline: April 1, 2017.

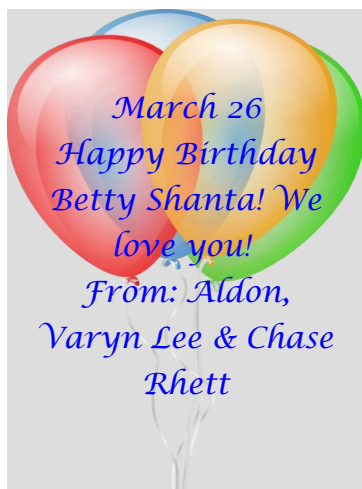
Call: Nolan Garcia or Anna Kanseah at Youth Development for more
information 464-0648.

Happy 1st Birthday!

March 4, 2017
Nikki Ray Davis



We love you so much!! God Bless you today, tomorrow and everyday!
Love,
Dad, Mom, Brother and Sister



2017

MESCALERO SERIES

YOUTH RODEO SCHOOL & YOUTH RODEO

DRESS CODE ENFORCED
LONG SLEEVE - BOOTS

5p.m.-8p.m.
 Nightly

March 28-31, 2017

Sampson Miller Memorial Rodeo Arena, Mescalero NM

LEVEL 1 Leadline Dummy Koping Stick Horse Race Goat Tying	LEVEL 2 Barrels Flags Poles	LEVEL 3 Sheep Riding* Calf Riding Mini Bull Riding
--	---	--

Tuesday Introduction, Safety, Family Meeting, Level 1 Events
 Wednesday Level 1 Events, Level 2, Events
 Thursday Level 1 Events, Level 3 Events

COMMUNITY POTLUCK
 FRIDAY NIGHT!

FRIDAY NIGHT SHOWDOWN
 PRIZES!

Rodeo under THE STARS
 All Events!

All participants must sign waiver

For More Information Contact Shannon Dietson 937-3531 or Pascal Enjady at 973-1113.
Not responsible for any accidents, injuries, damages or theft.



American Legion Post 48 Benefit Tournament

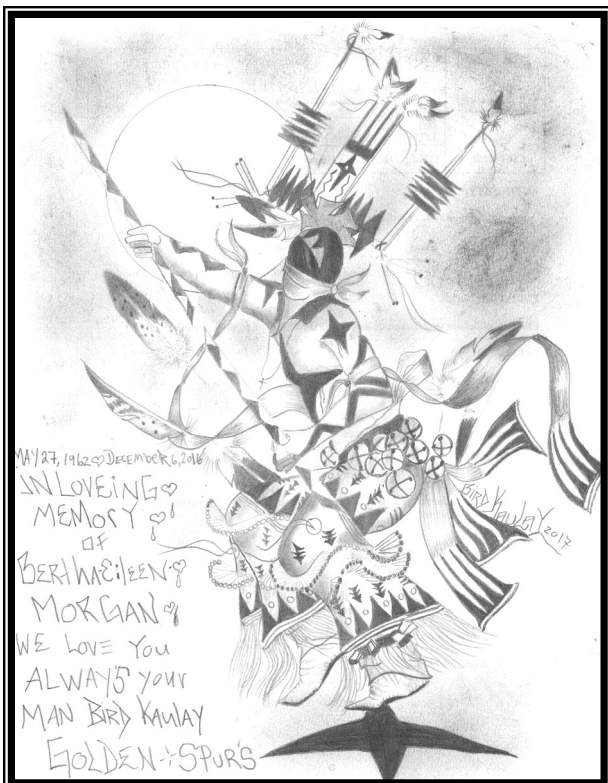
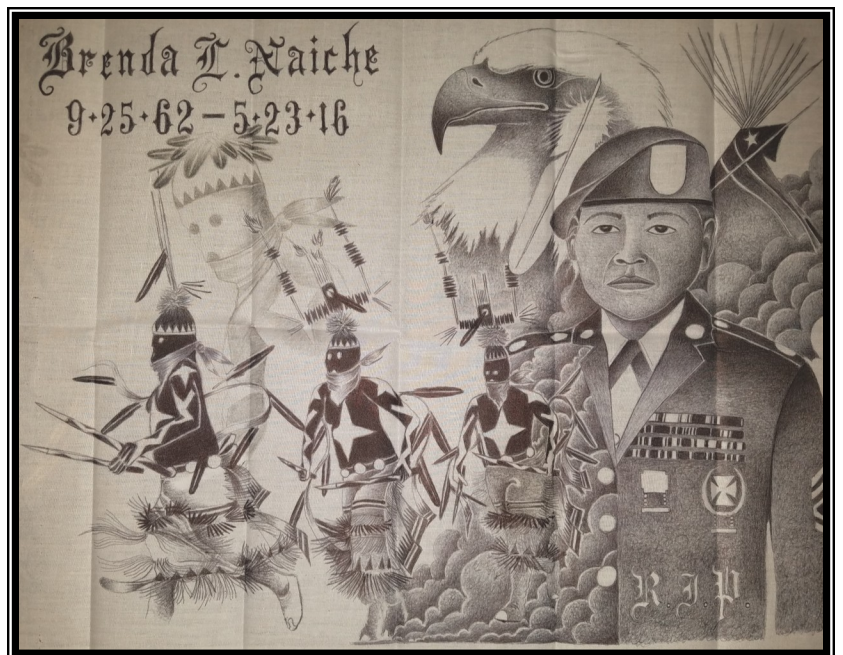
- . **Where:** Inn Of The Mountain Gods Championship Golf Course
- . **When:** Saturday, April 22, 2017
- . **Time:** Shotgun Start 1:00 pm
- . **Cost:** \$75.00 Per Player Four-man teams

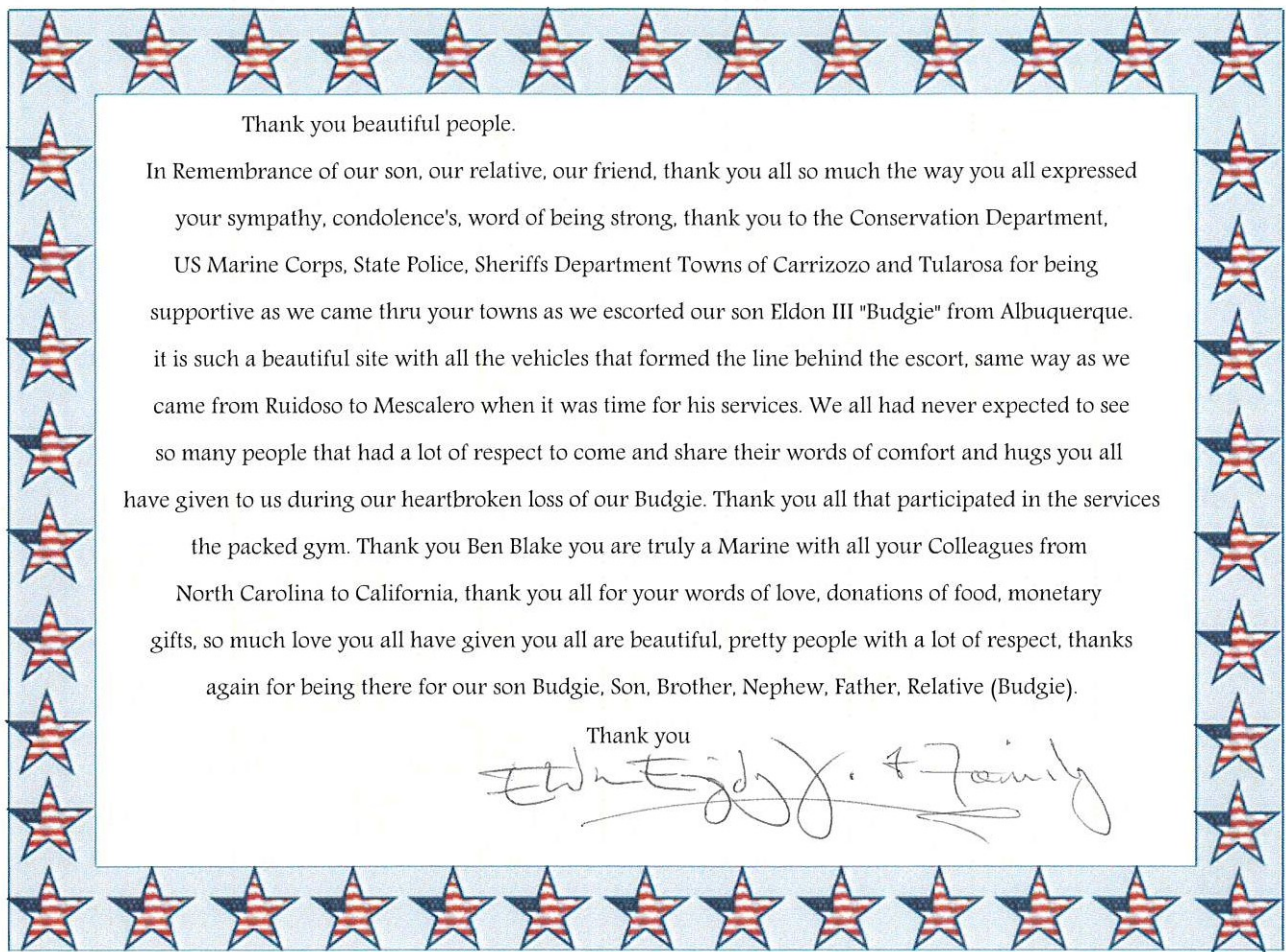
Call the Golf Pro Shop at 575-464-7941
to sign up your team!



~OPEN TO PUBLIC~







Thank you beautiful people.

In Remembrance of our son, our relative, our friend, thank you all so much the way you all expressed your sympathy, condolence's, word of being strong, thank you to the Conservation Department, US Marine Corps, State Police, Sheriffs Department Towns of Carrizozo and Tularosa for being supportive as we came thru your towns as we escorted our son Eldon III "Budgie" from Albuquerque. it is such a beautiful site with all the vehicles that formed the line behind the escort, same way as we came from Ruidoso to Mescalero when it was time for his services. We all had never expected to see so many people that had a lot of respect to come and share their words of comfort and hugs you all have given to us during our heartbroken loss of our Budgie. Thank you all that participated in the services the packed gym. Thank you Ben Blake you are truly a Marine with all your Colleagues from North Carolina to California, thank you all for your words of love, donations of food, monetary gifts, so much love you all have given you all are beautiful, pretty people with a lot of respect, thanks again for being there for our son Budgie, Son, Brother, Nephew, Father, Relative (Budgie).

Thank you

Eldon III "Budgie" & Family

MISS ME BUT LET ME GO

When I came to the end of the day.

And the sun has set for me.

I want no rites in a gloom-filled room.

Why cry for a soul set free?

Miss me a little, but not too long.

And not with your head bowed low.

Remember the love we once shared---

Miss me but let me go.

For this is a journey we all must take.

And each must go alone.

It's all part of the maker's plan.

A step on the road to home.

When you are lonely and sick at heart

go to the friends we know.

And bury your sorrow in doing deeds-

Miss me but let me go.



Mescalero Apache Tribe

Apache Scout
P.O. Box 227
101 Central Avenue
Mescalero, NM 88340

Phone: 575-464-4494
Fax: 575-464-9220
E-mail: egvia@mescaleroapachetribe.com

Checkout the tribe's official website!

MescaleroApacheTribe.com

Bulk Rate

Non-Profit Organization

Permit #1

Mescalero, NM

88340