

NO  
CLEAN  
YOUR  
SHOES

HOME  
GUEST  
BONUS  
POSS  
PERIOD

# Apache Scout



## Switching Tobacco Legal Sales Age from 18 to 21

*Keres Consulting, Inc.*

Did you know more than **375 cities and countries in 22 states** have raised their sales for tobacco to the age of 21? As an example, in 2016, the Yavapai Anti-Tobacco Coalition of Youth (YATCY) in Arizona presented the legal age change to the city council. Together they were able to convince the Cottonwood City Council to approve the ordinance that would raise the legal age from 18 to 21, in order to purchase and possess tobacco products, nicotine alternatives, and vapor products.

Currently, commercial tobacco use has been more of a public health concern with the rise of emerging commercial tobacco products and their popularity among youth.

According to [Tobacco21.com](http://Tobacco21.com):

- Commercial Tobacco will shorten the lives of 5.6 million kids alive today
- The chemical in commercial tobacco products, **nicotine**, makes teenage brains especially vulnerable to cognitive development with consequences like:
  - 95% being addicted to smoking before the age of 21
  - Higher risk for depression
  - Drop out rates and more likely to experience teen pregnancy
- younger classmen
- **4.2 million years of lives saved in kids currently alive today**
- Savings in annual health care costs that are directly caused by smoking

Will your community take that next step as well?

For more information visit:

[www.smokefreesignal.com](http://www.smokefreesignal.com)

<https://tobacco21.org/>

Keres Consulting Inc.  
2700 San Pedro Dr.  
NE, Albuquerque, NM  
87110



On the other hand, raising the legal tobacco purchasing age to 21 will have the following long-term benefits:

- Older students will no longer be able to provide access to commercial tobacco products for



**APRIL DEADLINE:  
03/15/19  
BY NOON**



**BOYS & GIRLS CLUB**  
OF MESCALERO APACHE  
TRIBE

## Mescalero Apache Boys & Girls Club

The Mescalero Apache Boys & Girls Club will provide a safe and nurturing environment that guides each you person on their path to developing good character, a respect for culture, diversity, academic excellence, and development of a healthy mind, body, and spirit.



- 3/1 - Emily      3/2 - Kelena      3/3- Jasmine & Aniaray
- 3/7 - Shanae    3/11 - Paisley    3/12 - Tehya
- 3/16 - Landyn   3/29 - Travien & Cathryn



**KOOL-AID Claps for Club Members of the Month (February)**

**Carrizo: EMILY S.M. & JONUS L.**

**Mescalero: CAYDENCE B. & LAKAI W.**

### Legislative Day at the Capital

The Mescalero Apache Boys & Girls Club selected three Club Members from Mescalero and three from Carrizo to represent our Club at the Roundhouse in Santa Fe. February 13, 2019 was Boys & Girls Club day at the Capital. We were able to meet Senator Cliff Pirtle, Governor Michelle Lujan-Grisham, and see firsthand the process that takes place on the Senate floor. It was a great learning experience for the youth who had never visited the state capital. The youth that participated were Kayliah A., Chenoah V., Avin Y., Kelena G., Arielle W., and Braydan R. Thank you to Ms. Marilyn Blaylock and Ms. Sandra Platero for accompanying us during our visit.



*Chenoah & Arielle asking the Governor why she wanted to be in the role she is in.*



*Club youth posing in front of Mr. Pirtle's favorite piece of artwork made of recycled materials.*

#### **LIKE US on FACEBOOK!**

**Mescalero Site**      464-9212

**Carrizo Site**        464-6814

#### **Email:**

mbgc@matisp.net    or    cbgc@matisp.net

## Mescalero Fish Hatchery

### Recent News



As 2018 came to an end the Hatchery has many things set in place for the year of 2019, like completing our 11 New Recirculation Tanks. This will increase Rainbow Trout Production by 30% and also keep the hatchery from depending on natural spring water. The recirculation tanks will reuse water by filtration and be supplemented with oxygen. The Tribal Fish Hatchery has also applied for funding to replace the large transport truck, (the truck currently hauls 2,100lbs of fish and 2,160 gallons of water), and to renovate the staffs conference room and shop building. This will ensure timely

deliveries and provide a safer work environment for the staff. For 2018 we have provided 12,427 rainbow trout fish to 5 Indian Tribes and Pueblos. The fish ranged in size from 13" to 13.5" and weighed a total of 11,220 pounds. These deliveries have been made to the Pueblo of Isleta Lake, Pueblo of Sandía Lakes, Pueblo of Nambe Lake, IMG's Lake Mescalero and the Tribes local lakes. Every year we do a process called "Grading" which smaller trout are separated by a grader (a handheld device that separates smaller fish from the bigger fish) the larger fish are then placed in the outside raceways where they grow out to catchable size lengths (10"-13.5").

Our Annual fish disease testing took place on Wednesday February 13<sup>th</sup>, 2019. The Southwestern Native Aquatic Re-

sources and Recovery team (USFWS) conducted this testing, which takes about 30 days to receive the results. Some of the disease testing they are looking for is Bacteria Kidney Disease (BKD), *Edwardsiella ictalurid* (acute septicaemia or chronic encephalitis), and Largemouth Bass virus to name a few. During that time, we will be operational, but we will not make any deliveries until we receive the final results. Fish Disease testing plays a big role, it helps to better understand the health of our fish and to test for any diseases and pathogens that could affect the production of Rainbow Trout.

We are happy to welcome Ms. Sharlayne Melendrez, as our new Secretary. She brings in 6 years of office experi-





ence with her to this job. In the short time she has been here, she has exemplified office professionalism in communicating with vendors, other tribal departments or agencies. She has also had hands on experi-

ence with fish deliveries, attended trainings, meetings, and has conducted several tours. She is delighted to be here!

The month of March plays a big role for us here at the hatchery. Whereas 150,000 rainbow trout eggs will be shipped to us overnight. From then the eggs will be disinfected and raised from a Sac Fry (size 3/4") to trophy size catchable rainbow trout. We are open 364 days a year from 8:00am to 4:30pm Sunday

through Saturday. Group tours are welcome but may require reservations a few days in advance. Please feel free to come by and learn about everything we do here at the hatchery year-round.

Contact Us

Mescalero Tribal Fish Hatchery Phone: (575) 464-8768

Fax: (575) 464-3469

Shelley Belin - MTFH Manager

274 Trout Loop  
Mescalero, NM 88340

[Follow us On Facebook!](#)

## Mescalero Head Start

### Recent News

#### Enrollment Opportunities

Our program serves children who are between the ages of 3 and 5 years old, and are income eligible. If you would like more information, call us or stop by either one of our sites. We will also be at the upcoming "Child Find" Fair in April at the Inn of the Mountain Gods.

#### Head Start Valentine Dance

This year the Head Start parents/guardians decided to have a "Valentine Dance" for children up to 14 years old at the Carrizo Community Center as a fundraiser. The kids had a great time dancing and having fun; especially to the "Baby Shark" song. A BIG thank you to Blazer Productions for the music, to Nasitima

Photography for the pictures and to all those who came out and helped to make this event possible.



The Head Start staff at the Mescalero and Carrizo sites would like to thank the family of Raymond "R.C." Valdez for the four signs they donated. It has been about 18 years since the old signs were made and this donation in R.C.'s memory will forever be appreciated.

Thank you to Caroline Valdez, Kyli Valdez, Denae Valdez, Darolyn Valdez, and Derrell Valdez Jr.



**In Loving Memory of  
Raymond C. Valdez**

R.C.

(By: Spitty)

You always went the extra mile,  
Always willing to lend a hand.  
Greeting the children with a smile,  
A very kind and generous man.  
The love for your own children was evident,  
The patience you held day after day.  
You brought us laughter and an easy temperament,  
Respect for others was always your way.  
Although the battle within was uphill,  
By the grace of God, you fought.  
Through and through you held on to His will,  
For a better tomorrow you sought.  
In God's beloved presence you abide,  
In God's loving arms you will reside.  
In our hearts and memories, you remain,  
And to you we say "We will meet again."



# Religion

## Mescalero Reformed Church

### *Navigating the Wilderness*

*The best guide for any journey is one who has made the journey himself or herself - perhaps multiple times - and thus knows something about the terrain, the climate, the beauties, dangers and challenges preset at each point along the way. Part of what qualified Moses to lead the people of Israel out of their bondage was that he had already been on his own journey out of bondage and into the freedom to follow God fully.*

*By the time God called Moses to lead the Israelite's out of Egypt, he had already taken his own journey in the wilderness. He had traversed the wilderness territory of his own soul for forty years, and he knew how to find God there. He had learned how to listen and then follow God's word to him. Moses' faithfulness to his own spiritual journey was the best possible preparation for leading the Israelite's out*

*of their long bondage and into the freedom that God had for them.*

This is the introduction to the sixth chapter of Ruth Haley Barton's book *Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry*. It's a convicting introduction isn't it? Rather than point the accusatory finger at those who follow us, Barton challenges the leader and redirects the finger pointing back to ourselves. In short, she's posing these questions: how can we expect others to follow us into the wilderness of life if we haven't been there ourselves? How can we expect others to follow us to God if we ourselves are not chasing after God? How can we expect others to desire a greater relationship with God if we ourselves are not desiring and acting upon that desire to grow in our relationship with God? These questions are not just for pas-

tors. Though I am convicted by these questions because of the wonderful opportunity God has granted me as a pastor in this community, I am also convicted by these questions because I am a father, a husband, a community member, a friend, a brother, and a son. If I desire that those around me would grow closer to Christ, then I must be willing to grow closer to Him as well. If we forget this, then we fall prey to what Dutch theologian, Henri Nouwen, mentions in his book *The Wounded Healer*: "the great illusion of leadership is to think that man [woman] can be led out of the desert by someone who has never been there."

If we desire for our children to know who Jesus is, then we must know who Jesus is. If we desire for our neighbors to attend worship more regularly, then we must attend worship more regularly. If we desire for our family to

spend more time in God's Word, then we must spend more time in God's Word. Each of us has at least one person who is looking to us to lead; may we take our spiritual journey seriously so as to prepare ourselves for leading others to Christ.

As we continue in this Lenten season and approach Palm Sunday, Maundy Thursday, Good Friday, and Easter Sunday let us not be ashamed to display our love and passion for Jesus; because by doing so, we join an eternal band of blessed supporters in advancing God's Kingdom here on earth.

Grace & Peace,  
Pastor Mark

Please know that you are always welcome to worship God and experience His mercy at Mescalero Reformed Church. Our arms (and our doors) are open to you if you are looking for a church home or just want to come visit.

### Mescalero Reformed Church

336 Wardlaw Dr.  
P.O. Box 188  
Mescalero, NM  
(575) 464-4471

Visit (and Like) our **Mescalero Reformed Church Facebook** page!

**Email us at** [mescalerorc@gmail.com](mailto:mescalerorc@gmail.com)

### Sunday Worship

9:30 - Sunday School for Children and Adults

10:40 - Worship

### Opportunities for Fellowship and Encouragement

#### Women's Bible Study

- first and third Tuesday of each month at 6:00 pm in the sanctuary.

#### Women's Gathering

- every Wednesday at 9:00 am in the church basement.

**Youth Group for Middle and High School** - Sunday at 4:30 pm.

**Kids' Club** is our after-school program for 1<sup>st</sup>-5<sup>th</sup> grade students which meets on Thursday's at 3:30 pm in the church basement. Come for a fun time of playing, praying, and singing.

Happy 3rd Birthday  
to NikkiRay



March 4, 2019

We love you! God Bless you everyday!  
Love - Dad, Mom, Sister & Brother



# **\*Exclusively\* for Tribal Members, Affiliates, and Employees of the Mescalero Apache Tribe**

## **THESE ARE THE CLASSES WE OFFER AT THE FITNESS CENTER/DIABETES PROGRAM:**

**-ZUMBA MONDAY 6PM**

**THIS CLASS IS A LATIN MIX OF  
MERENGUE/SALSA/REGGAETON/CUMBIA DANCE WITH A LITTLE MIX  
OF SQUATS.**

**-SMOOTH MOVES TUESDAY 4:45PM**

**THIS CLASS IS VERY LOW TEMPO, STRETCHING, BREATHING,  
COORDINATING BALANCE AND FLEXIBILITY. THIS CLASS HELPS  
MAINTAIN AND KEEP THE MUSCLES STRONG. THIS CLASS IS A  
MIXTURE OF YOGA/TAI-CHI/PILATES.**

**-STRONG BY ZUMBA WEDNESDAY 6PM**

**THIS CLASS YOU USE YOUR BODY WEIGHT TO TONE AND WORK YOUR  
CORE. YOU WILL BE DOING JUMPING JACKS, BURPEES, SQUATS,  
KICKS, HOPS, PUSHUPS AND PLANKS. THIS IS NOT A DANCE CLASS.**

**-MIXEDFIT THURSDAY 5PM**

**THIS CLASS IS A PEOPLE INSPIRED FITNESS PROGRAM THAT  
COMBINES DANCE MOVEMENTS WITH BODYWEIGHT TONING, YOU  
WILL BE DANCING TO ALL THE HITS YOU HEAR ON THE RADIO.**

**-SPINNING CLASS MONDAY AND WEDNESDAY 4:45PM  
TUESDAY AND THURSDAY 12:00PM**

**THIS CLASS IS DONE WITH A STATIONARY BIKE. YOU WILL BURN  
CALORIES, BUILD MUSCLE TONE, INCREASE YOUR CARDIO  
ENDURANCE, LOW IOMPACT EXERCISE AND RELIEVES STRESS.**

**-CHAIR VOLLEYBALL FRIDAY 12:00PM**

**THIS IS PLAYED LIKE VOLLEYBALL BUT YOU ARE SITTING IN A CHAIR.  
THIS IS GREAT FOR UPPER BODY MOBILITY, JOINT FLEXIBILITY,  
MUSCLE TONE, INCREASE REFLEXES, HAND TO EYE COORDINATION  
AND ENDURANCE.**

**CALL 464-4368/464-6383 FOR MORE INFO. OR STOP BY!**

**CLASSES OPEN TO 12 YEARS AND OVER! MALE AND FEMALES!**

**THESE CLASSES BURN CALORIES AND RELIEVE STRESS!**

# Mescalero Apache Tribe

Apache Scout  
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Mescalero, NM 88340

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**Bulk Rate**  
**Non-Profit Organization**  
**Permit #1**  
**Mescalero, NM**  
**88340**



[MescaleroApacheTribe.com](http://MescaleroApacheTribe.com)



“Like” us on Facebook:  
Mescalero Apache Tribe

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## FOR ALL EMERGENCIES DIAL:



**9-1-1**

**OR**



**DISPATCH 575-464-4479**