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**JAN. DEADLINE:
12/15/17 BY
NOON**

A Few words from the Water Surface Department at DRMP

Water is essential to all human life. Given recent and future climate challenges protecting our tribal water needs to be one of the tribe's most pressing issues. That being said everyone should do their part to educate themselves on water and conservation. This article is to remind as many people possible about the importance of water. For instance:

Water is of major importance to all living things; in some organisms, up to 90% of their body weight comes from water. Up to 60% of the human adult body is water According to H.H. Mitchell, Journal of Biological Chemistry

158, the brain and heart are composed of 73% water, and the lungs are about 83% water. The skin contains 64% water, muscles and kidneys are 79%, and even the bones are watery:31%. Each day humans must consume a certain amount of water to survive. Of course, this varies according to age and gender, and also by where someone lives. Generally, an adult male needs about 3 liters per day while an adult female needs about 2.2 liters per day. Some of this water is in food.

- Water serves a number of essential functions to keep us all going

- A vital nutrient to the life of every cell, acts first as a building material
 - It regulates our internal body temperature by sweating and respiration
 - The carbohydrates and proteins that our bodies use as food are metabolized and transported by water in the bloodstream
 - It assists in flushing waste mainly through urination
 - Acts as a shock absorber for brain, spinal cord, and fetus
 - forms saliva
 - lubricates joints
- According to Dr. Jeffrey Utz, Neuroscience, pediatrics, Alle-

gheny University, different people have different percentages of their bodies made up of water. Babies have the most, being born at about 78%. By one year of age, that amount drops to about 65%. In adult men, about 60% of their bodies are water.

However, fat tissue does not have as much water as lean tissue. In adult women, fat makes up more of the body than men, so they have about 55% of their bodies made of water. Thus:

Babies and kids have more water (as a percentage) than adults. Women have less water than men (as a percentage).

People with more fatty tissue have less water than people with less fatty tissue (as a percentage).

There just wouldn't be any you, me, or Fido the dog without the existence of an ample liquid water supply on Earth. The unique qualities and properties of water are what

make it so important and basic to life. The cells in our bodies are full of water. The excellent ability of water to dissolve so many substances allows our cells to use valuable nutrients, minerals, and chemicals in biological processes.

Water's "stickiness" (from surface tension) plays a part in our body's ability to transport these materials all through ourselves. The carbohydrates and proteins that our bodies use as food are metabolized and transported by water in the bloodstream. No less important is the ability of water to transport waste material out of our bodies.

When you read the statistics water's importance becomes clearer. We have numerous springs on the reservation including wells, lakes, and streams. When considering our reliance upon water, we all have to do our part in

keeping these areas clean and pristine. The following article focuses on water degradation:

Water Degradation

There are a number of both short and long term effects of water degradation. These are generally as a result of either:

- decreased water quantity (or flow), or
- decreased water quality

Decreased water quantity results in a reduction of water available for such uses as drinking and irrigation. Because there is less water, there is usually a greater concentration of pollutants and salinity in the water. This causes the quality of the stream bed to deteriorate, resulting in a reduced biodiversity of plants and animals. Human health is at risk with the degradation of our water supply. Pathogens concentrated in our water can cause serious



health problems to both humans and animals. Higher standards of living and longevity are directly related to the reduced incidence of certain diseases. Many of these diseases are related to the quality of water (including cholera, diphtheria and typhoid).

With a reduction in water quality comes additional costs - the cost of treating the water to a standard that is acceptable and the cost of acquiring alternative water if treatment of the current water supply is not possible.

In the event of our water supplies being degraded to an unacceptable level or reduced, we need to consider reuse and recycling options. Such options would include biological toilets and air cooling.

Nutrient Enrichment (eutrophication)

Eutrophication is one of the major water quality problems in

Australia. It is the process by which waters become enriched with nutrients (particularly nitrogen and phosphorous). These nutrients stimulate the growth of aquatic flora and/or fauna, including the sometimes toxic blue-green algae, resulting in waters becoming deoxygenated.

Sources of nutrient input include sewage effluents, irrigation drains, storm-water runoff, drains from intensive livestock industries, and leaching or soil loss from farmland and stream banks. Superphosphate fertilizer is often singled out as the main sources of phosphorous in inland waters.

Side effects associated with extensive eutrophication include:

- decreased clarity of water
- decreased diversity of aquatic plant and animal life
- deoxygenation of bottom waters

Alga blooms affect the

taste and odor of water and, in the case of toxic blooms, can cause death of livestock.

Factors important in encouraging algae growth are:

- low water flow
- abundant light
- clear water
- warmth

Liter and various garbage can easily add an abundance of nutrients to our Reservation's water bodies. Let's take some care next time we're fishing by the banks and throw trash in the proper receptacles. In any situation help keep our water clean and safe for now and our future generations. After all, it is the right thing to do.

This article has been brought to you by the Division of Resource Management and Protection (DRMP) Surface Water Department. For any water related questions, please call 464-4711, and ask to talk to the water department.

Article sources:

1. *U.S. Department of the Interior | U.S. Geological Survey* URL: <http://water.usgs.gov/edu/propertyyou.html>
Page Contact Information: *Howard Perlman*
Page Last Modified: *Friday, 02-Dec-2016 12:52:12 EST*
2. (Source: *TAFE Queensland and Department of Natural Resources Module ASP3056: Environmental Impacts: Issues, 1999*)

Educational and leadership moves at Mescalero Tribal Fish Hatchery

Southwest Tribal Fisheries Commission News Summer 2017; Making a Difference



The Mescalero Tribal Fish Hatchery was recently highlighted in the Southwest Tribal Fisheries Commission Newsletter for their outstanding youth initiative program and continued expertise in natural resource conservation this past summer.

The hatchery took on 10 youth employees to connect them to the world of natural resource conservation. The youth were educated on different realms within conservation like basic operation and maintenance of the hatchery, assessing lengths and weights of trout, stocking local lakes and streams and much

more.

According to SWTFC News, the summer youth program incorporated hands-on teachings by the Mescalero staff as well as help from various partners whom made it possible for the youth engagement at the hatchery. Assistance was provided by Workforce Innovation Opportunity Act (WIOA), the Leadership Institute Program with Santa Fe Indian School, Native American Fish and Wildlife Society, U.S. Forest Service, and the U.S. Fish and Wildlife Service/Southwest Tribal Fisheries Commission partnership.

The SWTFC News also drew attention to the hatchery's fish deliveries and stockings. At the start of the 2017 year, they have stocked nearly 51,000 rainbow trout of vari-

ous sizes, equaling to over 40,000 pounds. The fish at the hatchery are kept safe and healthy by canopies covering the raceways. With help from the canopies blue herons won't attack or feast on the fish and will reduce algal growth in the raceways.

Back in July, member Tribes of the SWTFC voted on raising the cost per pound of rainbow trout from \$2.35 to \$3.06. The Mescalero hatchery provided the market value correction to the SWTFC in order to maintain infrastructure improvements and concerns to the natural resource conservation profession. The Mescalero Tribal Hatchery continues to perform and uphold skilled bio-security measures here within our community.

MESCALERO LITTLE LEAGUE FOOTBALL



Razorbacks 2017 Mud Dogs

Coaches

Loren Gallerito—Thomas Mendez—Jess Shendo

The Mescalero Major League Football teams finished yet another thrilling season. Razorbacks and Mud Dogs were two of five aggressive teams on the field. Capitan, Carri-zozo, and Ruidoso had one team each. Matches began in early September of this year and finished in Novem-

ber with one of Mescalero's very own competitive team in the Super Bowl. The Mescalero Mud Dogs played a hard-hitting match against the Ruidoso Ducks in the final game, better known as the Super Bowl. Both teams showed outstanding athletic skills on the

field however, the Mud Dogs were defeated. Now that the season has ended, some players will advance to majors and others to middle school for 2018. Nevertheless, Mescalero's young athletes will be ready for the tackle! Way to go Razorbacks & Mud Dogs!

Mescalero Drug Take Back

IHS Pharmacy Department



Do you have any unused or expired medications sitting around your house? Stop by the Mescalero IHS to safely dispose of them!

Hmmm...but you may be wondering why you should stop by the Mescalero IHS to dispose of them. Here are the TOP 3 reasons

why!

1. If you flush it down the toilet it will mess up the sewer and water system... which is bad for YOU and the environment.
2. Medications can be dangerous if not taken correctly so get rid of them be-

- fore the children and other people can get into them.
3. If you no longer need them, this is the best way to keep your community clean and safe

The medication drop box bin is located next to the 1st floor elevator. Stop by anytime

GET RID OF YOUR MEDS!

DRUG TAKE BACK

IHS Mescalero Indian Hospital

EVERY DAY | 318 Abalone Loop, Mescalero, NM 88340
 Monday-Friday | 7:30am to 6:30pm
 Saturday-Sunday | 12:30pm-4:30pm

| ACCEPTED | NOT ACCEPTED |
|--|---|
| <ul style="list-style-type: none"> • UNUSED OR EXPIRED PRESCRIPTION MEDICATION • UNUSED OR EXPIRED OVER-THE-COUNTER MEDICATION • PET MEDICATION | <ul style="list-style-type: none"> • NEEDLES • ILLEGAL DRUGS • LOTIONS/LIQUIDS • INHALERS • AEROSOL CANS • THERMOMETERS |

Elderly Center

Recent News

Happy Birthday to all our elders born in December. We would like to also wish everyone in our community a very Merry Christmas and a Happy New Year!

Unless there is an unexpected schedule change, the regular monthly activities will continue at the same time and date. Casino Days are on Monday, Bingo on Friday, and Movie Day in Alamo-gordo the first Friday of the month. The program will pay for your movie, and you are asked to purchase your own goodies.

The program provides transportation, or you may choose to drive your own vehicle and meet us at the movies. Mid-week activities include Nutrition Education, Fitness, arts and crafts, and special presentations. Activities begin a 10:00 provided there are no unexpected

changes.

The center will have a few out of town trips, but all overnight trips and travel will not begin until after the New Year. The program sets aside one day during our Monthly Program Improvement Meeting to plan the extended travel and activities schedule. Some of the projected travel are All Indian Game Day, New Mexico Senior Olympics, Gathering of Nations, Zuni Elderly Day, Conference on Aging, New Mexico State Fair.

* * * *

Travel and Activity Planning

Elders are encouraged to make it a point to attend these meetings. The program appreciates having input from the elders and the sharing and suggesting of positive ideas and suggestions.

* * * *

Elderly Assessments

The program would like to inform everyone that there is a new requirement by the state that requires all tribal elders receiving service from their centers to complete the information requirement in order to allow the Mescalero elderly center to provide service. Only one person at the center is licensed to collect the information and the assessment is simple confidential, and government safe. General information questions include date of birth, emergency contact. This data will help the program better serve the elders in our community. Homebound assessments are required twice a year, all others participating in the program once a year.

* * * *



Emergency Wood at the Center

The center is again planning on providing emergency wood this winter. The policy is for elders with no means of getting during the months of November through February. During these months, the center will provide a one time

delivery of half a truck load of wood (half juniper-half oak) to the elder. We encourage family members to start getting wood for their elderly family members now before winter sets in.

The elder receiving the wood must meet the requirements in order to receive the

wood.

1. The elder receiving the wood has no vehicle
2. The elder receiving the wood has no able bodies in the household
3. The elder must come into the center to fill out the eligibility form

Commodity Food

Elderly Center

The center is happy to be able to provide commodity food to the elders in our community. The program is an income based Federal program that makes the service available to Mescalero elders.

Each January those receiving commodity food are required to bring in their proof of income to re-certify to continue to receive the food. Award letters should be received in each household by December. Examples of award letters include Social Security Income, Re-

tirement Income, Disability Income, or General Income that shows proof of your earnings.

By January 2018 all income award letters must be brought to the center to re-certify. Applicants are reminded to bring in photo identification with their award letters.

Any tribal elder age 60 or older is encouraged to come to the center to see if you qualify to be part of the program. A friendly reminder that if a household has 5 or more individuals resid-

ing in the household, and are 18 years or older, and employed, the names dates of birth, and proof of their income for these individuals will be required.

Commodity food is delivered from Roswell to the center the first Wednesday of every month.

* * * *

Homebound Meal Delivery and Trays

A friendly reminder to those receiving home meals for lunch, the center is politely asking that the trays be returned the next day

when the deliverer brings your meal for the day. The trays are used daily to service our homebound and if they are not promptly returned we are short on trays to take meals

the next day. Please remember to empty all uneaten food, rinse and put them in a plastic bag. The driver will be happy to bring them back to the center for the next days'

meal. If you are not going to be home for lunch, please call the center before 8:30 to cancel your delivery. This helps us save time, money, and food waste.



Halloween Fun at the Center

Elderly Center

The costume contest as always was a spook-tacular event. Contestants dressed and competed to win prizes as the crowd voted for their best choice. In our book they are all winners! Can you guess who they are?



Veterans Day

Elderly Center

On Wednesday November 8th, over 130 Veteran's their families, and community members attended a Veteran's Day Observance. Master of Ceremonies President Danny Breuninger warmly welcomed all in attendance. USMC Veteran Sasha Enjady began the program with a prayer, followed by the posting

of the colors by the New Mexico Military Honors and Color Guard. Vice President Gabe Aguilar led the group in the recitation of The Pledge of Allegiance. Attendees were graced with the singing of a Flag Song by Tommy Spottedbird, complimented with songs sung by Sherman Blake and his group.

Mescalero Apache High School Princess Tunte Baca and Ruidoso Middle School Princess April Desiderio read heart felt poems of thanks to the Veterans. Newly crowned Miss Mescalero Autumn Pilcher was also present. Keynote speaker New Mexico State Representative Yvette Herrell addressed the





crowd with encouraging words of thanks to all who served and who continue to serve our country. Elderly Center Director, Michaelene Ahidley presented Representative Herrell with a Pendleton in appreciation for her work. Veterans were honored with a gift of commemorative hoodies, and as they received their gifts,

community members lined up to personally thank them for their service. Younger Veterans mingled with older Veterans, and all were congratulatory for our newly enlisted Veteran, Solomon Kaydahzinne USMC Pvt 1st Class, who just completed basic training in California. Many brought photos of their military which

were displayed during the ceremony. The program concluded with the playing of the military branch songs, a prayer and blessing of the food from Hazel Spotted-bird. Indian Tacos with cheese cake for desert were served up and the afternoon was spent sharing stories and enjoying each other's company.



Hawaii Travel

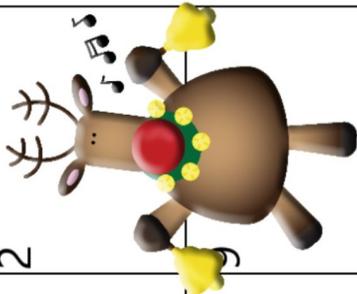
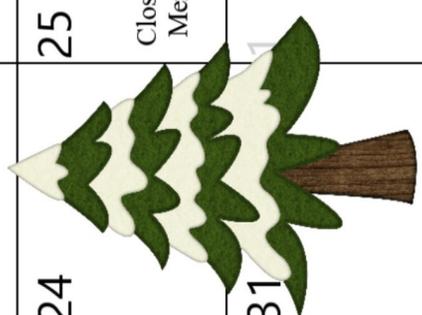
Elderly Center

During the last meeting held on November 1st, the group was presented with a few travel options including travel dates, and packages. The group selected the travel date for September 20 2018. The group also selected the Hawaiian Explorer Package.

This package includes 8 days, 9 cities, and 3 islands Oahu, Hawaii, and Maui. The package includes 7 full breakfasts, 2 dinners, and 2 lunches. It also includes a nice selection of tours including, Pearl Harbor, the USS Arizona Memorial, The National Memorial

Cemetery of the Pacific in the Punchbowl Crater, the Iolani Palace, the King Kamehamea Statue and the State Capital. It's not too late to sign up. Come into the center for more information or better yet, come to the next meeting.

December 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|---|--|--|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| MESCALERO APACHE SENIOR CENTER MENU Menu is subject to change without notice. Homebound meal cancellations please call before 8:30 am. All meals served with 1% milk. | | | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | |
| | Spaghetti, Green Beans, Garden Salad, Garlic Bread, Apricots | BBQ Chicken, Corn, Carrots, WW Roll, Peaches | Tamales, Pinto Beans, Asparagus, Squash, Jell-o w/Fruit | Baked Trout, Rice Brussel Sprouts, Sliced Tomatoes, WW Roll, Oranges | Ham & Cheese Sandwich, Tomato Soup, Grapes |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | Chicken & Rice, Mixed Veggies, Broccoli, Crackers, Peaches | Cabbage Stew, Squash, Beets, Oven Bread, Apricots | Meat Loaf, Rice, Spinach, Garden Salad, Cantaloupe | Pork Roast, Mashed Taters, Coleslaw, Carrots, WW Roll, Pineapple | Ham, Yams, Green Beans, Veggie & Fruit Tray, Chile, Fry Bread Pie | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | Tuna Mac, Capri Blend, Sliced Tomato, WW Roll, Jell-o w/Fruit | Oven Baked Chicken, Potato Wedge, Green Beans, California Blend, WW Roll, Pineapple | Liver & Onions, Rice, Salad, Calabacitas, Tortillas, Grapes | Brisket, Mac & Cheese, Asparagus, Beets, WW Roll, Strawberries & Yogurt | Brunch Sausage & Eggs, Sliced Tomato, Okra, Biscuits & Gravy, Cantaloupe, OJ | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | Closed for Christmas Merry Christmas to All! | Beef Tacos, Spanish Rice, Lettuce & Tomato, | Baked Cod w/ tarter sauce, Coleslaw, Green Beans & Onions, WW Roll, Banana Pudding | Chicken Teriyaki, Rice, California Blend, Carrots, Egg Roll, Jell-o w/Fruit | Brunch Bacon & Eggs, Squash Mix, Hash Browns, Pancakes, Fruit | |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |

December 2017

Sun Mon Tue Wed Thu Fri Sat

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--------------------------------------|--|-------------------------------|---------------------------------|--|----------------|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| MESCALERO APACHE SENIOR CENTER ACTIVITIES Calendar is subject to change without notice. Sign up at the center for daily transportation. Questions? Call 464-1614. All activities begin at 10:00 unless otherwise noted. | | | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | 10:00 Casino Day | 10:00 Monthly Program Improvement Meeting AIGD and NMSO Meeting! | 10:00 Holiday Fire Safety | 10:00 Intro to Pinata Making | 10:00 Bingo | 10:00 Bingo |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| | 10:00 Casino Day | 8:00 Field Trip to Torgugas | 10:00 Nutrition with Kelly | 10:00 Bingo! | 10:00 Ugly Christmas Sweater Contest | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| | 10:00 Casino Day | 10:00 Christmas with Santa | 10:00 Holiday Fitness | 10:00 Bingo | Christmas Karoke! | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | MERRY CHRISTMAS CENTER CLOSED | 10:00 Mescalero Library Visit | 10:00 Fitness | 10:00 Bingo | 10:00 Sparkling Cider New Year Toast & Door Prizes! | |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |



MAS 8th grade Leadership Lincoln students

Mescalero Responsible Gaming Program

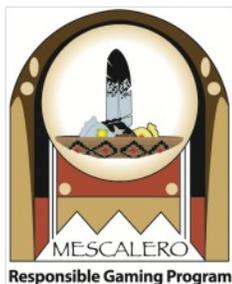
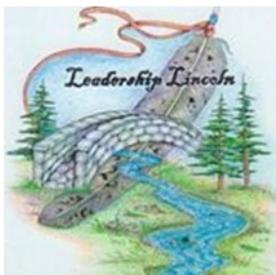


Top row from left to right: Bret Prins, Shawn Jim, Jessie Sundayman, Kameryn Chino, Brandon Lee, Noah Ahidley
Bottom row left to right: Jordan Chee, Delma Treas, Siian Poncho, Alyssa Blake, Terrence Douglass

Twelve Mescalero Apache School 8th grade students were selected by their teachers and peers to participate in 8th grade Leadership Lincoln. Youth Leadership Lincoln is designed to

identify and motivate young, emerging leaders, exposing them to the realities, challenges and opportunities in the community. The program entails monthly classes, during school, in which

community leaders share their experiences and ask for their insights. One of the sessions covers community service. We are very proud of these students and their accomplishments.



Miss MESCALERO XXXIX



Hello everyone, my name is Autumn Raine Pilcher and I am 19 years old. I am the youngest daughter to Dennis and Brenda Pilcher. I also have two older sisters, Brooke and Stacey Morris followed by two older brothers, Collin and Dustin Pilcher. My paternal grandparents are Lillian Sombero and the late Denny Pilcher Sr. and my maternal grandparents are the late Nelson and Elsie Morris. I am a descendant of Chief Natzili and Chief Sosa. I am a proud member of the Mescalero Apache tribe and I am also part Navajo and Oglala Lakota. I am a 2016 Ruidoso High School graduate and a 2016 ENMU-Ruidoso college graduate. I graduated high school with honors and was a member of the National Society of High School Scholars (NSHSS). Named Native American Student of the Year for junior class of 2014-2015. I completed an Associate's degree in General Studies at ENMU-Ruidoso. I am a student at the University of New Mexico, currently working on a bachelor's degree for business management and accounting. I am also studying pharmacy and I plan to graduate with a degree in 2023. I am currently on the National Honor Society for the University of New Mexico and after I graduate from UNM with my degree in accounting, I plan to go into the Air Force to become an officer and once done, go back to school to finish my pharmacy degree. My favorite hobbies include listening and playing music, being active, singing, drawing and most importantly, swimming. I am a member of the Calvary Albuquerque Church and I want to emphasize the importance of Education, Domestic Violence and Mental Health issues such as depression, anxiety and autism. I wish to inspire people to live a healthier lifestyle and be more active. Lastly, As Miss Mescalero, I will do my best to be a great role model for the younger generation but for men and women of all ages. I want to be an advocate for language and traditional teachings. I want to be able to promote a better change for my community and even more positive change in myself.



I was invited to attend the Mescalero Hospital 'Rock Your Mocs' event on November 15, 2017. I had the great honor to say the prayer before we ate thanksgiving lunch. I had



Miss MESCALERO XXXIX

an amazing time with the staff and I want to say thank you to everyone who was congratulating me, thanking me and most of all, I was happy to be a part of your day. May God continue to bless the Mescalero Hospital staff for keeping our community healthy and strong.

On November 16, 2017, I was invited by Charlene Bigmouth to attend the Ruidoso High School pageant. It was great to see the students of Ruidoso High School participating in this pageant to not only represent their school but the Indian club as well. I not only got to learn more traditional teachings from the contestants but I learned how important it is to show the youth to be more involved and teach them to become strong leaders. A big congratulations to Angel King, on winning the 2017-2018 RHS Princess. May you have a wonderful reign this upcoming year and make RHS and your community proud.

Thank you. Ixe'he.





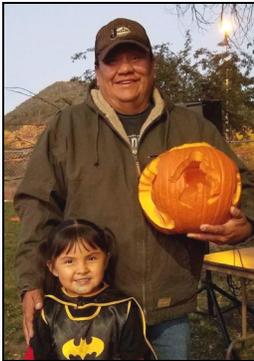
Male Involvement Activity: “Pumpkin Carving Contest/Party”

Mescalero Head Start Program

The Head Start has a great turnout for our annual “Pumpkin Carving Contest and Party”. We are proud to say that we almost had 40 men participate in the carving contest. 1st Place went to Anthony Coriz and his daughter for their “Minion” pumpkin carving, and 2nd Place went to Mike Bigmouth and his

granddaughter for their “Big Foot” pumpkin carving. Besides the contest, we also had a variety of family oriented games, including face painting, cotton candy, and music by Blazer Production Company of Mescalero, not to mention a ton of delicious food. These activities are a part of our MALE IN-

VOLVEMENT INITIATIVE where we try to get as many males involved in the life and education of their child(ren). We understand that not every child has a biological dad currently in the home, so we also ask other male family members to take on that role.



Male Involvement Activity: “NFL Pick Em’s”

Mescalero Head Start Program

Another way our program encourages our fathers to get involved in their child’s education is to volunteer. In turn, they are able to participate in the weekly NFL Pick Em’ game. We would also like to thank E.L.A and Old Road Restaurants for graciously donating gift certificates to make this possible. Here are the following NFL Pick Em’ winners

thus far:

Week 1: Fred Second (Grandpa)

Week 2: Brysen Platta and Spencer Cojo (Fathers)

Week 3: Amen Magoosh (Father)

Week 4: Gabriel Artiga Sr. (Father)

Week 5: Morris Kanseah (Father)

Week 6: Spencer Cojo (Father)

Week 7: Criss Second

(Uncle)

Week 8: Samuel Klinekole (Father)

Week 9: Michael Diaz (Father)

Week 10: Gerald Blake (Father)



Other Activities

Mescalero Head Start Program

Our Head Start families also went on a field trip to the “Mesilla Valley Pumpkin Patch” in Las Cruces. We all enjoyed a fun-filled day of going on a “hayride” out to the local pumpkin patch to pick out a pumpkin to take home; slid down gigantic slides, and had a pic-

nic. The children also got to go Trick-or-Treating on Halloween at the Community Center, at the Inn of the Mountain Gods Resort and Casino, and at other community departments.

During “Muffins With Mom” Day; mothers,

grandmothers, aunts, and mentors volunteered and enjoyed breakfast with their Head Start child. They also got to make a craft together to take home.

The last event we had before leaving for Thanksgiving Break was our annual “Thanksgiving Lunch”.



Upcoming Events

- Big Breakfast and Donuts With Dad/ Hunt Lodge Field Trip
- Santa Visit and Classroom Christmas Parties
- Christmas Break (December 20, 2017 - January 5, 2018)
- School resumes on Monday, January 8, 2018.





Boys & Girls Club

Recent News

Holidays are among us, and Boys and Girls Club enjoys celebrating every part of it! We had fun at our annual Halloween Contest at the Community Center and would like to give a big thanks to all departments that helped make this evening enjoyable. We would like to give a big shout out to Joseph Blazer, Euphrasia Platta, Community Center Maintenance, and Mescalero Telecom Inc. for being a part of a successful evening. The Halloween event included a Grand Prize winner as well as 5 different age groups with prizes for the scariest, funniest, and most original categories. Through this fun, spooky evening we were able to enjoy music, family fun, and refreshments made by our Boys and Girls Club staff, and The Inn of the Mountain Gods Resort and Casino. We hope everyone had a

great time and look forward to spending time with our community members in future community events! Through the craziness of preparing for our Halloween events that took place, The Boys and Girls Club enjoyed a Halloween Party with The Boys and Girls Club youth. We had a fun fulfilled evening with different activities such Halloween cupcake walk, mitten challenge, musical chairs, pin the nose on the pumpkin, and music. We were able to enjoy sandwiches and chips from the Mescalero Tribal Store. We ended our evening with a costume contest of the funniest, most original, and scariest in 3 different age categories. We would like to thank every parent that was able to have their child attend,

Thank you to The Mescalero Tribal store for our refreshments, as well as our hardworking staff that made this all possible. We are excited for November and are ready to enjoy a Thankful Un-Thanksgiving Luncheon with parents; which will include, Spaghetti, Salad and Garlic Toast. We also can't wait to spend this time with our families. We hope you all had a Happy Thanksgiving. As December comes up we are looking forward to enjoying field trips to Christmas on the Pecos, and The Winter Park with our Club members. We hope you all enjoy your Christmas and a Happy New year! See you all Next Year!

GRAND PRIZE WINNER!!



Mescalero Tribal Court gains new leadership

Recent News



Mescalero Tribal Court is pleased to present Chief Judge Harold A. Monteau, a member of the Chippewa Cree Tribe of Rocky Boy's Reservation in Montana. He was born in Ft. Belknap Indian Hospital and raised on the nearby Rocky Boy's Indian Reservation where he is enrolled. Once a teacher, basketball coach, and school administrator, he is an Attorney (Juris Doctor University of New Mexico 1986). He also holds a Bachelor's Degree in Education and a Master's Degree in Education Administration. Most recently he served as a Federal Magistrate in the Court of Indian Offenses on the Wind River Reser-

vation in Wyoming. He began his legal career as in-house attorney for the Confederated Salish and Kootenai Tribes. He has served as both in-house and contract attorney for his own Tribe, the Chippewa Cree in Rocky Boy, Montana. He has practiced in the Indian Law area for 25 years, concentrating on Tribal Government & Jurisdiction, Indian Gaming, Casino Finance, Gaming Operations and Regulation and Tribal Economic Development and Diversification. He has been Visiting Lecturer (Professor) at the University of New Mexico Southwest Indian Law Clinic (Fall 2011), NM. Judge Monteau is also

a Journalist, writing for Indian Country Today Media for over two decades on Indian Law and Indian Affairs. Judge Monteau is the former Chairman of the National Indian Gaming Commission (NIGC), the Federal Agency with limited regulatory oversight over 280+ Indian Gaming facilities. He was nominated by President Bill Clinton and confirmed by the U.S. Senate. He has been an advocate for Indian Gaming and an advocate for strengthening Tribal Sovereignty and the perpetual existence of American Indian Nations. Judge Monteau owned a law partnership (Monteau-Gunther) in Gt. Falls, MT before going to DC. He then started and served Indian Country with a nation-wide private practice, Monteau & Peebles, for 10 years. He still serves Indian Country as an Economic Development

and Finance Consultant, but restricts his law practice to his own business endeavors. Judge Monteau resides locally and maintains a residence with his wife, Dr. Elizabeth Top Sky MD, in Rio Rancho,

NM. He has two daughters in high school at Santa Fe Indian School and a son in Rio Rancho Schools. His older children Summer and Quanah live in Mandan, ND and one daughter, Autumn, is

an attorney in Seattle, WA.

The Mescalero Tribal Court is honored and excited to acquire Judge Monteau’s expertise in Indian Law.

BIA—Mescalero Agency

Recent News



During the holiday season, our offices will be closed on Monday, December 25, 2017, and Monday, January 1, 2018. However, the Social Services staff will be available for emergency services and can be reached by calling the Office of Justice Services, Police Department, at 464-4479.

The staff at BIA Mescalero Agency wishes you and your loved ones a safe and joyous holiday season.

PRESCRIBED FIRE OPERATIONS

Table 1 is a summary of the 2017 Fall prescribed burns conducted on the Mescalero Apache reservations.

Wild Turkey

The turkey is one of the most famous birds in North America. In fact, Benjamin Franklin wanted to make the wild turkey, not the Bald Eagle, the national bird of the United States.

The turkey’s popular-

ity comes from the American people’s love of eating the bird for special occasions like Thanksgiving and Christmas.

Wild turkeys (*Meleagris gallopavo*) live in the forest, in parts of North America, and are the largest game birds found in this part of the world. They spend their days foraging for food like acorns, seeds, small insects and wild berries. They spend their nights roosting in low branches of trees. Each spring male turkeys try to befriend as many females as possible. Male turkeys, also called “Tom Turkeys” or “Gobblers” puff up their bodies and

Table 1.

| <u>Date</u> | <u>Location</u> | <u>Acres</u> |
|-------------|--------------------|--------------|
| 10/03/2017 | Indian Well | 33 |
| 10/04/2017 | Indian Well | 158 |
| 10/26/2017 | Red Cabin | 35 |
| 10/30/2017 | Red Cabin | 35 |
| 10/31/2017 | Red Cabin | 48 |
| 11/09/2017 | #4 Well | 38 |
| | TOTAL ACRES | 347 |

spread their tail feathers. They grunt, make a “gobble gobble sound” and strut about shaking their feathers. This fancy turkey trot helps the male attract females (also called “hens”) for mating.

After the female turkey mates, she prepares a nest under a bush in the forest and lays her tan and speckled brown eggs. She incubates as many as 18 eggs at a



time. It takes about a month for the chicks to hatch.

When the chicks (known as poults) hatch, they flock with their mother all year. For the first two weeks, the poults are unable to fly. The mother roosts on the ground with them during this time.

Wild turkeys are covered with dark feathers that help them blend in with their forest homes. The bare skin on the throat and

head of a turkey can change color from flat gray to striking shades of red, white, and blue when the bird becomes distressed or excited.

Have you ever wondered what Turkey (the country in the Middle East) and the American bird have in common? A case of mistaken identity resulted in the American Turkey being named after the country. When the Spanish first

found the bird in the Americas more than 400 years ago, they brought it back to Europe. The English mistakenly thought it was a bird they called a “turkey” so they gave it the same name. This other bird was actually from Africa, but came to England by way of Turkey (lots of shipping went through Turkey at the time). The name stuck even when they realized the birds were different.

References:

- coloringbookfun.com
- www.kidszone.ws/animals

PERSONAL FREE-USE WOOD CUTTING PERMITS

As the summer season comes to an end and the cold fills the morning/evening air, many tribal members will be requesting wood permits. Wood permits will be issued Monday through Friday from 8 a.m. to 4:30 p.m. at the BIA Forestry Office located at the Summit (210 Chatto Drive).

You will be requested to provide the following information:

1. Physical Address (Red Number). The address you provide is where the wood must be hauled to.
2. Vehicle Information: Year, Make, Model, Color, and License Plate #.

One Wood Permit per Household will be issued. Wood permits are valid for 3



months.

Non-Tribal Members are not allowed to use Free-Use Permits. Must be accompanied by permit holder.

* * * *

NOTARY SERVICES is available at the main BIA Agency located at 590 Sage Avenue. Be-

fore services can be obtained, you must appear in person before the Notary. Personal appearance means the signer is in the Notary's physical presence - face to face in the same room. The signer must identify one or two credible identify-

ing witnesses under oath or through reliable identification documents such as a government issued driver's license/ identification card, or a Tribal ID. For more information, contact the Agency at (575) 464-4423.



NATIVE AMERICAN FISH AND WILDLIFE SOCIETY SOUTHWEST REGION

Now Accepting Applications for the:

21st Annual Natural Resources Youth Practicum



Location: Rio Mora National Wildlife
Refuge
Waltrous, New Mexico

Dates: June 18-22, 2018

Do you want to know what Natural Resource Management is about?

Come join us as we provide a "hands-on" learning experience in the field of natural resource management with combined classroom and field sessions that enables you to become involved in all aspects of natural resource management & conservation.



The NAFWS Natural Resource Youth Practicum is open to all incoming 10th through 12th graders
(No cost to Participating Students)

For Further Information Contact:

Norman Jojola - (505) 753-1451 or (505) 927-3494 (cell) norman.jojola@bia.gov
or

Jeanne Lubbering - (505) 259-4189 (leave a message) petlbtj@higher-speed.net

Mescalero Reformed Church

Like a Baby Content in its Mothers Arms

During this Holiday season, many families have various traditions. Some of these traditions may have been passed down from generation to generation; perhaps it's singing "Silent Night" with your closest family members on Christmas Eve, sitting in front of an evening fire and listening to "Twas The Night Before Christmas", or maybe even watching "Home Alone" or "Christmas Vacation" and laughing at all the scenes you've already watched a dozen times before. In any case, the rhythm of traditions can be very meaningful to individuals and families during this Advent season.

One of the traditions I've begun in my own life is reading through the book of Psalms. This has been

fruitful in my personal relationship with God, and hearing the prayers of the church as we anticipate the coming of the Christ-child brings a special meaning to their words. With that being said, I want to share with you a Psalm from a translation of the Bible that I personally enjoy called the Message. The Message is a Bible translation done by biblical scholar, professor, and pastor Eugene Peterson. In his translation, Peterson puts the words of scripture in a more contemporary format leading to the common phrase "the laymen's translation." Here is Psalm 131 from the Message: *God, I'm not trying to rule the roost, I don't want to be the king of the mountain. I haven't meddled where I*

have no business or fantasized grandiose plans. I've kept my feet on the ground, I've cultivated a quiet heart. Like a baby content in its mother's arms, my soul is a baby content. Wait, Israel, for God. Wait with hope. Hope now; hope always! I haven't fantasized grandiose plans ... I've cultivated a quiet heart ... wait with hope. The Psalmist reminds us in these powerful words to faithfully and quietly wait with hope. Of course, this is so much easier said than done. Waiting is a difficult task for many of us; it might seem even more difficult because the time in between Christ's birth, life, death, resurrection, and his eventual return seems too long for us to wait with hope. Because in

this in-between time violence runs wild in our country, poverty spreads without discrimination, sicknesses continue to evolve and multiply, bitterness and loneliness seem to sink deeper in our souls, and division continues to stretch out its' arms creating a bigger chasm between us all.

But if we can wait with hope, we will find ourselves just like the Psalmist...*like a baby content in its mother's arms.* When we faithfully and quietly wait in hope we will find all our needs met in the providing arms of Christ. So, I'd encourage you to wait with us at First Reformed Church. Join us for worship during this Advent season and surround yourself with a body of believers to wait with...because when we do, we'll find ourselves *like a baby content in its mother's arms.*

Please know that you are always welcome to

worship God and experience His mercy at Mescalero Reformed Church, as our arms (and our doors) are open to you if you are looking for a church home or just want to come visit. We especially hope that you will be with us Christmas eve to celebrate the birth of Jesus with our children and you Christmas program.

Grace & Peace,
Pastor Mark

* * * *

Sunday Services

9:30 - Sunday School for Children and Adults

10:40 - Worship

Opportunities for Fellowship and Encouragement

Men's Bible Study - first and third Thursday's of each month at 6:00 pm in the church basement.

Women's Bible Study - first and third Tuesday's of each month at 6:00 pm in the sanctuary.

Women's Gathering - every Wednesday at 9:00 am in the church

basement.

Youth Group for Middle and High School - Wednesday at 6:00 pm in the church basement.

Kids' Club after-school program for 1st-5th grade students meet every Thursday at 3:30 pm in the church basement. Come for a fun time of playing, praying, singing, and crafts.

Mescalero Reformed Church
336 Wardlaw Dr.
P.O. Box 188
Mescalero, NM
(575) 464-4471

Visit (and Like) our Mescalero Reformed Church Facebook page!

Email us at mescalerorc@gmail.com

Mescalero Taekwondo leader travels across the world



Hello to all, my name is Matthew W. Bancroft. I am currently a senior at Central High School here in Phoenix Arizona. I am a part of the Central High School Varsity Baseball team and Varsity Football team. I am also an active member of the "Future Inspired Native American Leaders" group within the Phoenix Indian Center. Recently, I have been selected as the Student of the Month for the month of December by the Youth Council. As you can see I have been extremely busy with my school and extracurricular activities so I apologize for the delay of my letter of

appreciation. My parents are Theresa Nasitima and Wayland Bancroft. My maternal grandparents are Albert and Laverne Nasitima of Mescalero. My Paternal grandparents are Wayne Bancroft (deceased) and Katie Ray of the Navajo Nation Tuba City, Arizona. I would like to take this time to thank the Mescalero Apache Tribe for your continued support in my Taekwondo experiences for which I would not have been able to experience the excitement of representing TEAM USA. In July 2015 I had the privilege of attending

the UITF World Championship in London, England. During my competition I won 2 silver medals in Team Sparring and Team Board Breaking. In August 2017 I attended the same competition in Corrientes, Argentina where I won four medals, silver in Individual Patterns and three bronze medals in Individual Sparring, Team Patterns, and Team Specialty Breaking. Being able to compete on an International level has been truly amazing and a huge personal accomplishment. I have met so many different people around the world in





two countries, while they represented their own.

In London, England I was able to see Big Ben, The London Eye, Palace of Westminster, and St. Paul's Cathedral among other sights. In Corrientes, Argentina we were able to see many different monuments and we also noticed that many foods were different in taste and texture. In Argentina, they grew their own fruits and vegetables and we could really

taste the difference. From these past two experiences, I have come to learn and appreciate my country more, not only by representing TEAM USA but also representing my Native American culture and being a member of the Mescalero Apache Tribe.

I would like to thank the following for their sponsorship: Inn of the Mountain Gods (2015 & 2017), Mescalero Apache Telecom Inc. (2015)

and the Mescalero Apache Tribe for their monetary donations. To my grandmother Alma Morgan and my auntie Ellereen Sago, I will always be grateful for all your support.

Ixehe,
Matthew W. Bancroft



Congratulations to the Mescalero Arrow Head Shooter's!

They are 3rd in the Pool 8 Ball League in Alamogordo. The Shooter's play every week, one day a week. Team members include Gabriel Shendo, Ruta Shendo, Addis Choneska, Jr. who is the number one shooter in the entire league, Francis Rocha, and Eddie Chalapa. The team also travels to surrounding towns like El Paso and Las Cruces to compete in tournaments. Keep up the good work Mescalero Arrow Head Shooter's, good luck and God bless you all!

From: Elaine Choneska

Dear Friends in Mescalero,

I would like to give sincere thanks to all those who participated and helped in any way during my recent blessing feast. I give thanks to all the dancers, the singers, those who donated or worked during the two days of the feast or the days of preparation. I was very deeply moved by the blessing and the generosity of so many people who gave willingly and joyfully of their time.

During my 35 years here in Mescalero, I have met many wonderful people. There have been times of great joy and time of sadness. I consider it all to be a blessing and I am very thankful to have the opportunity to live here, with all of you. Thank you again for all that you have given to me.

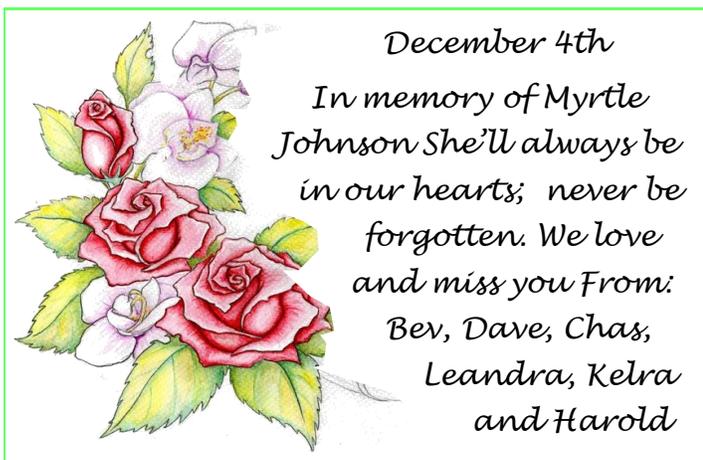
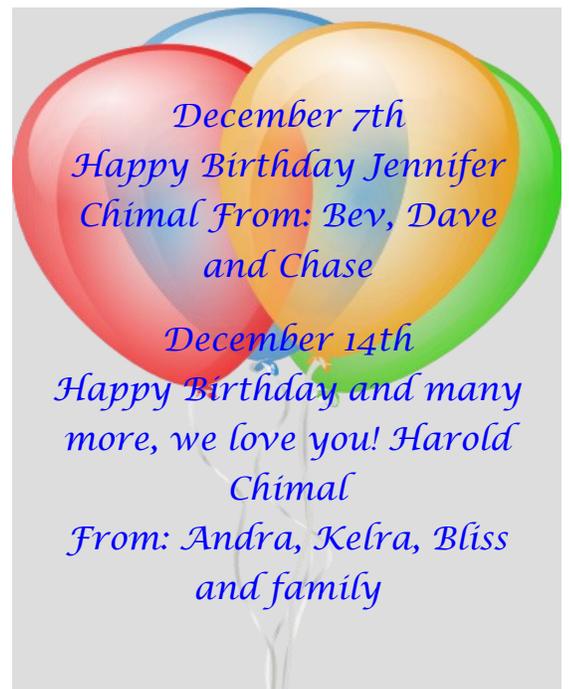
~Sr. Robert Ann

JR Chino
42nd Annual Indian National Finals Rodeo—Las Vegas 2017
Bareback Rider



Although JR didn't finish in the championships, he would like to extend a big thank you to his fans and sponsors, Inn of the Mountain Gods Resort & Casino, Mescalero Apache Tribe and Ruidoso Ford for their much appreciative support.

"I will be back next year!" -JR Chino



Mescalero Apache Tribe

Apache Scout
P.O. Box 227
108 Central Avenue
Mescalero, NM 88340

Phone: 575-464-4494
Fax: 575-464-9220
E-mail: egvia@mescaleroapachetribe.com

Checkout the tribe's official website!

MescaleroApacheTribe.com

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Permit #1

Mescalero, NM

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