

Apache Scout



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NEXT DEADLINE:
08/18/23
BY NOON

Head Start Program

Recent News

In June, some of the Head Start Staff attended a training in Virginia. The National Indian Head Start Directors Association Annual Conference. This was a first time for some of the staff to fly anywhere, outside of the Rez. It was an awesome experience, participating in the 'Grand Entry' representing our tribe, along with other tribal Head Start Programs. Mescalero is in Zone 5 (Part of the Tribal Head Starts in New Mexico) We had a lot of fun meeting new people and participating in different activities. There was a Spirit Week that we participated in. Moccasin Monday- wear Moccasins and a Head Start t-shirt, Turquoise Tuesday- wear turquoise or something beaded, Stand Strong Wednesday- wear your NIHSDA t-shirt, Thoughtful Healing Thursday- be mindful, spread love and grati-

tude, wear a positive words t-shirt. We are so grateful for this opportunity to have attended this conference, we have so many new ideas to implement into the program and share with other staff and parents. Washington DC was such a beautiful place and it was a great experience.

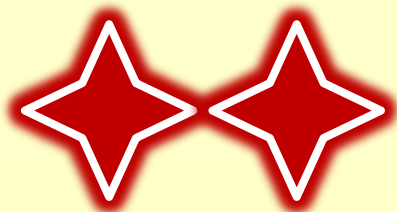
On another note, we had a great turn out for Head Start enrollment. If you missed it, staff will be returning on June 24th. We will

be having "Getting to know you" home visits on August 8, 9, & 10 and the First day of school will be August 14th. If you have any questions, you are welcome to call the Head Start at 464-9183. We are looking forward to another great school year!

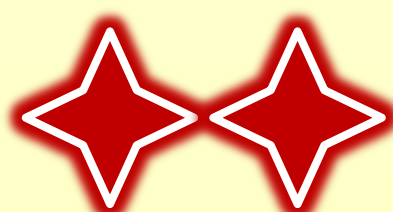


NIHSDA 2023 Conference





2023 Mescalero 4th of July Rodeo High \$ Winners



Bareback High \$ Winner: Shawn Collins



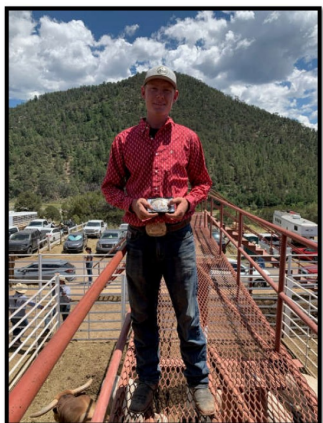
Saddle Bronc High \$ Winner: Traiton Griffin



Ranch Bronc High \$ Winner: JP Montoya



Calf Roping High \$ Winner: Triston Lewis



Jr. Barrel Racing High \$ Winner: Brooklyn Tyler



Steer Riding High \$ Winner: Catch Roberts



Bull Riding High \$ Winner and All- Around Cowboy: Tadd Dictson



Breakaway High \$ Winner and All-Around Cowgirl: Weslynn Reno



Wild Horse Race Champions: **Wagon Burners**



Barrel Racing High \$ Winner: **Malyka Muller**

**** Not Pictured**

Team Roping High \$ Winners: **James Winders (HD) & Pace Blanchard (HL)**

**** Not Pictured**

Mescalero Youth Participation Winners:

Jr Barrel Racer: **Janeah Sanchez**



Steer Rider: **Trapper Chino**



43RD ANNUAL MESCALERO CELEBRATION PARADE

"HONORING 150 YEARS OF RESILIENCY, STRENGTH & PRIDE OF THE MESCALERO'S"

2023 Parade Winners

Floats:

- 1st: Housing
- 2nd: Inn of the Mt. Gods Resort and Casino
- 3rd: Mescalero IHS

Royalty Division:

- 1st: Myron Naiche - MAS Elementary Brave
- 2nd: Azon Garcia - White Mt. Intermediate Wee Warrior
- 3rd: Carmelo Yuzos - Mescalero Apache Schools Middle School Brave

Bands/Entertainers Division:

- 1st: Mezkal
- 2nd: Saint Francis Folklorica Dance Group
- 3rd: Rydale Largo Dance Group

Vehicles/Horses/Bikes:

- 1st: Duke & Luke Mules Pulling Wagon (Seven Triangle Bar)
- 2nd: Mescalero Veterans - Kelton Starr
- 3rd: Mescalero Elderly Program

Sweepstakes Winner:

Mescalero Four Directions



TRANSPORTATION FOR MEDICAL APPOINTMENTS

TRADITIONAL MEDICAID

RUIDOSO SHUTTLE: 575-257-1815

BCBS CENTENNIAL CARE (MEDICAID)

LOGISTICARE: 1-866-913-4342

PRESBYTERIAN CENTENNIAL CARE (MEDICAID)

SUPERIOR MEDICAL: 1-855-774-7737

WESTERN SKY CENTENNIAL CARE (MEDICAID)

1-844-543-8996

When calling please remember:

***Needs 3 Day Notice**

***Need Patient Pick Up Location Address & Time**

***Need Name of Doctor, Location of
Appointment & Pick Up Time.**

****Please be at the Location at the Time of Pick Up****

As of 07/14/2023

Inn of the Mountain Gods Open Positions

Room Attendant
Public Space Attendant
Houseman
CATC Cage Cashier
IMG Cage Cashier
IMG Kiosk Attendant
IMG Main Bank Cashier
CATC Kiosk Attendant
Nail Technician
Drop & Count Attendant
CATC Slot Technician
IMG Security Officer
Players Club Ambassador
Hairstylist
F&B Steward
CATC C-Store Cashier
IMG Slot Technician
Poker Dealer Dual Rater Super.
Child Care Attendant
Ticket Writer
Cage/Main Bank Manager
Casino Host
CATC Carpenter
Dual Rate Black Jack Dealer
Dual Rate Craps Dealer

Job Fair

**Inn of the Mountain
Gods Convention Center**

August 23rd

10am—2pm

Laundry Supervisor
HVAC Technician
CATC Security Officer
Golf Course Technician
Equipment Operator
MATM Supervisor
Club 49 Server
All Outlets Cook 1
All Outlets Cook 2
Executive Chef
Concierge Agent
O/N Front Desk
Casino F&B Chef
The Market Cashier
Child Care Supervisor
Casino F&B Service Bartender
Banquets set up attendant
Apache Tee Server
Bike Rentals
Housekeeping Maint. Technician
MATM Busser
Golf Marshal
Zip Line Attendant
Banquets Server
Golf Pro
Laundry Attendant
Players Club Supervisor
Valet Attendant



**INN OF THE
MOUNTAIN GODS**
RESORT & CASINO

7th Annual

FUN & FIT**8 Week Challenge**

- **JULY 29TH RUIDOSO LINKS**
 - **KICK-OFF EVENT @ 9AM BEHIND THE LIBRARY**
- **AUGUST 12TH RUIDOSO DOWNS RIVERSIDE PARK- GLOW WALK**
 - **@ 7PM RESILIENCE WALK**
- **AUGUST 27TH CAPITAN WALKING PATH- GLOW WALK**
 - **@ 7PM RESILIENCE WALK**
- **SEPTEMBER 9TH RUIDOSO 2-RIVERS PARK- GLOW WALK**
 - **@ 7PM RESILIENCE WALK**
- **SEPTEMBER 19TH MESCALERO COMMUNITY GLOW WALK**
 - **@ 7PM SUICIDE PREVENTION AWARENESS**

EARN POINTS**GRAND PRIZES!**

**All locations & times are subject to change, please see updates on website or Facebook.*

PRIZES!**Weekly EVENTS****SIGN-UP TODAY!****LCCHHealthCouncil**

For More Information visit: www.lincolncountyhealthcouncil.org



NOTICE: CLASS III – HIGH FIRE DANGER RESTRICTIONS
Mescalero Apache Indian Reservation

EFFECTIVE : July 15, 2023 (Until rescinded or superseded)

CLASS III - FIRE RESTRICTIONS ARE AS FOLLOWS:

No burning of slash or use of free running (broadcast) fires, at any time.

No restrictions for use of charcoal grills propane grills and wood-burning stoves. Dwellings with fireplaces or wood burning (cooking or heating) stoves shall have proper screens installed to prevent the escape of burning embers (homeowner's responsibility). Campfires are permissible only within the designated camp areas of Silver Lake, Ruidoso Cabins, and Eagle Creek Campgrounds.

Smoking outdoors permitted, if extinguished in a proper container.

Chainsaws and other internal or external combustion engines must always be equipped with a properly functioning spark arrestor.

Precautionary measures and required fire equipment are in effect for all forest related contract work and will be implemented by contract administrators.

Fireworks of any kind are never permitted.

These restrictions are a reflection of current wildland fire hazard conditions on the Mescalero Apache Indian Reservation and are being implemented for public safety. The above restrictions will remain in effect until rescinded under authority of Mescalero Apache Tribal Resolution No. 09-59. Personnel exempt from the above restrictions include Federal and Tribal employees, such as Tribal Resource Managers and Bureau of Indian Affairs Employees while in the performance of their official duties. These restrictions will be enforced by the Branch of Law Enforcement Services and the Tribal Conservation Department under authority Title 18, Sections 1855 and 1856 USC and Tribal Statutes 10-5-4, 10-5-5, 10-5-6, 17-12-3 through 17-12-5, 17-18-1, and 17-182.

Bernalyn R Via - acting
PRESIDENT
Mescalero Apache Tribe

SHERRY KAZHE-
GARCIA

Digitally signed by SHERRY
KAZHE-GARCIA
Date: 2023.07.14 14:04:12 -06'00'

SUPERINTENDENT,
BIA, Mescalero Agency

Conservation Law Enforcement

Recent News

LIVING WITH PREDATORS

Living with Large Predators in New Mexico, cougars, black bears, bobcats and coyotes are found throughout the state. These large predators have lived here much longer than humans and play an important role, helping to maintain a balanced ecosystem. If you live near or enjoy the outdoors in habitats used by these predators, it is wise to learn about their behaviors to better avoid danger and safely coexist. Predator Encounters Though infrequent, predator-human interactions sometimes occur. Although most predators usually live in remote, rural country and are difficult to spot, a combination of factors can cause an encounter. A few examples of the causes include drought, which can pressure predators to expand their ranges; more people recreating and using hiking and biking trails in predator habitat; and more people residing in wild, mountainous or previously undeveloped areas. Don't Encourage an Encounter If you live in or visit predator country, be sure you aren't contributing to an encounter. Follow these precautions to reduce your risk:

- Avoid outdoor activities such as running or hiking at or around dawn and dusk, when predators are most active.
- Supervise children when they are outdoors and keep them close when hiking.
- Eliminate hiding places for predators. Remove enough vegetation to detect large predators in your yard and make it difficult for them to hide or approach unseen.
- Enclose open spaces below porches and decks.
- Install outside lighting (preferably motion sensors). Illuminate walking areas.
- Avoid non-native shrubs and plants. These can attract prey that predators may follow.
- A leash will help protect your pet and usually is required by law. Pets are easy prey. Bring pets inside at night. If they must stay outside, confine them in a kennel with a secure roof.
- Do not feed pets outside. Pet food can attract predators and prey.
- Store all garbage securely. Most predators will not cause damage and will move on if abundant food cannot be found. If You Have an Encounter When a predator detects your presence, it usually will leave the area before you know it's there. Attacks are rare, and each situation is different and will depend on the predator, the terrain and how the person(s) reacts. Though steadfast rules often don't apply, these suggestions will reduce the risk of attack:
 - If you see a predator that hasn't seen you, remain calm and leave the area. Talk loudly as you move away to make your presence known.
 - Stop and back away slowly while facing the predator if this can be done safely. Avoid direct eye contact. Do not run; this may stimulate the predator's instinct to chase and attack. Allow the predator as much room as possible for it to leave.
 - Appear as large as possible. Raise your arms and if wearing a jacket open it. If with small children, pick them up to protect them and prevent panic and running.
 - Never approach a wild animal. Predators are unpredictable, but will avoid confrontation unless forced.
 - Watch for young. Coming between a female and her young is dangerous. If a predator's young are nearby, move away while remaining alert for other young and adults in the area.

- Convince the predator you are not prey. If a predator approaches or behaves aggressively, arm yourself with a large stick, throw rocks or sticks and speak loudly and firmly. Convince the predator that you are dominant and a danger to it.
- Fight back if a predator attacks. Fight aggressively and use any weapon available, such as rocks and sticks, a backpack, hat or jacket or your bare hands if necessary.

Who Can You Call?

The Mescalero Conservation Department manages, conserves and protects wildlife within the Reservation. Your concerns about wildlife are our concerns as well. If you have a potentially life-threatening situation or suffer an injury from a large predator, please contact us at 575-464-9323.

Office hours are Monday through Friday, 8 a.m. to 4:30 p.m. After hours, contact the BIA Law Enforcement at 575-464-4479/575-464-4511 and they will send a Conservation Officer out.

Sightings or encounters with large predators are not uncommon.





Front paw prints of black bears typically measure 4 1/2 inches high. Hind prints can measure up to 7 1/2 inches high.

Black Bear

Black bears (*Ursus americanus*) are large, powerful and can weigh more than 200 pounds. The largest black bear recorded in New Mexico was nearly 600 pounds. Fur color of individuals can vary from dark black to cinnamon. Though unusual, blonde-colored bears sometimes occur.

Bears have pointed noses, high-set ears and short, sharp, curved claws that enable them to dig, overturn heavy rocks and debris and climb trees. Adult females normally give birth every other year. One to three cubs are born while the mother is in hibernation and weigh eight ounces. Cubs remain with the mother through the first full winter and disperse in the spring.

Lifespans of black bears in the wild average from 10 to 20 years, and in captivity bears have been known to live 35 years.

Hunting and Feeding

Omnivores (feeding on both plants and animals), black bears are opportunistic and will eat whatever is available seasonally or can be scavenged or caught. Bears eat mostly plants such as grasses, berries and fruit in the spring and acorns and piñon nuts in the fall. Bears will eat carion (dead animals) where found and often overturn rocks and stumps while hunting insects or rodents. Research has shown bears can be efficient predators on large game, particularly young animals.

On rare occasions, when under environmental stress such as lack of food during drought, bears may kill livestock or break into beehives to feed on the honey and bees.

Habitat

Black bears commonly inhabit forested areas of New Mexico, but can be found from low-elevation desert to tundra areas above tree line. Bears prefer woodland cover and mixed forest with food-producing trees such as oak and piñon. Bears are attracted by water sources such as tanks, springs and creeks and may be attracted to mountain campgrounds or rural communities if human food sources are present.



Cougar front and hind paw prints measure approximately 3 inches high.

Cougar

Cougars (*Puma concolor*, translated "cat of one color") are a yellow-brown to light-cinnamon color with black-tipped ears and tail. Adults can weigh 80 to 150 pounds and measure eight feet long from nose to tail. Cougars, even young cats, are distinguished from other wild cats by the long tail. Fur is short and kept clean by grooming.

Females begin to reproduce at two years of age, bearing an average of two to three kittens. Newborns average 1 foot in length and 1 pound in weight, have spotted coats and nurse for one month before eating meat provided by the mother.

Hunting and Feeding

Most active at night from dusk to dawn, cougars sometimes hunt or travel during the day. Cougars prefer deer but also prey on elk and smaller mammals such as porcupines, rabbits and foxes. Cougars prefer to kill prey by ambush rather than pursuit, and use a powerful bite below the base of the skull to break the necks of prey. Given the opportunity, cougars will prey on livestock, domesticated animals or household pets.

An adult cougar can survive for a week on a single deer, covering the unconsumed carcass (cache) with dirt, leaves or snow and returning repeatedly to feed. A feeding cougar on its food cache is extremely dangerous and always should be avoided.

Habitat

Sometimes called mountain lions or pumas, cougars occupy all parts of New Mexico except the wide-open eastern plains. Cougars are found in piñon, juniper and ponderosa forest, mountain mahogany and desert, oak brush and subalpine meadows. Where prey are plentiful, cougars likely are nearby. An individual cougar's range can encompass 10 to approximately 300 square miles, depending on the terrain and available food. Their ability to feed on a wide variety of prey allows them to occupy many different habitat types. Females with young have smaller ranges and adult males the largest.



Coyote front paw prints measure approximately 2 1/2 inches high, and rear prints are slightly smaller.

Coyote

Coyotes (*Canis latrans*) are one of the most vocal North American canids, having a wide vocabulary of yips, barks and howls. Sometimes confused with wolves, coyotes can be distinguished by their smaller size, more elongated muzzle and more pointed and prominent ears.

The light-colored, thick fur of a coyote can mask its more delicate bone structure and sometimes give it an appearance of being larger than it actually is. Adults weigh 20 to 40 pounds, and males are slightly heavier than females. Overall body length varies between 48 and 60 inches, and the tail measures approximately 16 inches.

Coyotes are serial monogamists and pair for several years, though not necessarily for life. Females become fertile once each year in late winter to early spring. After mating, the pair construct a den, and approximately six pups are born about 63 days later. Young emerge from the den in about two weeks and remain with the parents for six to nine months, after which they disperse. Occasionally, young will remain with the parents and form a small group.

Hunting and Feeding

Most of a coyote's diet is other animals, including carion and insects. Coyotes are opportunistic and will eat large quantities of fruit, seeds, berries and cultivated crops when available. Favoring rabbits, voles and mice, coyotes will prey on deer, usually first-year fawns or a feeble and infirm adult. Coyotes can be livestock predators and may target domestic pets, such as cats and dogs in urban areas.

Coyotes are less social than wolves or domestic dogs and often hunt alone or in mated pairs. Though a coyote cannot overtake a jackrabbit or a pronghorn fawn older than two weeks, a pair can use teamwork to catch and kill more difficult prey, running relays or waiting in ambush while one drives the prey toward the other.

Habitat

Coyotes inhabit most of New Mexico, including urban areas, and can be seen in almost every life zone, from high alpine meadows to lower deserts. Despite programs to reduce populations, coyotes are adaptable and remain common.



Bobcat front and hind paw prints measure approximately 1 1/2 inches high.

Bobcat

Bobcats (*Lynx rufus*), sometimes confused with the lynx, are smaller and more compact in appearance, similar to a large house cat. Though both the bobcat and lynx have erect, tufted ears, the lynx has longer tufts. Bobcats are a brownish color with black spotted flanks, belly and legs. Lynx are taller and longer in appearance and are generally a grayish color. Though both animals have short tails, the bobcat's tail has black bars on top, is white underneath and is white-tipped. The lynx's tail has a black tip and no white underneath. Bobcats have small, hairless feet (up to 2 1/2 inches wide) while lynx have larger, fur-covered feet (3 1/2 to 4 1/2 inches wide).

Bobcats usually mate from February to May, but can be active anytime of the year. Gestation lasts about 60 days, and litters average two to three kittens. Newborns open their eyes in 10 days and are weaned at two months. Kittens may remain with the female until the fall of the following year.

Hunting and Feeding Habits

Bobcats primarily are nocturnal hunters but occasionally hunt during daylight. Bobcats are sight hunters, and in dim light the pupils of their eyes become large and round, aiding their ability to hunt at night.

Like most cats, bobcats hunt by stealth rather than pursuit and may patiently wait by a trail until prey passes nearby. Their diet consists of small and medium-sized prey such as rabbits and other rodents, birds, reptiles or even insects. House pets such as cats or small dogs can fall prey to these predators.

Habitat

Bobcats are found in every county in New Mexico. This highly adaptable member of the cat family can range from sandy deserts in the lower Sonoran zone to high mountains in the alpine. Though elusive and difficult to observe, the bobcat's habitat can include lightly populated urban areas.

Unlike far-ranging cougars, bobcats seldom travel more than a few miles from home and adapt more easily to areas settled by humans. Even a wooded lot in an agricultural area can sustain a pair of bobcats.

Housing Department

Recent News



A volunteer group from Holloman AFB worked on the Windy Point II project. This was a two day project, and as many as 40 volunteers gave their weekend to assist with landscaping the 10 completed homes.

The Mescalero Apache Tribe Housing Department is very appreciative of the volunteers who gave up their weekend.

Thank you!



JULY 24-28, 2023 & AUGUST 3-7, 2023

SCHOOL SUPPLY DISTRIBUTION

**9AM-4PM DAILY
HEAD START - 12TH GRADE
LOCATED AT THE
EDUCATION OFFICE
*CIB REQUIRED IF FIRST
TIME RECEIVING SUPPLIES**

**COLLEGE STUDENTS: SCHOLARSHIPS
WILL BE DISTRIBUTED AUG 4TH. GIVEN
ALL REQUIRED DOCUMENTATION IS
SUBMITTED WITHIN GUIDELINES**

**COME MEET WITH SAN JUAN COLLEGE &
ENMU-R ON 8/12/23, FROM 10-2 AT IMG.
INFORMATION ON WHAT THEY HAVE TO
OFFER TRIBAL MEMBERS WILL BE SHARED**

**PLEASE GIVE US A CALL AT 575-464-4500,
FOR ANY QUESTIONS**



Religion

Mescalero Reformed Church

Willing, Not Able

My daughter sends me videos of my granddaughter, Leiana, playing softball. This isn't her first year of playing, but she hasn't been playing that long. There are twelve little girls on the team, each of them coming from different backgrounds and experience levels, but all of them seem to be eager to learn and try new things on the ball field.

Within a few minutes of throwing, fielding, and hitting everyone could tell there were some girls who clearly had played softball before and there were others who were putting on their glove for the very first time (or at least the first time since last season). Some talked about playing softball with older siblings or their parent in the backyard while others were much more interested in playing in the dirt and rolling in the outfield grass. Regardless of their abilities, I was pleasantly surprised in their willingness to try a new drill, a new way

to hold their glove, or even a new way to swing the bat. These 12 little girls reminded me again of the value in our willingness, not our ability, to try new things.

As a pastor, I often hear the phrase "I'm not any good at ____" or "I'm more comfortable doing ____" or even the over-spiritualized phrase "I'm not gifted in that area" to avoid trying something new. I fully appreciate the fact that God has gifted us all in unique ways to bless the Kingdom of God. Not everyone is gifted to be a teacher. Not everyone is gifted to be a prophet. Not everyone is gifted to be a scientist or a mathematician. However, if we take this thought too far to the extreme (which we often do) we convince ourselves to only do things we're good at and to never try something new in the fear of failing or being exposed as 'weak' in some way (the idea that failing is a weak-

ness is for an entire other letter).

Instead, what if we took a cue from these twelve little softball players who willingly and joyfully tried new things? And, who cares if we fall down and stumble? Who cares if we swing and miss and end up on our back side? We'll stand up, brush the dust off, learn from our mistake, and try again with the support of our teammates. The Psalmist tells us that God desires a 'willing spirit' (Psalm 51:12) and not a begrudging spirit. In other words, God wants us to desire Him willingly, not as if we've been guilt-tripped into serving in His Kingdom.

This is all to say, it's okay if you've never had the opportunity or expectation to speak publicly, you can still try to read scripture on a Sunday morning. It's okay if you've never taught a bible study, but you can learn and try to lead a discussion with a small

group. And it's okay if you don't feel gifted to lead worship, but you can still try to praise God with a joyful noise among the saints in the sanctuary. For a number of reasons, we have convinced ourselves to 'stay in our lane' and only do what we are gifted in, but God desires our willingness to try, to risk failure, and to trust the working of the Holy Spirit in the process of our vulnerability.

Grace & Peace and I can't wait to see you all,
Pastor Mark

Please know that you are always welcome to worship God and experience His mercy at Mescalero Reformed Church, as our arms (and our doors) are open to you if you are looking for a church home or just want to come visit.

Mescalero Reformed
Church
336 Wardlaw Dr.
P.O. Box 188
Mescalero, NM
(575) 464-4471

Visit (and like) our
**Mescalero Reformed
Church Facebook**
page!

Email us at
mescalerorc@gmail.com

Sunday Worship
9:30 - Sunday School
for all ages - Children
and Adults
10:40 - Worship

Opportunities for Fellowship and Encouragement

Women's Bible Study
- every Tuesday at
6:00 pm in the sanctuary.

Women's Gathering -
every Wednesday at
9:00 am in the church
basement.

Men's Bible Study -
every Wednesday at
6:00 pm in the sanctuary.

Youth Group for Middle and High School -
Monday at 6:00 pm.

June



BOYS & GIRLS CLUB
OF MESCALERO APACHE
TRIBE

2023

So much to say about our time we have spent with our Summer Session 1(June) and Session 2(July) in such a little space.

Fun is definitely to say the least that our Club kids had and we want to share a few moment that we captured!!



TOOK THE CLUB KIDS TO THE RODEO CAMP!!

A club member caught two fish @ Firman!!



Fun water Day @ Two Rivers in Ruidoso, NM



Club members participated in fun activities with "WINGS OF AMERICAN"



Mescalero Boys & Girls Club really enjoyed the time we have spent with this group of kids and hope to see them in the in the future!!

THE LAST DAY OF SESSION 1 IN JULY OUR CLUB KIDS WERE SURPRISED WITH PIZZA, BIRTHDAY BASH CAKE/ICE CREAM, AWARDS, AND LASTLY A SPECIAL DANCE PARTY PROVIDED BY ONE OF OUR TALENTED YOUTH STAFF!!
-DJ JADEN STARR



Our Two Perfect Attendance AWARDS: Camelia & Silas



July

2023

MBGC is still taking registration forms for afterschool program. Currently we are full for school session but we do have an open waiting list!! Please contact us @464-9212 for any questions.

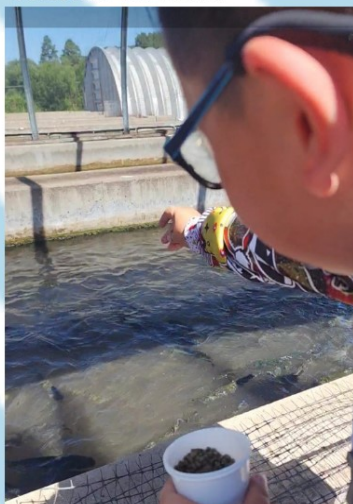
Club is welcoming a whole new set of kids this month.

MBGC staff have planned a variety of trips from swimming, fishing, Wednesdays Language Classes at the Community Library, and visiting parks in the near by areas. Lastly, the Club planned end of Session 2 trip to Sky Zone in Las Cruces, NM and lunch after at Peter Piper Pizza!!



OUR CLUB KIDS VISITED THE FISH HATCHERY

FEEDING THE FISH



CLUB KIDS ENJOYING A DAY AT THE COMMUNITY LIBRARY!



THANK YOU LISA NELSON & YOUTH STAFF FOR THE DELICIOUS PICADILLIES!! THE KIDS ENJOYED IT!!

Unfortunately, our Summer Session 2 is coming to an end. We have had a whole new sets of kids for both months of June and July this summer.

Club was able to reach more of the Mescalero Apache Youth. We hope everyone has a great rest of the summer & we look forward to servicing our new set of Afterschool program kids!.



FISHING DAY

Mescalero Parks & Recreation

Recent News

Please come out and visit us before the Season is over for camping and fishing. End of Season is coming up and we'll be closing both Parks after Labor Day weekend.

Updates:

- Silver Lake - New Water System in place and we've been busy on weekends
- Eagle Creek- has been doing great with fishing, plenty of locals that come fishing daily
- Mescalero Cabin's - Closed

Parks would like to say Thank you to Percy Platta for catching all the late fees after weekends are over.

Lastly, Tribal members are strongly encouraged to bring their Tribal IDs to any of the Park entrances. This will be very helpful to our staff at the gate.

Any questions please contact the Parks & Rec. Office at 575-464-2988.

'Ixehe!



Looking for a top quality,
low price shed? I can help.
Call me for pricing and de-
livery.

Visit me online at [Storage
Sheds For Sale Peralta, NM](http://StorageShedsForSalePeralta,NM)
| Sheds of Peralta
(valenciacountysheds.com)

An advertisement for Eagle Carports. It features a large, modern metal carport with a blue roof and white walls, situated on a grassy area with trees in the background. The text "EAGLE CARPORTS" is prominently displayed in large, bold, purple letters at the top. Below it, the name "Brenda Lopez" and the phone number "(505) 908-8785" are listed. At the bottom, the text "Specializing in custom building, fast and friendly service & built to last." is written in a smaller font.

Mescalero CHR Program

Recent News

National Grief Awareness Day.

National Grief Awareness Day is observed on August 30th every year and is a day designed to raise awareness about the grieving process and the time it takes for a person to heal from a tragic loss. It's a day which people can reach out to someone who is experiencing grief or just take the time to learn more about the grieving process. Grief is an emotion that affects us all at one point or another, so this is an important day for people to help those in need.

Loss can be among the most challenging human experiences an individual faces. Coping with grief is seldom easy, whether you've lost a loved one or something you valued.

While grieving is expected for almost everyone, the intense emotions accompanying it are often less anticipated. While everyone grieves differently and on their own timeline, we can often use similar methods to care for ourselves while we heal.

How Long Does Grief Last?

People heal from grief at their own pace. There's no set timeline for how long the grieving process should last or how much time is too much.

Grief may come and go over the years in little or big waves, or you might experience it all at once. When waves hit, it isn't a sign of moving backward but a normal part of grieving.

While almost everyone grieves differently and for varied lengths of time, research shows most people experience a peak in their symptoms at the six-month mark, particularly after the death of a loved one.

Effects of Grief.

Grief can affect your physical and mental health in small and more significant ways. Symptoms might be physical, emotional. Or behavioral. Below are some unseen effects of grief, broken down by category.

- **Physical effects:** Weight change, tension throughout the body, and sleep issues are all potential symptoms of grief. You may experience weight loss from being unable to eat, or you may overeat and gain weight. Stress may cause your shoulders to tighten and tense throughout the day, leading to pain. Insomnia might keep you up at night, or you may find that you oversleep or can't get out of bed in the morning.
- **Behavioral effects:** If you're grieving, some behavioral affects you might notice are forgetfulness, talking a lot about who or what you lost, withdrawing from previously enjoyed activities, and worrying more about other people. You might be unable to concentrate on whatever is in front of you, leading to forgetfulness as you move throughout the day. Talking about what you lost or telling stories about memories with your loved one is also common. If you're experiencing depression, you may withdraw from hobbies or interests you once had. The energy needed to participate in these activities might not be there. In addition, if your grief causes you anxiety, you may begin to worry about the safety or well-being of your other loved ones. After all, you don't want to lose anyone else. Knowing when to reach out to a professional while grieving can help. It's expected to experience a wide range of intense and complex emotions, but some signs can indicate that you might need extra

support. For example, developing anxiety or depression that doesn't allow you to function normally throughout the day is cause for concern. And any type of suicidal thoughts or ideation should also be discussed with a mental health expert. Grief is a process you don't have to go through alone. During this time, your emotions might feel numb. However, once you move past the denial stage, all the feelings you were holding in might come out at once. Moving rapidly from one emotion to the next is normal, and it usually helps to let yourself feel each of them. Since everyone feels different things during their grief, no emotion is abnormal or something to be ashamed of.

- **Emotional effects:** Depression, guilt, anxiety, anger, and loneliness are all common emotions experienced by people who have lost someone or something important to them. You may have a time when you deny the loss as a subconscious way of trying to defend yourself.

Give it time. Since there's no set timeline for grieving, your loved one may experience grief for longer than expected. They may still need your support in the following days, weeks, and months.

Offer support. People are grieving might feel unable to complete daily tasks or perform everyday activities. You may be able to help by asking your loved one what their needs are at that moment. Not everyone will need a listening ear or shoulder to cry on.

Ask How they are doing. It can be easy to make assumptions about how a loved one feels, especially if you know them well. However, the grieving process is unique, and emotions can change. So rather than assuming someone is okay or struggling, you might ask them. They may not be ready to open up, but their response may help indicate their feelings.

Help them get support. Join a support group or practice self care. There is always help out there. Reach out our office is open from 8 to 4:30 Monday through Friday (575)464-9256

A message from the Mescalero CHR Program.

Looking for a top quality,
low price shed? I can help.
Call me for pricing and de-
livery.

Visit me online at [Storage
Sheds For Sale Peralta, NM](http://StorageShedsForSalePeralta,NM)
| Sheds of Peralta
(valenciacountysheds.com)



SHEDS of PERALTA

Brenda Lopez (505) 908-8785
3580 State Highway 47 Peralta, NM 87042
Customizing In: Sheds, Carports, Metal Garages &
Shed Deliveries

Hoagies with Heroes

Carrizo Child Care



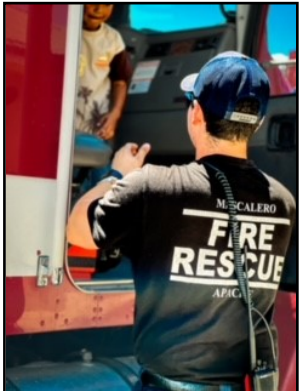
"Hoagies with our Heroes" held at the Carrizo Child Care was a great success and the children loved it as well as the personnel. We would like to thank Mescalero Fire Rescue, Mescalero BIA Police, Mescalero Conservation, Mescalero BIA Wildland Fire Fighters for coming out and having lunch with the children, and showing them all the different engines and units from each department.

We would also like to acknowledge a few tribal members from the Lincoln County Sheriff that weren't able to attend.

Thank you all for everything you do to help keep our community safe.

-Carrizo Child Care Staff & Children





Four Directions Treatment & Recovery Center

Coping with Grief and Loss

Whatever type of loss you've suffered, there's no right or wrong way to grieve. But by understanding the stages and types of grief, you can find healthier ways to cope.

What is Grief?

Grief is a natural response to loss. It's the emotional suffering you feel when something or someone you love is taken away. Often, the pain of loss can feel overwhelming. You may experience all kinds of difficult and unexpected emotions, from shock or anger to disbelief, guilt, and profound sadness. The pain of grief can also disrupt your physical health, making it difficult to sleep, eat, or even think straight. These are normal reactions to loss - and the more significant the loss, the more intense your grief will be.

Coping with the loss of someone or something you love is one of life's biggest challenges. You may associate grieving with the death of a loved one - which is often the cause of the most intense type of grief -

but any loss can cause grief, including:

- Divorce or relationship breakup
- Loss of health
- Losing a job
- Loss of financial stability
- A miscarriage
- Retirement
- Death of a pet
- Loss of a cherished dream
- A loved one's serious illness
- Loss of a friendship
- Loss of safety after a trauma
- Selling the family home

Even subtle losses in life can trigger a sense of grief. For example, you might grieve after moving away from home, graduating from college, or changing jobs.

Whatever your loss, it's personal to you, so don't feel ashamed about how you feel, or believe that it's somehow only appropriate to grieve for certain things. If the person, animal, relationship, or situation was significant to you, it's normal to grieve the loss

you're experiencing. Whatever the cause of your grief, though, there are healthy ways to cope with the pain that, in time, can ease your sadness and help you come to terms with your loss, find new meaning, and eventually move on with your life.

The grief of losing a loved one

Whether it's a close friend, spouse, partner, parent, child, or other relative, few things are as painful as losing someone you love. After such a significant loss, life may never seem quite the same again. But in time, you can ease your sorrow, start to look to the future, and eventually come to terms with your loss.

The grieving process

Grieving is a highly individual experience; there's no right or wrong way to grieve. How you grieve depends on many factors, including your personality and coping style, your life experience, your faith, and how significant the loss was to you.

Inevitably, the grieving process takes time. Healing happens gradually; it can't be forced or hurried - and **there is no "normal" timetable for grieving.** Some people start to feel better in weeks or months. For others, the grieving process is measured in years. Whatever your grief experience, it's important to be patient with yourself and allow the process to naturally unfold.

Myths and facts about grief and grieving

How to deal with the Grieving process

While grieving a loss is an inevitable part of life, there are ways to help cope with the pain, come to terms with your grief, and eventually, find a way to pick up the pieces and move on with your life.

- Acknowledge your pain.
- Accept that grief can trigger many different and unexpected emotions.
- Understand that

your grieving process will be unique to you.

- Seek out face-to-face support from people who care about you.
- Support yourself emotionally by taking care of yourself physically.
- Recognize the difference between grief and depression.

What are the five stages of Grief?

In 1969, psychiatrist Elisabeth Kubler-Ross introduced what became known as the

Myth: The pain will go away faster if you ignore it

Fact: Trying to ignore your pain or keep it from surfacing will only make it worse in the long run. For real healing, it is necessary to face your grief and actively deal with it.

Myth: It's important to "be strong" in the face of loss.

Fact: Feeling sad, frightened, or lonely is a normal reaction to loss. Crying doesn't mean you are weak. You don't need to "protect" your family or friends by putting on a brave front. Showing your true feelings can help them and you.

Myth: If you don't cry, it means you aren't sorry about the loss.

Fact: Crying is a normal response to sadness, but it's not the only one. Those who don't cry may feel the pain just as deeply as others. They may simply have other ways of showing it.

Myth: Grieving should last about a year.

Fact: There is no specific time frame for grieving. How long it takes differs from person to person.

Myth: Moving on with your life means forgetting about your loss.

Fact: Moving on means you've accepted your loss - but that's not the same as forgetting. You can move on with your life and keep the memory of someone or something you lost as an important part of you. In fact, as we move through life, these memories can become more and more integral to defining the people we are.

“five stages of grief.” These stages of grief were based on her studies of the feelings of patients facing terminal illness, but many people have generalized them to other types of negative life changes and losses, such as the death of a loved one or a break-up.

The five stages of grief

Denial: “This can’t be happening to me.”

Anger: “*Why* is this happening? Who is to blame?”

Bargaining: “Make this not happen, and in return I will ____.”

Depression: “I’m too sad to do anything.”

Acceptance: “I’m at peace with what happened.”

If you are experiencing any of these emotions following a loss, it may help to know that your reaction is natural and that you’ll heal in time. However, not everyone who grieves goes through all of these stages - and that’s okay. Contrary to popular belief, **you do not have to go through each stage in order to heal.** In fact, some people resolve their grief without going through *any* of these stages. And if

you do go through these stages of grief, you probably won’t experience them in a neat, sequential order, so don’t worry about what you “should” be feeling or which stage you’re supposed to be in.

Kubler-Ross herself never intended for these stages to be a rigid framework that applies to everyone who mourns. In her last book before her death in 2004, she said of the five stages of grief: “They were never meant to help tuck messy emotions into neat packages. They are responses to loss that many people have, but **there is not a typical response to loss, as there is no typical loss.** Our grieving is as individual as our lives.”

Grief can be a roller coaster

Instead of a series of stages, we might also think of the grieving process as a roller coaster, full of ups and downs, highs and lows. Like many roller coasters, the ride tends to be rougher in the beginning, the lows may be deeper and longer. The difficult periods should become less intense and shorter as

time goes by, but it takes time to work through a loss. Even years after a loss, especially at special events such as a family wedding or the birth of a child, we may still experience a strong sense of grief.

Symptoms of grief

While loss affects people in different ways, many of us experience the following symptoms when we’re grieving. Just remember that almost anything that you experience in the early stages of grief is normal - including feeling like you’re going crazy, feeling like you’re in a bad dream, or questioning your religious or spiritual beliefs.

Emotional symptoms of grief

Shock and Disbelief.

Right after a loss, it can be hard to accept what happened. You may feel numb, have trouble believing that the loss really happened, or even deny the truth. If a pet or someone you love has died, for example, you may keep expecting them to show up, even though you know they’re gone.

Sadness. Profound sadness is probably the most universally experienced symptom of grief. You may have feelings of emptiness, despair, yearning, or deep loneliness. You may also cry a lot or feel emotionally unstable.

Guilt. You may regret or feel guilty about things you did or didn't say or do. You may also feel guilty about certain feelings (feeling relieved when a person died after a long, difficult illness, for example.) You may even feel guilty for not doing more to prevent your loss, even if it was completely out of your hands.

Fear. A significant loss can trigger a host of worries and fears. If you've lost your partner, your job, or your home, for example, you may feel anxious, helpless, or insecure about the future. You may even have panic attacks. The death of a loved one can trigger fears about your own mortality, of facing life without that person, or the responsibilities you now face alone.

Anger. Even if the loss was nobody's

fault, you may feel angry and even resentful. If you lost a loved one, you may be angry with yourself, God, the doctors, or even the person who died for abandoning you. You may feel the need to blame someone for the injustice that was done to you.

Physical symptoms of grief

We often think of grief as a strictly emotional process, but grief often involves physical problems, including:

- Fatigue
- Nausea
- Lowered immunity
- Weight loss or weight gain
- Aches and pains
- Insomnia

Types of grief

Since the experience of grieving following the loss of someone or something important to you tends to be unique to you, it's difficult to label any type of grief as either "normal" or "abnormal". However, there are types of grief that fall outside the expected symptoms and reactions described above. These include:

Anticipatory Grief

As the name suggests, anticipatory grief develops before a significant loss occurs rather than after. If a loved one is terminally ill, for example, you have an aging pet, or you know that your retirement or job loss is imminent you may start grieving your loss before it has fully unfolded.

Like conventional grief, anticipatory grief can involve a mix of confusing emotions, particularly anger. Some people even equate it to giving up hope and refuse to allow themselves to grieve before their loss has occurred. However, anticipatory grief can also give you chance to prepare for your loss, resolve any unfinished business, or say your goodbyes, for example.

Disenfranchised grief

Disenfranchised grief can occur when your loss is devalued, stigmatized or cannot be openly mourned. Some people may minimize the loss of a job, a pet, or a friendship, for example as something that's not worth grieving over. You may feel stigmatized if you suffered a miscarriage or lost a loved



one to suicide.

Disenfranchised grief can also occur when your relationship to a deceased is not recognized. Some people may consider it inappropriate to grieve for a work colleague, classmate, or neighbor for example. As a close friend or same-sex partner you may be denied the same sympathy and understanding as a blood relative. This can make it even more difficult to come to terms with your loss and navigate the grieving process.

Complicated grief

The pain of a significant loss may never completely disappear, but it should ease up over time. When it doesn't - and it keeps you from resuming your daily life and relationships - it may be a sign of complicated grief.

Complicated grief usually arises from the death of a loved one, where the loss has left you stuck in a state of bereavement. You may be unable to accept your loved one has gone, search for them in familiar places, experience intense longing, or even feel that life isn't worth living.

If you're experiencing complicated grief and the pain from your loss remains unresolved, it's important to reach out for support and take the steps that will enable you to heal.

Seeking support for grief and loss

The pain of grief can often cause you to want to withdraw from others and retreat into your shell. But having the face-to-face support of other people is vital to healing from your loss. Even if you're not comfortable talking about your feelings under normal circumstances, it's important to express them when you're grieving.

While sharing your loss can make the burden of grief easier to carry, that doesn't mean that every time you interact with friends and family, you need to talk about your loss. Comfort can also come from just being around others who care about you. The key is not to isolate yourself.

Turn to friends and family members.

Now is the time to lean on the people who care about you, even if you take pride

in being strong and self-sufficient. Rather than avoiding them, draw friends and loved ones close, spend time together face to face, and accept the assistance that's offered. Often, people want to help but don't know how, so tell them what you need - whether it's a shoulder to cry on, a listening ear, or just someone to hang out with. If you don't feel you have anyone you can regularly connect with in person, it's never too late to build new friendships.

Accept that many people feel awkward when trying to comfort someone who's grieving. Grief can be a confusing, sometimes frightening emotion for many people, especially if they haven't experienced a similar loss themselves. They may feel unsure about how to comfort you and end up saying or doing the wrong things. But don't use that as an excuse to retreat into your shell and avoid social contact. If a friend or loved one reaches out to you, it's because they care.

Draw comfort from your faith. If you follow a religious tradi-



tion, embrace the comfort its mourning rituals can provide. Spiritual activities that are meaningful to you - such as praying, meditating, or going to church - can offer solace. If you're questioning your faith in the wake of the loss, talk to a clergy member or others in your religious community.

Join a support group. Grief can feel very lonely, even when you have loved ones around. Sharing your sorrow with others

who have experienced similar losses can help. To find a bereavement support group in your area, contact local hospitals, hospices, funeral homes, and counseling centers.

Talk to a therapist or grief counselor. If your grief feels like too much to bear, find a mental health professional with experience in grief counseling. An experienced therapist can help you work through intense emotions and overcome obstacles to you

grieving.

*By Melinda Smith, M.A.,
Lawrence Robinson and
Jeanne Segal, Ph.D.*

Contact Four Directions Treatment &

Recovery Center

Phone (575) 464-4432

Fax (575) 464-4331

107 Sunset Loop –

P.O. Box 228

Mescalero, NM

88340



MESCALERO BAPTIST

GAMES! CHURCH FOOD!

FAMILY NIGHT

FRIDAY AUGUST 11TH

BINGO! 6PM-9PM FUN!

“AS THE FATHER HAS
LOVED ME, I HAVE ALSO
LOVED YOU. REMAIN IN MY
LOVE.

JOHN 15:9 HOSTED BY MBC

EVERYONE WELCOME YOUTH

Mescalero Gas Company

Recent News



222 Chiricahua Plaza, Mescalero NM 88340

(575)464-4323

Facebook: [Mescalero Gas](#)

Business Page: [Mescalero Gas Company](#)

Office Hours: [Monday-Friday 8:00am-4:30pm](#)

Kiosk Hours: [Sunday-Saturday 7:00am-5:00pm](#)

The Mescalero Gas Company thanks all our customers, we appreciate each & every one of you. We would like to inform everyone that our Facebook page is where you can find our prices and important updates. A

friendly reminder to please check your tank to ensure that tanks aren't running empty during the winter, we suggest calling for gas between 15%-20% or more. That way in any unforeseen delays the customers always have gas. Also, the summer is the time to try to fill your tank as prices are

lower and as we get closer to winter prices will increase with market change. We would like to let everyone know that we are exploring our options for increasing fuel tank hold capacity to then add more pumps to help the overflow of new customers by trying to decrease the wait time at the pumps. We thank you for your patience and your business.

Mescalero's Fish Importance and the Use Live Bait Use

Recent news provided by Shelby Schroeder, DRMP Environmental Protection Specialist

Fishing is a multipurpose recreational sport. Whether it be for food sources, entertainment, or family bonding, fishing is something that can provide benefits for nearly everyone. Proper fishing practices should be considered, and regulations followed, despite the reasons for fishing.

The most important regulation is no use of live bait. Live bait negatively impacts the ecosystems, habitats, and longevity of other species in the water resources. Some of the species found in the area, such as the Rio Grande Cutthroat, are native species that should be protected.

Figure 1. Native Rio Grande Cutthroat Trout. <https://www.wildlife.state.nm.us/fishing/native-new-mexico-fish/rio-grande-cutthroat-trout/>

.us/fishing/native-new-mexico-fish/rio-grande-cutthroat-trout/

When live bait is used, it will inhabit the ecosystem. As these species reproduce, unnecessary competition for food resources occurs. An example of invasive species found in Mescalero is the carp that inhabit Mescalero Lake. Carp negatively impact water quality by stirring up phosphorus-based sediments. Phosphate is a trigger for blue-green algae growth. Carp also eat a significant amount of food resources, affecting trout populations.

Golden shiners are another example of invasive species caused by live bait usage. Golden shiners have a harmful impact on small plant life

(microzooplankton) that are essential for the survival of aquatic ecosystems. These have been identified in several of Mescalero's lakes including Mescalero Lake, Eagle Lake, and Silver Lake.

Figure 2. Invasive Carp. <https://caughtovgard.com/wp-content/uploads/2018/06/Carp.jpg>

Figure 3. Invasive Golden Shiner. <https://nas.er.usgs.gov/queries/FactSheet.aspx?speciesID=579>

Other important practices for catch and release style fishing:

Do not move a fish from one body of water to another. This can also introduce a nonnative species to an ecosystem in which



Figure 1



Figure 2

a native species will be outcompeted. Rainbow trout are nonnative and can crossbreed with Rio Grande Cutthroat. This will eventually lead to the extirpation (local extinction) of native fish.

Always wet hands before handling fish. Fish have a protective coating on their scales which can be removed if the fish are handled with dry hands.

Never hold trout by the mouth (like bass) or by the gills. This can seriously injure and kill the fish. Always hold trout on the main portion of the body, behind the gills.

Keep the fish in the water as much as possible. Use a net to secure the fish and try to remove the hook while keeping the fish in the net. This will minimize stress and maximize survival chances.

If the fish is showing signs of stress upon release, hold the fish upright facing the lake. Slowly stroke the fish along the “belly” from head to tail. Allow the fish to dictate when it is ready; it will swim off on its own. Do not allow the fish to float upside down, it will likely die.

Most importantly, enjoy and respect the resources that fishing can provide!

Please see the regulation from the Tribal Code below:

“15-6-6. PERMISSIBLE FISHING EQUIPMENT

A. Fishing Lines. Fish shall be taken only with one (1) line containing not more than two (2) hook, one (1) line with one (1) artificial lure that may contain more than one (1) hook, or one (1) line with two (2) artificial lures or flies that contain only one (1) hook each.

B. Baits. The use of minnows, crayfish, waterdogs, (live or dead) is prohibited on all waters designated for trout fishing. Any other common trout bait or lures are permitted.”

See Tribal Code page 300-303 for complete fishing regulations.



Figure 3





MESCALERO APACHE EARLY CHILDHOOD PROGRAM

presents the

MESCALERO MONTESSORI a Pre-Kindergarten program for children ages 3-4.

We will only be able to register
8 students in our first year, succeeding
names will be placed on the waitlist.

Applications will be made at the Early
Childhood building beginning 31 July 2023
and selections will be done as blind and
random drawings of applications submitted.
One application per child. Drawing will be
held on 15 August. Selections will be
notified via phone call and announced on
the Early Childhood Facebook page. Call us
at 575.937.6365 for questions.

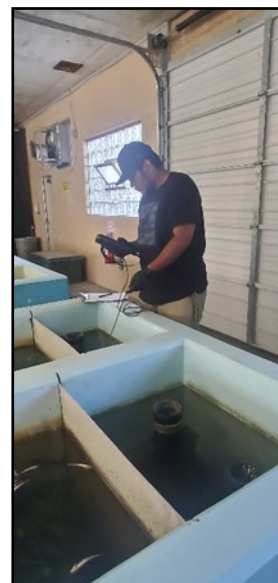
Mescalero Tribal Fish Hatchery

News & Activities June–July 2023

The hatchery set up a booth at the Youth Fishing Day at Grindstone Lake. It was an event for youth to fish, participate in fun outdoor activities, take boat rides, visit a variety of vendor booths and pick up goodies. The hatchery set up a booth that showed different sizes of live rainbow trout. The youth really enjoyed looking at a live trout in water and up close.



Hiring summer youth at the hatchery is an experience that can open their eyes to one field of Natural Resources, aquaculture/fisheries. They will also see that there are many other fields they may be interested in. A total of seven youth were put to work at the hatchery this summer. Three of those youth were under the WIOA program. All youth worked on projects throughout the hatchery. Some of these projects included feeding fish daily, cleaning tanks and raceways, cleaning spring catchments, obtaining average lengths of fish and total weights of all fish in a raceway. They also assisted in conducting tours of the hatchery.



Mescalero Tribal Fish Hatchery
PO Box 190 / 234
Trout Loop
Mescalero NM 88340
Office: 575-464-8768



Article submitted by Shelley Belin, Hatchery Manager



MESCALERO APACHE TRIBE
SOCIAL SERVICES DEPARTMENT
P.O. BOX 227
Mescalero, NM 88340



Mescalero Apache Tribe Social Services Program has relocated from the Mescalero Early Childhood Program located at 241 School Circle Dr., to the Assistant Living Building at 454 Lipan Ave. Our program is not setup for a new phone system, but as soon as we are there will be notice set out.

Social Services: Alta M. Branham, Acting Director 575-937-4810 work cell #

Jessalyn Saenz, Social Worker 575-973-1477 work cell #

ICWA/Foster Care: Augusta Williams, ICWA Case Manager 575-973-5028 work cell #

Let us Introduce our Programs

MISSION STATEMENT

**The Department's Mission is to provide quality
Services in a respectful culturally sensitive manner to
Promote individual, family, and community stability
By supporting strengths, positive changes, and
Encouraging growth.**

Social Services provides Child Protective Services & Adult Protection Services (CPS/APS) strive to enhance the safety, permanence and well-being of children and families of the Mescalero Apache Tribe. We believe that a concern for the well-being of children and the elderly community have to extend throughout the reservation, side to side.

Services we provide:

- Foster Care
- Adult Protection Services
- Child Protection Services
- Burial Assistance
- General Assistance
- I.I.M. Accounts



MESCALERO CHILD WELFARE & FAMILY SERVICES

MISSION STATEMENT

**The Safe & Stable Families is
Looking to help families prevent child
Maltreatment, help parents to have their
Children remain safely with their families
As well as ensure permanency for
Children in Foster Care**

Stop by and visit our office or give us a call, whether you're a new beginning family that just needs a little help creating a safe and suitable environment or getting your finances in order. Or your family struggling to keep the family together, food on the table and a warm roof over your head, we can help you get where you need to be as a parent to provide for your family.

ICWA/Foster Care are part of the program that works closely with Social Services the Mescalero Tribal Court and New Mexico CYFD.

Hours of Operations

Monday – Friday (Office)

8:00 A.M. – 4:30 P.M.

**“We investigate
Reports of child
Maltreatment and
Intervene to keep
Children safe.”**

DOG DAYS OF SUMMER

5K/10K WALK OR RUN

GET OUT OF THE HEAT AND
COMPLETE YOUR
CHALLENGE AT OUR FITNESS
CENTER!

INCENTIVES TO
THOSE THAT
COMPLETE THIS CHALLENGE

JULY 20 TO AUGUST 17 2023

CALL 464-4368 FOR MORE INFORMATION

MESCALERO FITNESS CENTER
EXERCISE AND EAT RIGHT

The Living Sober Group

Open AA meeting

"Helping each other to stay sober"



Every Thursday Evenings



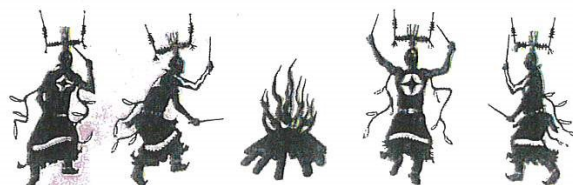
5pm to 6pm

Mescalero Diabetes Program Building

474 Mescal Loop Mescalero, NM

Call (575) 937-0151 for any questions or leave a message

*God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can, and the wisdom to know
the difference.*



The New Mexico Aging and Long-Term Services Department
State Health Insurance Assistance Program (SHIP)

Medicare Counseling

Date and Time:
9am on August 8th

Event Location:
Mescalero Community Center

Street Address:
108 Central Ave.
Mescalero, NM 88340

Get free, unbiased, expert information and assistance with your Medicare Decisions, as well as, help with enrollment from NM Aging and Long-Term Services Department SHIP Counselor.

Please call Alma Morgan at (575)464-4494 to schedule an appointment.

The New Mexico Aging and Long-Term Services Department
State Health Insurance Assistance Program (SHIP)

Medicare Counseling for elders and their families

Date and Time:
6pm on August 8th

Event Location:
Mescalero Care Center

Street Address:
454 Lipan Ave.
Mescalero, NM 88340

Get free, unbiased, expert information and assistance with your Medicare Decisions, as well as, help with enrollment from NM Aging and Long-Term Services Department SHIP Counselor.

Call Directory—Tribal Departments & Programs

Administration Offices	464-4494
Accounting	464-9251
Boys & Girls Club-Mescalero	464-9212
Boys & Girls Club-Carrizo	464-6814
Care Center	464-4802
Cattle Growers	464-4703
Child Care Center-Mescalero	464-9224
Child Care Center-Carrizo	464-3000
CHR	464-9256
Center Maintenance	464-9260
Conservation Law Enforcement	464-9323
Cultural Center & Museum	464-9254
DRMP	464-4711
Early Childhood	464-9328
Education	464-4500
Elderly Center	464-1614
Emergency Management	464-4711
Emergency Rental Assistance (ERA)	464-9216
Fence Crew	464-4711
Fire & Rescue	464-3473
Fish Hatchery	464-8768
Fitness Center	464-4368
Sawmill	464-4720
Four Directions Treatment & Recovery (<i>Rehab</i>)	464-4432

Gas Company	464-4323
Head Start-Mescalero	464-9183
Head Start-Carrizo	464-3492
Health Ed./Diabetes Program	464-6383
Historic Preservation	464-3005
Housing	464-9235
Housing Warehouse	464-9159
Human Resources	464-9276
Land Office	464-4974
Language Program	464-2152
Library	464-5010
MATI	464-4039
Parks & Recreation	464-2988
Patient Benefits	464-9232
Prosecutor's Office	464-9205
Prevention Program	464-4516
Public Defender's	464-9213
Social Services	464-9328
Swimming Pool	464-9248
Tribal Court	464-0414
Tribal Maintenance	464-9289
Tribal Roads	464-4311
Tribal Store	464-9319
Tribal Utilities	464-0254
VAWA	464-0079
WIOA	464-9217

Call Directory—Most Used Numbers

Assembly of God	464-4747
Baptist Church	464-4659
Reformed Church	464-4471
St. Joseph's Mission	464-4473
BIA Offices:	
Facilities	464-4282
Forestry	464-4419

East L.A.	464-4549
Old Road	464-4674
IHS	464-4441
Inn of the Mountain Gods	464-7777
Mescalero Post Office	464-4550
Mescalero Schools	464-4431
Ruidoso Schools	(575) 630-7000
Tularosa Schools	(575) 585-8800
WIC Office	464-0932

***Updated 5/19/23**



FOR ALL EMERGENCIES DIAL:
9-1-1 OR DISPATCH 575-464-4479



Mescalero Apache Tribe

Apache Scout
P.O. Box 227
108 Central Avenue
Mescalero, NM 88340

Phone: 575-464-4494
Fax: 575-464-9220
E-mail: elapaz@mescaleroapachetribe.com

Bulk Rate

Non-Profit Organization

Permit #1

Mescalero, NM

88340



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