



2019 Summer Youth Academy DRMP & Youth Development Program



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Heading picture: Student interns of 2019 Summer Youth Academy.

**OCT. DEADLINE:
09/16/19
BY NOON**

The 2019 Summer Youth Academy is coming to an end, with the last day to be August 9, 2019. The Academy is a 6 to 8-week program sponsored by the Division of Resource Management and Protection (DRMP) and the Youth Development Program. It was started 4 summers ago to introduce high school juniors and seniors to career paths in the natural resource fields. This year we had 13 Tribal member student Interns that participated, as well as 2 Assistants that helped oversee the program.

- Ember Cervantes, SYA Assistant
- Kyanne Kowatch, SYA Assistant
- Cora Breuninger, Intern
- Keilan Blaylock, Intern
- Shylo Cochise-Klinekole, Intern
- Jaden Coss, Intern
- Shane Evans, Intern
- Eston Fulsom, Intern
- Landon Kazhe, Intern
- Floyd Klinekole, Intern
- Serenity Klinekole, Intern
- Natalia Morgan, Intern
- Damian Morgan, Intern
- Valeen Muniz, Intern
- La Mona Victor, Intern

We kicked off this year's Summer Youth Academy with a one-week Discovery Camp that was held at the Inn of the Mountain Gods in partnership with the US Forest Service, Society for Range Management, Southwest Indian Polytechnic Institute (SIPI), Animo Partnerships, and the Mescalero Tribal Fish Hatchery. The Discovery Camp brought approximately 25 Native American students from SIPI, who were joined by our Tribal students, to learn problem-solving skills and apply science to



The Youth Development program and DRMP would like to thank all the partners that helped make this year's Summer Youth Academy a success!!



the study of natural resources.

Following the Discovery Camp, our Tribal students participated in the Gathering of Native Americans, which was sponsored by the Prevention Program. The interns heard different Apache stories, how historic trauma has impacted native peoples, and learned coping skills to help overcome the trauma.

The Interns also worked with the Archaeology staff of the Lincoln National Forest and the Tribal Historic Preservation Office and gained basic archeology skills, including learning how to read a topographic map and use a compass, basic orienteering, surveying, recording and sketching sites, and excavation. Following is a link to a PBS Video Story on the Forest Service Passport in Time (PIT) project "Scanning for History II" at Baca Campground and its surrounding area: <https://www.youtube.com/watch?v=BdZtguiaZd4>.

The students participated in the Annual 4th of July Parade and the

3rd Annual Environmental Fair and River Clean-Up. They also gained skills in using Geographic Information Systems (GIS) as they worked with the GIS Department to map all the residential playgrounds in Mescalero, so we can apply for grant funding to renovate and upgrade the playgrounds. They are currently spending the last few weeks of their summer program assisting the Range and Watershed Management Section of DRMP with various projects. The range projects include installation of a wildlife guzzler to provide water for wildlife, planting native seed to restore range conditions, planting Ponderosa pine in an area impacted by dwarf mistletoe, and planting wild plants such as Sumac, Mountain Mahogany, and Winterfat seedlings grown in the Tribal Greenhouse for cultural and wildlife browse purposes.

Photographs to the right are from our Summer Youth Academy Interns working out in the field:





2019 USFS Summer Youth



From L to R are Kenan Zuazua, Caleb Chee and Payton Kazhe. All three young men spent the first three weeks of their summer work experience with the USFS on the Lincoln National Forest of Southern New Mexico.



Caleb, Payton and Kenan stand with their USFS crew for this picture along the Pecos River in Roswell NM. They visited the Bitter Lake Ntl. Wildlife Refuge also in Roswell. They were given an educational tour of the visitor's center, the dry wetlands and some of the sink holes.

Here, Payton and Caleb are working on trail rehabilitation in Cloudcroft, NM. They added posts to restrict vehicle access on the trails.



Kenan assisted some volunteer engineers with adding fence wire to an area below a bridge in Cloudcroft, NM. The purpose for adding the wire is to fill it with rocks to help reduce soil erosion. The name of the volunteer group was called “Rails to Trails”.

Once again in Cloudcroft, NM they assisted other seasonal USFS Employees in trail rehab.



Clockwise from top, are Payton, Ben, Kenan and Caleb. The young men spoke highly of Ben, a seasonal forest service employee who hails from Idaho. They worked with Ben throughout the 4 weeks and looked to him as their mentor for the summer.

Payton, Kenan and Caleb participated in a wide variety of projects in such a short time with the Forest Service. They thoroughly enjoyed their work experience on the Lincoln.

16 Signs of Emotional Abuse in a Relationship

Mallory Black, Diné, StrongHearts Native Helpline

No one expects to find themselves in an abusive relationship. Most relationships begin in a good way with kind words and compliments, but they can turn harmful and emotionally abusive at any time.

Emotional abuse is a type of [domestic violence](#) that often flies under the radar, but it should always be taken seriously as a form of abuse. When emotional abuse is present in a relationship, a partner will criticize, threaten or isolate their partner as a way to manipulate and control them. Emotional abuse can be degrading, humiliating and terrifying, often leaving long-lasting scars on one’s spirit and self-esteem.

So, how do you know if you’re in an abusive relationship? What can you do when a loved one is being emotionally abused? Let’s start with recognizing the tactics of emotional abuse.

SIGNS OF EMOTIONAL ABUSE

In an intimate relationship, **emotional abuse** can look like

when a partner:

- Constantly calls you hurtful or degrading names, insults you or criticizes you
- Acts extremely jealous or possessive of you
- Humiliates you in any way, or shames you
- Isolates you from your family, friends or community
- Blocks you from making new friends or joining social groups
- Ignores your presence for several hours, days or weeks
- Refuses to listen, speak or respond to you (ex. silent treatment)
- Explodes in anger toward you or is constantly angry at everything you do
- Pressures you to commit and becomes angry or sulks when you don’t commit
- Threatens to hurt you or themselves, or uses weapons to scare you
- Threatens to hurt

your children, family members or pets

- Threatens to take your children away from you or call child protective services (CPS) on you
- Repeatedly lies about where they are, what they’re doing or who they’re with
- Calls you “crazy,” “too sensitive,” or denies abuse is happening when confronted (ex. [gaslighting](#))
- Cheats on you or flirts with other people to intentionally hurt you
- Accuses you of cheating in the relationship

When emotional abuse is present in a relationship, you may feel off-balance, like you’re walking on eggshells, or question your judgment more than usual. This is because an abusive partner uses harmful behaviors like the tactics above to manipulate and control their partner so they feel powerless. That’s why it is so important to trust your instincts when your partner does or says

something that doesn't feel right to you.

Emotional abuse is extremely dangerous and detrimental to a person's wellbeing and often has lifelong psychological effects. An abusive partner's behavior is likely to escalate as time goes on, and they will often use emotional abuse in combination with other abuse types and tactics to obtain and maintain power in the relationship.

People in abusive relationships tend to blame themselves for the abuse or believe they must have done something to deserve the criticism or attacks. No one ever deserves to be abused. And no matter the abusive partner's [reasoning for the abuse](#), domestic violence [goes against our traditional ways](#) as Native people. It is never acceptable to hurt a partner or spouse in any way.

IS ARGUING ABUSIVE?

In every relationship, partners can expect to disagree from time to time. **Arguments are a normal part of any relationship, but abusive behavior is not.**

In a healthy relationship, each partner

must commit to being honest, communicating, and trusting the other person. Each partner must work to maintain healthy communication and avoid hurting the other person emotionally, spiritually and physically. Above all, each partner must show respect in the relationship, especially when disagreements arise.

In an abusive relationship, any disagreement can escalate into emotionally or physically abusive behavior. Remember, there is never an excuse for abuse.

GETTING HELP

Recognizing the signs of emotional abuse is the first step to getting help. If you or someone you know is being hurt in your relationship, know that you are not alone. There are people who want to support you, including advocates at the StrongHearts Native Helpline.

By calling 1-844-7NATIVE (762-8483), you can [connect anonymously with a Native advocate](#) who can offer a listening ear and support with whatever is happening in your relationship. You can

share as much as you feel comfortable, and our advocates will listen without judgment or blame.

The StrongHearts Native Helpline is available daily from 7 a.m. to 10 p.m. CST. Advocates also offer crisis intervention, assistance with finding ways to stay safe, and a connection to Tribal and Native domestic violence resources, if needed. We can also assist concerned friends or family members with ways to help a loved one who is being abused, as well as people who are worried they might be abusing their partner.

It can also be incredibly helpful to lean on family members and your cultural roots for support. Never forget that you have the strength and courage of your ancestors, too, who dreamed of a world where every one of their relatives would live in safety, happiness and in harmony. You deserve to feel safe in your relationship, no matter what.



In an intimate relationship,
emotional abuse can look like:

- ACTING EXTREMELY JEALOUS OR POSSESSIVE
- HUMILIATING OR SHAMING YOU
- THREATENING TO HURT YOU OR THEMSELVES
- REPEATEDLY LYING TO YOU OR DECEIVING YOU
- CHEATING ON YOU TO INTENTIONALLY HURT YOU



STRONGHEARTS
Native Helpline

tip 411

HELP FIGHT DRUGS.

Text anonymous tips to the Bureau of Indian Affairs, Division of Drug Enforcement to fight drug abuse in Indian Country and help keep your tribal communities safe.



A service of

United States Bureau of Indian Affairs,
Division of Drug Enforcement



Elderly Center

Recent News

As the year continues to move, it's hard to believe it is already September. Birthdays come and go, our kids go back to school, and everything continues to move and improve at the elderly center.

Our month will begin with regular monthly activities, some of which include, Casino Day, Fitness Classes, Town Day, Bingo, Creative Arts and Crafts, Movies, Education, Nutrition and a variety of classes that pertain to healthy lifestyle and aging.

Our building opens up at 8:00 am Monday through Friday and we have a breakfast bar complete with coffee, tea, oatmeal, cereal, toast and an occasional treat of milk gravy from the kitchen staff. All elders are welcome to come in relax, socialize or watch the morning news.

The center also has a sewing room, computer room, puzzle room and laundry service room available for use. Lunch is served daily from 11:00 am to 12:15 Noon.

Elderly center staff is also available to help

tribal elders with a variety of services including advocating, supplemental food stamps, Medicare, Medicaid, SSI, and any issues that an elder may need help resolving. From January to present the center has serviced over 450 elders in this area.

Wednesdays are dedicated to helping any tribal elder who may need simple chores or projects done around their home. Weed cutting, lightbulb changing, or any small chore around the house.

Commodity Food and Food Bank

Each month the center receives commodity food from the Salvation Army in Roswell. This is a federally funded income based program that many elders in the community qualify for. Approximately 86 community elders participate in this program. For those who do not have transportation, the center home delivers the boxes. If you are a tribal elder age 60 or over, you may qualify for the program. You are welcome to come into the center or give

us a call at 464-1614 to get more information. Elders are also taken to the monthly foodbank, this program is for all community members regardless of income and is held during the first week of each month. The days may vary due to holidays or food distribution issues.



Field Trips and Travel

Planning for travel and field trips begins in November and December with a travel planning meeting. During this time, elders are invited to share their ideas regarding places they would like to travel, including conferences or workshops. From their input a monthly "travel wish list" is assembled and travel plans are made according to funding

and feasibility. All elders are invited to the meeting, and it will as always be posted in our monthly calendar.

Home Bound Meals and Congregate Meals

The center serves lunch Monday through Friday from 11:00 to 12:15 noon. All meals are compliant with dietary guidelines for healthy aging and diabetic friendly. Meals include a quality protein and two non-starch vegetables as well as a desert. Mescalero tribal elders 60 and over eat at no cost. We do ask that if you have not registered with the program that you do so with Joy. This helps tremendously with our required reports. July

meals served to home-bound and congregate totaled well over 1,000.



Senior Olympics and Nationals

Mescalero Senior Olympics is inviting all tribal elders to join in on the games. The state games are in the early stages of planning for 2020. It is a national qualifying year. Mescalero Senior Olympics played a successful role in helping

New Mexico win the National Senior Olympic Title, beating out California and Alabama.

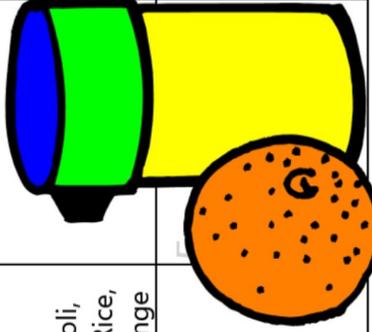
Join in on the fun! Get healthy, make new friends, compete and remember “You don’t stop playing because you grow old, you grow old because you stop playing”.

Open Enrollment

The center has two dates planned to help any tribal elder who may need help with choosing a supplemental coverage plan, check an existing plan or help with Medicare or Medicaid. Elizabeth from ADRC will be at the center on October 29th and November 19th to help.

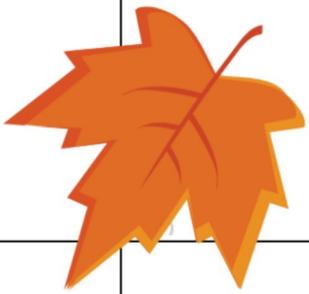
September 2019

Sun Mon Tue Wed Thu Fri Sat

25	26	27	28	29	30	31
1	2	3	4	5	6	7
LUNCH	Center Closed for Labor Day	10:00 Baked Trout, Coleslaw, Carrots, Wild Rice, Berry Mix Cake	Beef Goulash, Garden Salad, Italian Veggies, Garlic Bread, Banana	Pork Chop, Spinach, California Blend, Tortilla	Lima Beans & Ham, Garden Salad, Beets, Cornbread, Pears	
8	9	10	11	12	13	14
	BBQ Chicken, Cauliflower, Broccoli, Corn, WW Roll, Plums	Tamales w/ Red Chile, Rice, Salad, Veggie Mix, Fruit Cocktail w/jell-o	Meat Loaf, Mashed Potato w/ gravy, Roasted Brussel Sprouts, Squash, Strawberries w/ topping, Roll	Cheeseburgers, w/ trimmings, Cucumber, Cantaloupe	Green Chile Beef Posole, Cole Slaw, Carrots, Fry Bread, Mandarin Oranges	
15	16	17	18	19	20	21
	Beef Tips w/ Noodles, Brussel Sprouts, Capri Blend, Roll, Applesauce	Chicken & Veggie Soup, Garden Salad, Crackers, Strawberries & Yogurt	Liver & Onions, Green Beans, Carrots, Potatoes, Tortillas, Fruit Salad	Baked Cod, Broccoli, Coleslaw, Macaroni, WW Roll, Peaches	Pork Chop, Garden Salad, Island Blend, Rice, WW Roll, Grapes	
22	23	24	25	26	27	28
	Turkey Sandwich, Carrots, Veggie Trimming, WW Roll, Grapes	Salisbury Steak, Green Beans, Mediterranean Blend, Mashed Potato, Pears, Yeast Roll	Chicken Salad on Pita Bread, Mixed Veggies, Spinach, Chips, Apples	Shrimp Alfredo, Garden Salad, Italian Blend, Garlic Bread, Peaches	Beef & Broccoli, Carrots, Wild Rice, Mandarin Orange	
29	30	1	2	3	4	
	Lemon Pepper Chicken Garden Salad, Squash, Cornbread, Watermelon					

Menu is subject to change without notice. Homebound meal cancellations please call before 8:00 am to cancel daily lunch. Questions? Call 464-1614 or 464-9326. All meals served with 2% milk.

September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 Daily transportation is available call the center before 8:00 am or let a staff member know the day before.	26 Mescalero Apache Elderly Center Activities. Calendar is subject to change. Questions? Call 464-1614 or 464-9326.					31
1 	2 Center Closed in Observance of Labor Day	3 10:00 Monthly Program Improvement Meeting	4 10:00 Computer Class and Crafting for the Otero County Fair	5 10:00 Crafting for the Otero County Fair	6 10:00 Bingo 1:00 Movie Day in Alamo	7
8	9 10:00 Casino or Crafting	10 10:00 Crafting for the Otero County Fair	11 10:00 Crafting for the Otero County Fair	12 10:00 Field Trip to Gather Hot Root	13 10:00 Bingo Fair Entries Due	14
15	16 10:00 Casino or Crafting	17 10:00 Crafting Holiday Decoration for the National Tree	18 10:00 Crafting Holiday Decoration for the National Tree	19 10:00 Field Trip to the Otero County Fair (bring lunch money)	20 10:00 Bingo	21
22	23 10:00 Casino Day	24 9:00 Fall Prevention Awareness Day	25 10:00 Senior Strength and Stretch	26 10:00 Nutrition Education with Kelly	27 10:00 Bingo	28
29	30 10:00 Casino Day	1	2	3	4	

First Aid and CPR Classes

Mescalero Apache Fire Rescue



Fire Rescue will be offering AHA 1st Aid and CPR classes monthly at Fire Station 1.

Classes will be scheduled every 2nd Wednesday of the month.

Call ahead and reserve your spot.

\$50 per person

Call 575-464-3473 for more information

New furniture!

July 24th, the Care Center received a huge donation from Bill Warner of Warner Gaming. Several new couches, chairs, book shelves and TVs. Staff and patients are enjoying their new furniture. A big thank you to Bill Warner for his very generous donation and Jeff Martin who helped with coordinating!



Mescalero Boys & Girls Club



September Birthday Wishes

- 1st – Ferron 15th- Bryce
- 16th- Jeneah 18th-Abrina
- 20th-Jasper & Zander
- 24th-Teresa 26th-Avin
- 30th – Kylenea

Staff Corner

Congrats to the following employees for celebrating their work anniversaries:

- Beth 3 yrs. (7/12)
- Deandra 3 yrs.(7/18)
- Dominique 3 yrs.(7/25)
- Jenea 1 yr.(7/12)

Birthday Shoutout to Jenea in July and Elmer in August!!!

"May you be proud of the work you do, the person you are, and the difference you make."



June Club Members of the Month:

DAVANA & EZEKIEL

July Club Members of the Month:

NORA & COURAGE

"Give the world your best & the best will come to you!"

What's happening in the Club.....

We officially survived another summer session! Many of our Club kids are here from 7:30 am until we close at 5:00 pm. It takes a lot of energy and ideas to keep the Club members occupied. Thank you to all the parents & guardians for sending your most prized possessions our way. We do create long lasting bonds and have a special place in our hearts for each and every one of the youth we serve. Also, a very big THANK YOU to the staff for going above and beyond this summer. Along with our busy summer session, we also administer the Summer Foods Program. Each day, at least one of our staff members contributed to the Summer Foods Program to ensure we fed the community youth. Whether it was cooking, cleaning, or delivering food & managing a food site, we were able to serve the community. Believe it or not, we are already thinking and planning for next summer.

We ended summer by visiting the El Paso Zoo and the Explora Science Musuem in Albuquerque. A special thank you to the Mescalero & Carrizo Daycare for allowing us to use their vans.

Now that we have started our Afterschool session, we are looking forward to new projects, field trips, community events, and collaborating with all our partners.

T.R.A.I.L We will be continuing our Diabetes Prevention Program and we are happy to report the Carrizo Site will be involved. Due to funding & grant requirements, the Mescalero Site was only allowed to administer the grant. We are excited to begin soon!

Positive Action This curriculum is designed for 4th & 5th graders to teach self confidence, saying NO to drugs & alcohol and teach kids coping skills. Both Mescalero & Carrizo Site will be utilizing this program.

Microsoft Scratch Project Club members at the Mescalero Site will be learning how to code. Maybe some day, they will be able to create an app!!!

Other programs we will be offering is SMART moves, Triple Play, PowerHour & incorporating the Apache Language & Culture.

CARRIZO CLUB NEWS

Phone: 575-464-6814 Email: cbgc@matisp.net



MIXX FIT FUN



Our after-school session is in full swing. During this session, our Club youth will be provided homework help, a full meal and fun, meaningful lessons will be taught. We have a huge emphasis on teaching the Apache language and culture and have been implementing both in our daily lessons.

Club members hit the After-School program running with fun activities here at Club. Pictured to the left the kids are participating in Mixx Fit led by Ms. Angel Aragon.

THAT'S A WRAP

Pictured right are Club and Community members who participated in the Summer Foods program which our Clubs facilitate. We were able to reach an average of 225 children daily.



SUMMERS ARE FOR FRIENDS AND FUN!

Pictured left are a group of friends enjoying one of the many trips we took this summer.

Be somebody who makes everyone feel like a somebody- KidsPresident



SIENCE IS COOL

A group of Club kids exploring all the neat activities that Explora has to offer during our end of summer trip.

GIRLS JUST WANT TO HAVE FUN

this trio is waiting patiently to put their driving skills to the test on the go-cart track during a recent field trip.



CATCH ME IF YOU CAN

Club members racing down the track during our Funtrackers field trip.

Youth Development

Recent News



Our Youth Development Summer Program had the pleasure of spending eight weeks with approximately twenty kids doing fun filled activities and educational field trips.



Every Tuesday the kids enjoyed swimming at the Community Center in the mornings and going to Alamogordo for the free movie in the afternoon. Over the summer we went fishing at Cooley and Ferman where they had fun catching fish and chasing frogs. Mescalero Cabins and Silver Lake were our

summer camping spots. Everyone enjoyed making smores, telling stories, and sleeping under the stars. The

kids did an awesome job doing a 4.5-mile hike in Cloudcroft.

All summer the kids had fun making and baking food. Ruth Wold, from the Mescalero 4-H Club, came in to teach the children about food preservation where they made a homemade fruit roll up, and baking cookies, biscuits, and banana bread from scratch. We had a frybread making class with Erdine Skin where they learned how to make their own dough and cook their frybread. Afterwards, they made an Indian taco from the frybread they cooked themselves.

We visited the Space Museum and IMAX theater in Alamogordo, New Mexico Farm and Ranch Museum in Las Cruces, and Natural History and Science Museum in Albuquerque.

The kids were well behaved and fascinated by all the modern and historical exhibitions.

Overall, it was a fantastic summer making memories with these children. We would like to thank everyone who took the time to come in and teach our kids valuable lessons.



Girl Scouts

What a great summer we have had!



Our girls had an adventure this summer, they went camping at Mescalero Cabins, played in the water and enjoyed the outdoors. They did so much on earning some badges and enjoying a great summer. We are going to miss the fun summer days but we are ready for a great school year with them.

We have changed the meeting days for the school year

to one day out of each month due to a lot of our girls playing sports.

Meeting date:

- ♣ August 21, 2019
- ♣ September 18, 2019
- ♣ October 16, 2019
- ♣ November 20, 2019
- ♣ December 18, 2019

Hours of meeting will be at 6:00pm to 7:00pm.

Our meeting will fall on every third Wednesday of each

month starting August. We are also going to have a bridging ceremony for those girls that are moving up to the next level.

We are also looking for some great leaders who are wanting to get involved with the girl scouts and lead a group. This is on a volunteer bases only. If you are interested on leading a group, please come on in to our office or call us for more info.



4-H

Recent News



September is the big finale for our Mescalero 4-H members. This year several of our members will be exhibiting their Mescalero Apache Cattle Growers steers in the Otero County Fair. This is the 2nd year for the renewed program. Last year we had 4 exhibitors, this year we will have seven! They have been working since November, caring and training their animals for the fair. They spent the better part of the summer rinsing, cleaning and blowing their cattle daily. Sometimes twice daily. Let me break this down, every day, in addition to feeding their projects twice a day and making sure they had fresh water. Our members wet the steers down with cool water and brushed their hair forward. This was the start, after the hair was trained to go in one direction, they then took out the blowers, these look like old-time canister vacuums. Using the blower, members dry the steer until they are com-

pletely dry from their nose to tail, back to hooves. This helps fluff the hair and gives the animal a dressier appearance. These steers will be judged in the show ring on structure, form, and finish. Think of it as a beauty contest for cattle. Last year Mescalero 4-H brought home the award for the Reserve Champion County Bred steer and made a positive impression with their exceptionally behaved steers. We are looking forward to another great fair, full of new experiences and lessons. The Jr. Livestock Market Steer show will be September 20th at 5:30 PM at the Otero County Fair in Alamogordo, NM. Please come and support your local Mescalero 4-H members as they highlight their hard work.

Families interested in joining the Mescalero 4-H program are encouraged to join us at our next meeting, October 7th at 6:00 at Youth Development in the Empowerment Building.



Head Start

Recent News

The Mescalero Apache Head Start Program announces the sponsorship of the Child and Adult Care
(Name of institution/organization)

Food Program. All participants in attendance will be offered the same meals with no physical segregation of, or other discriminatory action against any person, *Non-Discrimination Statement*: If you believe you have been treated unfairly, "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or reprisal or retaliation for prior civil rights activity. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250- 9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

STANDARDS FOR DETERMINING ELIGIBILITY (EFFECTIVE FROM JULY 1, 2018 TO JUNE 30, 2019)

Household Size	FREE			REDUCED		
	Year	Month	Week	Year	Month	Week
1	15,782	1,316	304	22,459	1,872	432
2	21,398	1,784	412	30,451	2,538	586
3	27,014	2,252	520	38,443	3,204	740
4	32,630	2,720	628	46,435	3,870	893
5	38,246	3,188	736	54,427	4,536	1,047
6	43,862	3,656	844	62,419	5,202	1,201
7	49,478	4,124	952	70,411	5,868	1,355
8	55,094	4,592	1,060	78,403	6,534	1,508
For Each Additional Family Member	+5,616	+468	+108	+7,992	+666	+154

Meals will be provided at: *(List center's name and addresses of all sites.)*

Mescalero Apache Head Start Site	Carrizo Head Start Site
Mescalero Child Care Program Site	Carrizo Child Care Program Site
Mescalero Boys & Girls Club Site	Carrizo Boys & Girls Club Site
_____	_____
_____	_____

Media submitted to:

Apache Scout

Date of submission:

August 17, 2018

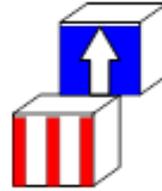


Remembering Rema Pearlyn Spitty

June 10, 1957- June 8, 2019

Head Start Director, 1999-2019

Head Start Employee 1983-2019



The Mescalero Apache Head Start Program would like to honor and recognize Mrs. Rema Pearlyn Spitty for her wonderful service to the Program! Mrs. Rema Pearlyn Spitty worked for the Mescalero Apache Head Start for 36 years. Her passing has been a great loss that has been felt tremendously within the program and by many, many people. One thing is certain, her legacy and all of her hard work will continue to thrive through the Head Start Program.

Mrs. Spitty was a humble leader who was warm, welcoming, and always tried her best. She started with the program in 1983 and became a teacher for the program, she was also a Family Service Manager, and was the Head Start Director for many years since 1999. She was a college graduate from New Mexico State University and was active in and served on the Boards for the National Indian Head Start Di-



rector's Association and for the Southwest Consortium of Indian Head Start Programs. She was very knowledgeable in Early Childhood and in the overall Program Management of Head Start. She helped the program through many Head Start Federal Reviews and helped bring the program a long way, always looking for ways to improve the services from increased hours of school, to building renovations and new buses. She was always willing to share her knowledge and expertise, wanting to not only see the children succeed, but the staff and the overall program, as well.

Even though she faced her health issues, she was very committed to her job and was always

eager to get back to work to ensure a smooth-running program. She valued Head Start and was happy to be blessed in the presence of all the smiling faces of the sweet children, as she would say. Her wish for the program was for the staff to always work hard to provide the children of Mescalero with the best possible loving and caring environment to gain knowledge and grow; with the help from the child's first teachers, their parents.

She did a wonderful job, she was a great mentor, she brought the program a long way, and her absence can be felt greatly. She will be missed. She worked well with many other programs who have stated they will miss her ranging from Early Childhood to many Head Start Programs throughout the state and country.

Shortly after her recovery from illness last year she wrote a letter for the Head Start Newsletter, which in

closing said, "Through it all and by all the continued prayers of people and the grace, love, and healing power of God; I am here today. I would like to thank everyone who kept me in prayer during that ordeal and for

those who still continue to pray for me. Remember Jesus is alive. He loves you and is waiting for you."

Mrs. Spitty was a Child of God and truly loved her family and the children she worked

with and helped so many families on our reservation for numerous years. She continually worked hard and will be missed greatly by all of her family, friends, and colleagues. May She Rest in Peace.

*A humble and notorious leader who always tried her best,
Day in and day out got the job done, ready to ace the test.
Provided a loving and nurturing environment to love and to grow,
Why you were taken too soon from our lives, none of us will ever know.
Through it all your leadership and knowledge were amicable and admirable,
A true inspiration and legacy to cherish, for you were so reliable.
A new school year starts as your absence is felt so dearly,
Time is of essence, we all know this, for it is no query.
As days become months and eventually those will become years,
A day you're forgotten is impossible, please do not fear.
For you inspired the lives of many, young and old,
Your time, your story, your love will be told.
Thank you for your commitment let it remind us of the riches of life,
For we are on borrowed time so live fully and do not fear or strive.
Live each day gracefully, smile, and fill it with laughter,
For legends say that hummingbirds float free of time to live ever after.
Find joy in the little things that make your heart happy,
Take time for yourself, try not to be sappy.
Beauty is everywhere and lives deep inside each person,
Find joy in the little things and brighten someone's day just when it worsens.
Life is rich so hope for blessings of love, peace, joy, and celebration,
Help each other and remember laughter is life's sweetest creation.*




Religion

Mescalero Reformed Church

Little Bo-Peep

Little Bo-Peep has lost her sheep and can't tell where to find them; leave them alone, and they'll come home, bringing their tails behind them.

We haven't read a lot of nursery rhymes in our house lately, but I remember those days when our children had taken to books. We usually read a handful or so every night before bed. Sometimes it was a book about trucks, construction sites, pajama parties, or even the Sesame Street characters teaching about dogs. We also read quite a few books of nursery rhymes like *Little Bo-Peep*, which was one of our favorites. As I think about this brief rhyme, I am filled with the reality of pain and hope for the future.

Little Bo-Peep has lost her sheep, but instead of being encouraged to go after them and search high and low, she's told to leave them alone, and they'll come

home. Typically, this isn't the best advice; I imagine when we lose things we make every effort to find them. We get on our hands and knees looking under the couch. We retrace our steps. We even get in the car and drive to find the lost item, like I did after I left a pair of my granddaughter's glasses at White Sands. More often than not, staying still and waiting for the lost item to come back doesn't work out very well.

It's in this moment I am filled with the reality of pain because I know there are individuals who have been waiting years for friends, family members, children, and loved ones to come back home to faith in Christ, and yet they are still waiting. The loved one continues to wander away. The children are still making the same poor choices. The close friends are still turning their back on the Gospel. It seems as if the lost one will never

come home.

But in this same moment, I am filled with great hope because a lost loved one isn't the same as a lost set of keys or pair of shoes or glasses. A lost set of keys isn't mobile and remains lost, but a lost person has the capability to move. And that's probably why *Little Bo-Peep* remains patient that the moving sheep will find their way back home. Perhaps those who have wandered away from faith in Jesus will find their way home as well. Maybe it's a child who was raised in the faith but somewhere along the way was burned by the church and has now wandered away. Maybe it's an adult who because of great pain and trauma has started to drift away. Maybe it's a faithful attendee of worship who is masking their spiritual apathy. Regardless of how they are wandering, if we remain patient, we can be filled with hope that all of us, by the power of the Holy Spirit, will

find our way home.

It's not our work that will bring back the loved one, but the work of God. So, we pray for the persistent working and presence of the Holy Spirit. We pray that God might give us patience while we wait. We pray that the Spirit might bring us comfort during this already but not quite yet moment. And we pray that the love of Jesus would bring us all back home.

Grace & Peace,
Pastor Mark

Please know that you are always welcome to worship God and experience His mercy at Mescalero Reformed Church. Our arms (and our doors) are open to you if you are looking for a church home or just want to come visit.

Mescalero Reformed Church
336 Wardlaw Dr.
P.O. Box 188
Mescalero, NM
(575) 464-4471

Visit (and Like) our
Mescalero Reformed Church Facebook page!

Email us at
mescalerorc@gmail.com

Sunday Worship

9:30 - *Sunday School for Children (grades 1-12) and Adults*

10:40 - *Worship*

Opportunities for Fellowship and Encouragement

Women's Bible Study
- *first and third Tuesday of each month at 6:00 pm in the sanctuary.*

Women's Gathering -
every Wednesday at 9:00 am in the church basement.

Youth Group for Middle and High School -
Sunday at 4:30 pm.

Kids' Club begins September 12, 2019. This is our after-school program for 1st-5th grade students which will meet on Thursday's at 3:30 pm in the church basement. Come for a fun time of playing, praying, singing, and crafts.



MTTCPP GOALS

- * To promote the respect and the sacred use of tobacco.
- * Increase the knowledge of second-hand smoke.
- * To promote "quitting" program for smoke and non-smoke tobacco products.
- * To increase the knowledge of tobacco usage and the consequences of tobacco.
- * To prevent youth initiation of smoking and smoke-less tobacco products



MTTCPP OFFICE 575-464-4432

Tobacco's Tough Toll on Health



Tobacco-Free: Get the Facts

Tobacco use can cause a variety of negative health effects on the body. Circle the common health effects of tobacco use below. Answers can be forward, horizontal, vertical, or diagonal.

Solve the puzzle below by working each math problem; then use the key to match your answer to the letter in the alphabet. Place the letter in the gray box to reveal three good reasons to remain tobacco-free.

P K C S C W B Q K I D W P U N Q W F K U
 U K T W Z X I P F M Q E M P H Y S E M A
 V X R S O Z C A T A R A C T S O P Q Z X
 U C E W N O J D K P E O F J Y Z F Y W O
 N H C C A D Y X W M K X K B O K Z I G M
 W R N P Q S H E E N O O C N U B J J O M
 J O A S K H K O X E R Z Y T J Y B P L Y
 F N C B M G K I F T T Y I G T J Q C Y D
 E I T M O Q O E N T S E L Y D K R M J S
 S C A C U U L R S D H W X R B R Q J X J
 A B O T T O U M R A A D D I C T I O N S
 E R R Y H H N G R M E M S Q P C H C L A
 S O H F C G G W S M C S A P E D G U N E
 I N T E A H C R T Q Y L I G P G S H S K
 D C X H N M A I F K Y G P D E E Y C H O
 G H H K C V N N B Y A G F T T X E F M K
 N I X T E C C K I R K V W V T R C L Y B
 U T N G R P E L U Q L W P L D V A E A Z
 L I K M S J R E I F M Q X X M T S E G W
 E S F X R L N S M C Y J R K M M P M H M

Key:

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

12	13	2
-10	-12	x2

2	9	20	7	17	5
x1	x2	-15	-6	+3	+3

15	14	1	5	7	3	7
+4	+6	+0	+4	+7	+2	-3

18	5	12	10	6
+2	x1	-7	+10	+2

- | | | |
|--------------------|---------------|---------------|
| Wrinkles | Skin Damage | Throat Cancer |
| Lung Cancer | Heart Disease | Lung Disease |
| Chronic Bronchitis | Emphysema | Mouth Cancer |
| Addiction | Stroke | Cataracts |

15	17	16	18	13
+8	-16	+3	+2	-8

21	15
-6	-9

17	11	21	17	5
-4	+4	-7	-12	x5

Four Directions Treatment and Recovery Center



(575)464-4432



Programs and Services

- *IN PATIENT SUBSTANCE ABUSE
- *OUT PATIENT SUBSTANCE ABUSE
- *COUNSELING
- *SCREENINGS/ASSESSMENTS
- *REFERRAL SERVICES
- *CHILDRENS PLAY THERAPY

guniigu' l'gu jiinda'ee'
(Sober Living)

- *MESCALERO APACHE
FOSTER CARE
HOME LICENSING PROGRAM

TO THE WORLD YOU MAY BE JUST ONE PERSON BUT TO ONE PERSON YOU MAYBE THE WORLD!
BECOME A FOSTER PARENT TODAY!

- *ICWA
(INDIAN CHILD WELFARE ACT)
- *SAFE AND STABLE FAMILIES

- *ADOLESCENT COUNSELING
- *SUICIDE PREVENTION
- *PROMOTING MENTAL HEALTH
AMONG NATIVE YOUTH

- *COMMERCIAL TOBACCO
PREVENTION AND AWARENESS
- *SECOND-HAND SMOKE
AWARENESS
- *PROMOTING THE RESPECT
FOR THE SACRED USE OF
TRADITIONAL TOBACCO
- *COMMERCIAL TOBACCO
CESSATION SERVICES

Community Potluck

AND RECIPE SWAP

Come share your favorite meal that showcases traditional or local ingredients!

Recipes will be collected to help create a Mescalero Apache community recipe book!



Sign Up!

Contact:
DRMP
575-464-4711

Email:
mescaleroapachefood@gmail.com



Sept. 10th,
2019 at 6PM
at DRMP
268 Pine St.

Mescalero Community Library
148 Cottonwood Drive Box 227
Mescalero, N.M. 88340
Phone/Fax 575-464-5010/575-464-5011
Email: mescalerolibrary@matisp.net

September is LIBRARY CARD SIGN-UP MONTH!

A library card brings stories to life!



ilovelibraries.org/librarycard

ALA American Library Association LIBRARIES TRANSFORM Library Champions OverDrive

Mescalero Community Library
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Mescalero, N.M. 88340
Phone/Fax 575-464-5010/575-464-5011
Email: mescalerolibrary@matisp.net

Family Pass

Your Ticket to 15 Exceptional Museums and Historic Sites



The FamilyPass can be checked out at the **Mescalero Community Library**. You must be 18 and older and have a library card in good standing. The pass can be checked out for seven (7) days and is good for free admission for up to six (6) people of all ages. We currently have three (3) passes available for checkout.

For more information, call the library at (575) 464-5010 or email mescalerolibrary@matisp.net

HELP US WRITE THE Mescalero Apache Community Recipe Book

- Please consider contributing recipes showcasing traditional or local ingredients to be featured in a recipe book to be shared with the community!
- Reconnect the community with traditional foods and the historic Apache diet!
- Make customary meals more accessible!
- Help restore cultural food preparation to common practice by lending your expertise!



Now accepting recipe submissions at the DRMP office or email to mescaleroapachefood@gmail.com




Mescalero Community Library

 148 Cottonwood Drive Box 227
 Mescalero, N.M. 88340
 Phone/Fax 575-464-5010/575-464-5011
 Email: mescalero@matisp.net

“COLLEGE STUDENTS SCHOOL IS
AROUND THE CORNER”

ORDER YOUR **SPRING** TEXTBOOKS
DEADLINE

DECEMBER 20, 2019 @ 4:30

ORDER YOUR **SUMMER**
TEXTBOOKS
DEADLINE

May 15, 2020 @ 4:30
(NO EXCEPTIONS)

PLEASE HAVE THE FOLLOWING:

ISBN NUMBER

TITLE

AUTHOR

EDITION

PICTURE OF BOOK

CLASS SCHEDULE




Mescalero Community Library

 148 Cottonwood Drive Box 227
 Mescalero, N.M. 88340
 Phone/Fax 575-464-5010/575-464-5011
 Email: mescalero@matisp.net

The Following students still have textbooks overdue and needs to be returned or come to the library to discuss your fine.

Spring 2016

1. Jules Muniz
2. Jaylynn Balatche
3. Meryl Skin
4. David Kazhe

Spring 2018

1. Desi Cervantes
2. Veronica Preto
3. Melba Saenz
4. Enoch Rue

Fall 2016

1. James Bigrope
2. Roderick Chimal
3. Euphrasia Platta
4. Tanisha Garcia
5. Thomas Kazhe
6. Brittany Valdez

Fall 2018

1. Christopher Simms
2. Orlando Cervantes
3. Penny Chimal
4. Sherri Comanche
5. Alina Shaffer

Spring 2017

1. Melony Spitty
2. Mavis Geronimo
3. Matthew Carter
4. Sasha Enjady
5. Flint Peso

Spring 2019

1. Laura Shay
2. Nicole Mendez
3. Kimberly Munoz

Fall 2017

1. Deanandre Valenzuela
2. Randall Poorthunder
3. Jera Mancito
4. Lawrence Shaffer
5. Eleanor Ornelas

Summer 2019

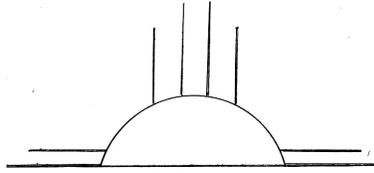
1. Lozen Enjady
2. Erma Allard
3. Morgan Hurley



Avoid a library hold
return your overdue
items!

Have items that are overdue from Mescalero Community Library? Make sure to return them to avoid a hold on your account. If you have questions or to check your library account contact your library at 575-464-5010.





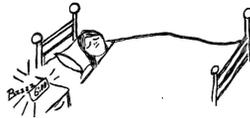
HAYUŁKA
joseph
GERONIMO
apache beginner book
Shi'tsuye

© Copyright 2019



Dii hayutka

1. dátee



Nánnadá

2. naaki



Deńtjaa

3. tai'

© copyright 2019
ALL RIGHTS reserved
Joseph Geronimo
Mescalero Apache Indian Reservation
P.O. Box 396
Mescalero, New Mexico 88430

Violators will be scalped!

Mescalero Apache Workforce Innovation & Opportunity Act

**Received new funding for the Adult program to place
at temporary Worksites.**

Applicant must be from a low-income household.

If interested, you must bring;

- **Any Source of household income for the last 6
months**

- Pay Check Stubs

- GA (Award Letter)

- SSI

- Food Stamps (Award Letter)

- Child Support

- Scholarships

- Veterans Pay

- **Social Security Card**

- **Tribal ID/CIB**

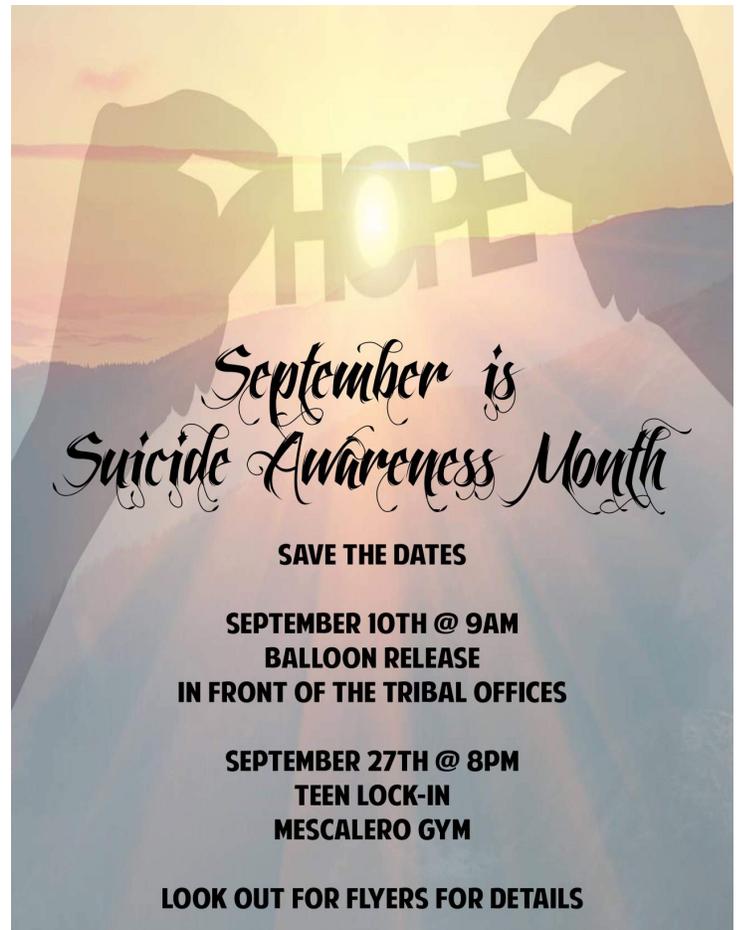
- **State ID/Driver's License**

- **Selective Services (Males Only)**

- **Proof of Residency(utility bill)**

**To make an appointment please contact us @
464-9217 or 464-9202**

Thank you!



*September is
Suicide Awareness Month*

SAVE THE DATES

**SEPTEMBER 10TH @ 9AM
BALLOON RELEASE
IN FRONT OF THE TRIBAL OFFICES**

**SEPTEMBER 27TH @ 8PM
TEEN LOCK-IN
MESCALERO GYM**

LOOK OUT FOR FLYERS FOR DETAILS

OPIOID / HEROIN AWARENESS COMMUNITY OUTREACH

The Bureau of Indian Affairs (BIA), Office of Justice Services (OJS), Indian Police Academy (IPA) and Division of Drug Enforcement (DDE) will be holding a Opioid/Heroin Awareness Community Outreach meeting.



Bureau of Indian Affairs
Office of Justice Services
Division of Drug
Enforcement
3100 West Peak Boulevard
Muskogee, Oklahoma 74401
Phone: 918-781-4650

Opioids/Heroin in Indian Country

September 25, 2019
6:00 p.m - 7:30 p.m.

To be held at the following location:

Mescalero Apache School Auditorium
249 White Mountain Dr.
Mescalero, NM 88340

The Opioid/Heroin in Indian Country will include:

- > Identification and Effects of Opioids/Heroin drugs
- > Fentanyl and causes of overdoses
- > Combating opioids/heroin at the community level
- > Investigation and Prosecution of Opioid/Heroin drug cases

This community outreach will consist of the OJS Division of Drug Enforcement and United States Indian Police Academy presenting information on the opioid/heroin trends we are seeing around the country that may effect your reservations in the future. DDE would like to hear from attendees on the opioid/heroin trends they are seeing in their specific areas, what is currently being done to address the drug issues and what they feel they need to address them.

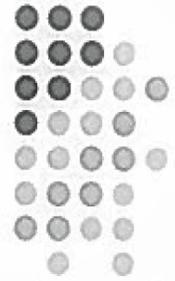
This seminar should be attended by community members, tribal employees, community stakeholders and law enforcement staff. If you have any questions, please contact the United States Indian Police Academy office at (575) 746-5641. We look forward to visiting with you.



TULAROSA MIDDLE SCHOOL
WILDCAT PRIDE!

BOBBIE J. GRACE, PRINCIPAL
504 FIRST STREET
TULAROSA, NM 88352

PHONE: 575-585-8803
FAX: 575-5852-4739
E-MAIL: BOBBIE.GRACE@TULAROSAK12.US



August 15, 2019

Dear Families:

Tularosa Middle School kicked off its annual fundraisers today. We will be doing two fundraisers simultaneously. All proceeds collected from the fundraisers go directly towards student incentives, student field trips, and staff and student supplies.

The first fundraiser is Fan Cloth sales. This fundraiser has changed from years past. It is now completely online. Students do not have to collect any money for this. Each student gets a catalog to promote their campaign and an online shop to place orders. Families share and promote the campaign by asking family and friends to go online to shop. Any item purchased can be tied to individual students. Students earn incentives based on the number of items that are tied to their names by individuals who have purchased products from the online catalog. The more items sold, the better the prize. Items will come presorted to the school and students will deliver them to the families who ordered. The fundraiser will end at midnight on September 9, 2019. Items will be auto ordered and shipped to the school approximately two weeks after the closing of the campaign. Orders will not be accepted after the campaign window closes online. Last year we sold 315 items and made \$2500. Our goal this year is to sell 400 items. Selling 400 items will earn our school \$3600. It is my sincere hope we reach this goal.

The second fundraiser we are conducting is the Worlds Finest Chocolate Bar Sales. Students will go home today with a permission slip. If you would like your child to help with this fundraiser, then parents must sign the permission slip and return it to the office. Only those students with a signed permission slip will be allowed to sell chocolate. Students who sell will receive one box of chocolate. Each box has 60 bars in it. For every box sold the school nets \$30. Last year we sold 175 boxes which earned us \$5250. Our goal is the same for this year. There are student incentives sponsored by the Worlds Finest Chocolate for each box of chocolates sold.

In addition to the company sponsored incentives, the school will provide additional awards to the highest seller in each campaign. The highest seller in each campaign will earn a \$100 cash prize. Second Place in each campaign will earn a \$50 cash prize. Third place will earn a \$20 cash prize.

We look forward to very successful fundraisers and thank you for your participation and help supporting our school.

Sincerely,
Mrs. Grace
Principal

8TH ANNUAL RECOVERY MONTH EVENT

SOCORRO RECOVERY

POW-WOW 2019

SATURDAY, SEPTEMBER 21ST

This is an alcohol and drug free event

10AM-10PM

SEDILLO PARK

ADMISSION: \$7 PER PERSON

\$10 PER COUPLE; YOUTH 12 AND UNDER FREE

Call (575)835-8994 for information on booth registration and fees

ALSO FEATURING:

Arena Director:

Ervin Platero

Master of Ceremonies:

James Edwards

Northern Drum- Indian Horse:

Cody Harvey

Southwest Drum- Southern Slam:

Steve Toya

Head Gourd Dancer:

Bruce Klinekole

Coordinators:

Donna Monette & Jason Frame



Featuring Head Man
"Bear" Archuleta



Featuring Head Woman
Victoria Archuleta



Apache Crown Dancers

Food Vendors

Hand Drum Contest

Arts & Crafts Booths

Fun for all ages



Socorro County Community
Alternatives Program



Socorro Recovery Pow-Wow 2019 Vendor Application

Food Vendors Fee \$50 non-refundable Arts & Crafts Vendor Fee \$25 non-refundable

Food Vendors must be cleared with New Mexico Environmental Department

For more information on Food Vendor Clearance contact Jerry Ford (575)835-1287

Set Up: Saturday September 21st from 8am-10am

All vendors must supply their own shade, water & electricity

For safety purpose shade must be secured properly

There will be no vehicle parking on the grass.

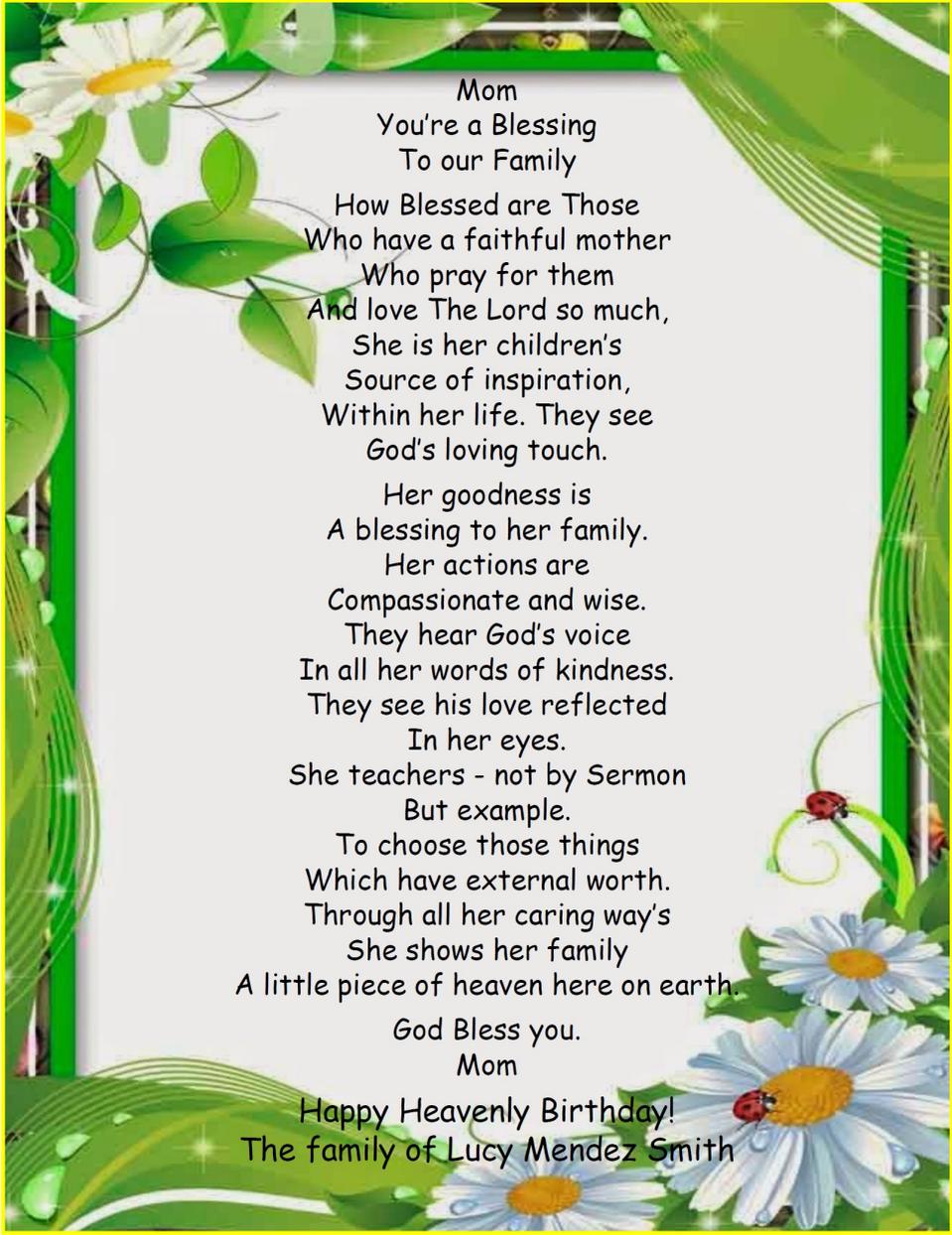
Vendor set-up location will be designated on a first come first serve basis upon arrival

Payment should be submitted at check in time and payable by cash or money order

Socorro County Community Alternatives Program

Please contact Jason Frame @ (575)835-8994 if you have any questions

Raffles are limited and by approval of Pow-Wow committee



Mom
You're a Blessing
To our Family

How Blessed are Those
Who have a faithful mother
Who pray for them
And love The Lord so much,
She is her children's
Source of inspiration,
Within her life. They see
God's loving touch.

Her goodness is
A blessing to her family.
Her actions are
Compassionate and wise.
They hear God's voice
In all her words of kindness.
They see his love reflected
In her eyes.
She teachers - not by Sermon
But example.
To choose those things
Which have external worth.
Through all her caring way's
She shows her family
A little piece of heaven here on earth.

God Bless you.
Mom

Happy Heavenly Birthday!
The family of Lucy Mendez Smith

Mescalero Apache Tribe

Apache Scout
P.O. Box 227
108 Central Avenue
Mescalero, NM 88340

Phone: 575-464-4494
Fax: 575-464-9220
E-mail: egvia@mescaleroapachetribe.com

Bulk Rate
Non-Profit Organization
Permit #1
Mescalero, NM
88340



MescaleroApacheTribe.com



“Like” us on Facebook:
Mescalero Apache Tribe

FOR ALL EMERGENCIES DIAL:



9-1-1

OR



DISPATCH 575-464-4479