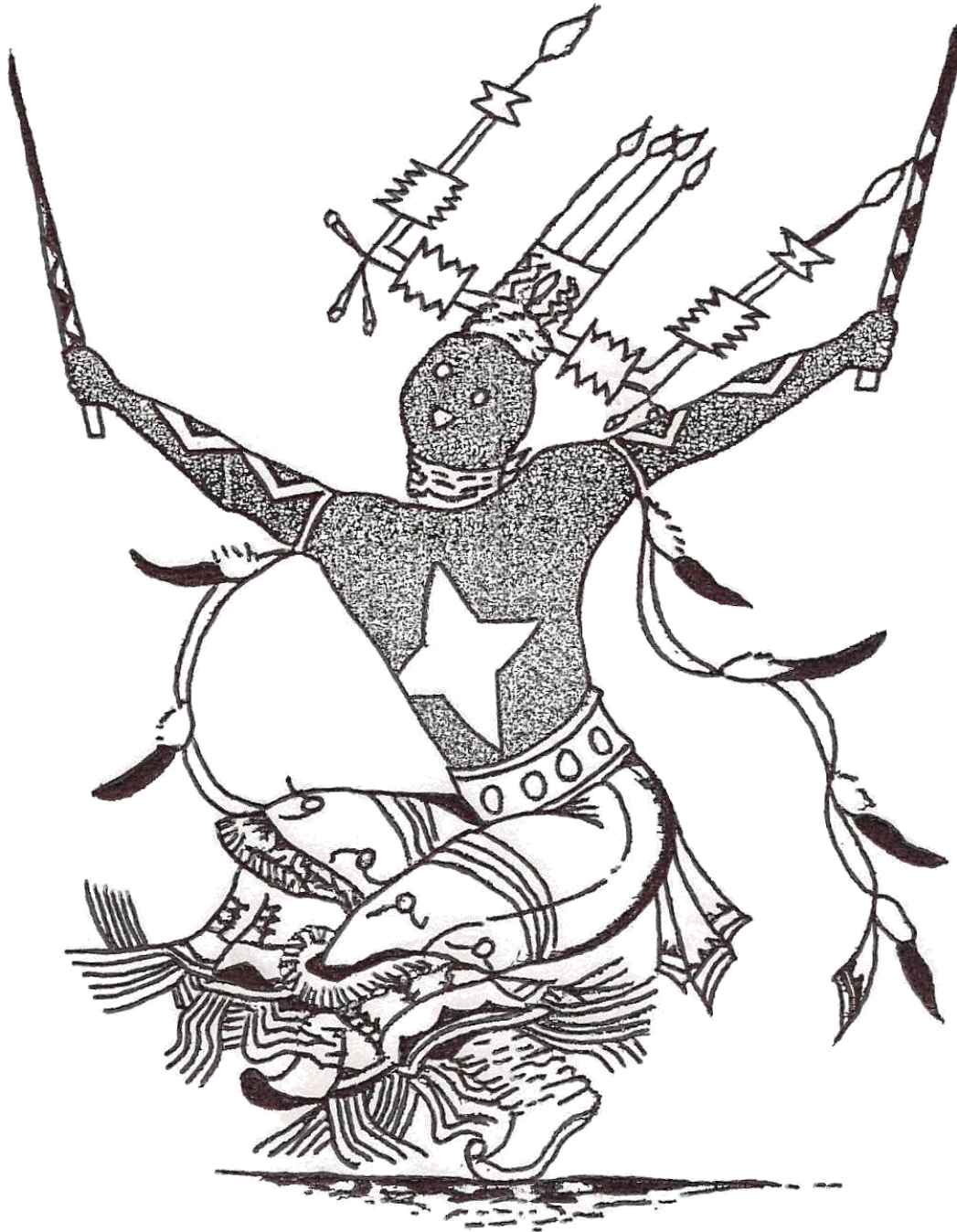


Apache Scout



Mescalero Apache Tribe

November 2023 | Volume VII, Issue 11 | Next Deadline: 12/15/23 by noon

Head Start Program *News & Updates*

Come and enroll your child in our program, must be between the age of 3 and 5 years old. If interested stop by the Mescalero/Carrizo site and pick-up an enrollment packet. Or if you have any questions, call the Head Start and ask for Anna.

575-464-9183 Mescalero Site/575-464-3492 Carrizo Site

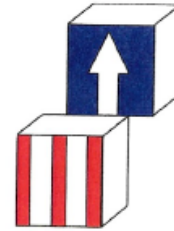
Documents needed:

Immunization Record, Birth Certificate, Certificate of Indian Blood (CIB), Income Verification (TANF, SSI, 2 current check stubs, **or** current Income Tax Form), Child's Social Security Card, Child's Medicaid Card or other Health Insurance Card, Custody Papers (if applicable).





Mescalero Apache Head Start Program



Parents,

Please allow me to introduce myself, my name is James Keller. I am the new Head Start Director as of October 2, 2023. I am very excited to work with this program, the Mescalero Apache Tribe, and tribal families that attend our program and the Head Start staff. I am looking forward to continuing to support you and your children here at the Mescalero Head Start program. Myself and the staff will be working to ensure all family's needs are met and that your children are ready to be successful in the public-school systems when it comes time for their transition.

I have worked for the Head Start program for over 20 yrs. in various capacities and have served as a director in other programs in Texas, New Mexico, Nevada, and Oregon. I grew up in El Paso TX where I grew up in a military family of 6. I look forward to being part of the continued success of the program and your families and children.

I am located at the Mescalero Head Start Site. Please feel free to stop by and say hello or you are more than welcome to give me a call at 575-464-9183. I look forward to meeting all of you. Please let me know if you should have any questions.

Cheers to a successful Fall season!

Sincerely,

A handwritten signature in black ink that reads "James Keller". The signature is written in a cursive style.

James Keller

Head Start Director



Here are few things that have been going on at our program....



We had our **Back to School Bash** in August. The Boys & Girls Club and the Daycare joined us for this event. The children and parents enjoyed it.

We had **Fishing with Dads** at Silver Lake in August. Thank you to the Fish Hatchery for stocking the lake for us. Everyone had an awesome time.



We had **Grandparent's Day** in September. We had a lot of compliments on the food that we served. The children made crafts with their grandparents and some of the Mescalero High School Students joined us for singing and dancing.

As of 10/10/2023 positions do fill quickly.

Inn of the Mountain Gods Open Positions

Room Attendant
Public Space Attendant
Floor Specialist
CATC Cage Cashier
IMG Cage Cashier
IMG Kiosk Attendant
IMG Main Bank Cashier
CATC Kiosk Attendant
Nail Technician
CATC Slot Technician
IMG Security Officer
F&B Steward
CATC C-Store Cashier
Child Care Attendant
Ticket Writer

CATC Carpenter
HVAC Technician
All Outlets Cook 1
All Outlets Cook 2
Receiving Clerk
Drop & Count Attendant
Red Hat Grille Chef De Cuisine
Red Hat Grille Server
Laundry Supervisor
CATC Receiving Clerk
Players Club Ambassador
Casino F&B Server
Club 49 Server
Child Care Supervisor
Child Care Asst. Manager
Laundry Attendant
Room Service - BATH Cook 2

Upcoming Job Fairs

November 9, 2023 Ski Apache Hiring IMG Event Center 10am—2pm

November 13, 2023 Mescalero Activity Hall 10am—2pm

November 15, 2023 IMG Event Center 12pm—2pm



United States Department of the Interior
BUREAU OF INDIAN AFFAIRS (BIA)
MESCALERO AGENCY



Offices of the Superintendent and Administration are now located at the Apache Summit Fire Management Complex

210 Chatto Drive

Mescalero, New Mexico 88340

575-464-4419

575-464-4410

575-937-8170

COVID-19 Information

CHR

COVID-19

What is COVID 19?

COVID-19 (Coronavirus disease 2019) is a disease caused by a virus named SARS-Cov-2. It can be very contagious and spreads quickly. Over one million people have died from COVID-19 in the United States.

COVID-19 often causes respiratory symptoms that can feel much like a cold, the flu, or pneumonia. COVID-19 may attack more than your lungs and respiratory system. Other parts of your body may also be affected by the disease. Most people with COVID-19 have mild symptoms, but some people become severely ill.

Some people including those with minor or no symptoms will develop Post-COVID Conditions also called "Long COVID."

How does COVID-19 Spread?

COVID-19 spreads when an infected person breathes out droplets and very small particles that contain the virus. Other people can breathe in these Droplets and particles can land on their eyes, nose or mouth and these droplets may contaminate surfaces they touch.

Anyone with COVID-19 can spread it, even if they don't have symptoms.

The risk of animals spreading the virus is low. The virus can spread from people to animals during close contact.

What are antibodies and how do they help protect me?

Antibodies are proteins your immune system makes to help fight infection and protect you from getting sick in the future. A positive antibody test result can help identify someone who has had COVID-19 in the past or has been vaccinated against COVID-19. Studies show that people who have antibodies from an infection with the Virus that causes COVID-19 can improve their level of protection by getting vaccinated.

What are Ways to prevent COVID-19?

There are many ways to help to protect you and others from COVID-19. CDC COVID-19 hospital admission levels help individuals and communities decide when to take action to protect yourself and others based on latest and information in your area.

CDC recommends actions to protect yourself, your household and community from COVID-19 by basic health and hygiene practices like handwashing.

Who is at Risk of severe illness from COVID-19?

Some people are more likely to get sick than others if they get COVID-19. This includes people who are older, are immune-compromised, have certain disabilities or have underlying health conditions. Understanding COVID-19 risks can help you make decisions to protect yourself and others.

What are Variants of COVID 19?

Viruses are constantly changing, including the virus that causes COVID-19. These changes can occur over time and can lead to new strains or variants of COVID-19. Slowing the spread of the virus, by protecting yourself and others, help slow new variants from developing. CDC is working with State and local public health officials to monitor the spread of all variants including Omicron.

Variants of the Virus

What you need to Know

- New variants of SARS-CoV-2, the virus that causes COVID-19, will continue to occur.
- CDC coordinates collaborative partnerships which continue to fuel the largest viral genomic sequencing effort to date.
- The Omicron variant, which emerged in November 21, has many lineages in. New lineages continue to emerge and spread in the United States and globally.
- We have the tools to fight variants. Take steps to protect yourself and others.
- For the most up to date information on current variants, visit CDC's COVID Data Tracker.

How the Virus May Change

As a virus spreads, it has a chance to change. As genetic changes happen over time, the virus that causes COVID-19 begins to form genetic lineages. The SARS-CoV-2 virus can be mapped out similar to a family tree. All lineages have names to help scientists talk about them. SARS-CoV-2 lineages with similar characteristics may effect how fast the virus spreads.

Viruses constantly change through Mutation and sometimes these mutations result in a new Variant of the virus. Some changes and mutations allow the virus to spread more easily or make it resistant to treatments or vaccines.

How Variants Work

If you think about a virus like a tree growing and branching out, each branch on the tree is slightly different than the others. By comparing the branches, scientist can label them according to the differences. These small differences, or variants, have been studied and

identified since the beginning of the pandemic. Some variations allow the virus to spread more easily or make it resistant to treatments or vaccines, these variants must be monitored more carefully.

No matter the Variant, a surge in cases can impact health care Resources. Even if an infection caused by a particular variant is less likely to cause severe disease compared to other variants, an increase in the total number of cases could cause an increase on hospitalizations, put more strain on healthcare resources, and potentially lead to more deaths.

Variants in the United States

CDC is working with many public health officials and partners to monitor all variants. CDC's COVID Data Trackers publishes estimates of how common variants are at national and regional levels

Monitoring Variants

CDC uses viral genomic surveillance to quickly identify and track COVID -19 variants and acts upon these findings to protect the public's health.

Protective efforts, such as avoiding people who are sick and wearing well-fitting masks when among people in confined spaces, can help, but COVID -19 vaccination is the most effective tool for prevention.

PREVENT THE SPREAD OF CORONAVIRUS (COVID-19)



Clean your hands often

Wash your hands with soap for at least 20 seconds



Avoid close contact

Put distance between yourself and others (at least 2 metres)



Cover coughs and sneezes

Cover your mouth and nose with a tissue or the inside of your elbow.



Stay home

Stay home if you feel sick

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



cdc.gov/coronavirus

167 X April 6, 2020 PM

COVID-19 PREVENTION ON PUBLIC TRANSPORT

Wash your hands with soap and water for **20 seconds** or use a 60% or more alcohol-based hand rub often **throughout the day**



Wash your hands at these **5 KEY MOMENTS** FOR PUBLIC TRANSPORT:

1



Before going on public transport

2



After touching doors, handrails and money

3



After making contact with other people

4



Before touching your eyes, nose and mouth

5



When you arrive at your destination

Credit: NICD

Communities and organizations should update COVID-19 prevention strategies based on:

Community spread



Health system capacity



Vaccination coverage



Early detection of COVID-19 increases



Populations at risk



07/27/2021

High vaccination + Low community spread =

Less need for masking and other prevention strategies

TAKE 3 ACTIONS TO**FIGHT FLU**

Influenza (flu) is a contagious disease that can be serious. Every year, millions of people get sick, hundreds of thousands are hospitalized, and thousands to tens of thousands of people die from flu. CDC urges you to take the following actions to protect yourself and others from flu.

GET YOURSELF AND YOUR FAMILY**VACCINATED!**

A yearly flu vaccine is the first and most important step in protecting against flu viruses.

Everyone 6 months or older should get an annual flu vaccine. Protect Yourself. Protect Your Family. Get Vaccinated. #FightFlu

STOP THE SPREAD

Take everyday preventive actions to help stop the spread of flu viruses!

Avoid close contact with sick people, avoid touching your eyes, nose, and mouth, cover your coughs and sneezes, wash your hands often (with soap and water).

**ASK YOUR DOCTOR ABOUT FLU ANTIVIRALS**

Take antiviral drugs if your doctor prescribes them!

Antiviral drugs can be used to treat flu illness and can make illness milder and shorten the time you are sick.

**WWW.CDC.GOV/FLU****#FIGHT FLU**

OCTOBER



2023



BOYS & GIRLS CLUB
OF MESCALERO APACHE
TRIBE

This month the Boys & Girls Club has been having lots of fun and also so busy with events. We had our first Teen Outreach since 2019, which the teens really enjoyed. Also, planning two community events (Costume Contest & Trunk Or Treat) and a Family Fun Night for our Club Kids!

Happy Birthdays!

October Babies

**Leighton
Madilynn
Cecelia
Micah
Luxius**



**Club Members of September!
2023**

Braylon

Madilynn



**IN OBSERVENCE, CLUB WAS CLOSED
MONDAY, OCTOBER 9, 2023**



**EVERY DAY IS
INDIGENOUS
PEOPLES DAY**
on stolen Indigenous land!

Cultural Survival

*Tularosa Intermission!
Today they went
Fishing.
Camelia's catch!*



**Cil's Room had a
colorful powder fight!**



**MBGC is taking Club Members to the
Pumpkin Patch this Month!!**



Our Dj for the Costume Contest
event is one of our Mescalero
Youth. DJ StarrBoy(Jaden Starr)

**MECALERO COSTUME CONTEST
WILL BE SATURDAY, OCT. 28TH
@6:00PM**

**Community Trick Or Treat
Event, Tues. Oct. 31st
@9:00am-12:00pm**

OCT.

**Our Teen
Outreach was a
SUCCESS!!**

***SHOUT OUT! to the
parents/guardian
s for encouraging
their teens to
participate!***



Lately Elmer has been having our Older Club Kids paint signs and pictures. They have been really enjoying this time. Surprisingly our numbers for the Older Club Kids have went up. Elmer has a full class almost every day! Yay! Here are some pictures below.



Carrizo Christian Fellowship

Women's Ministry

*Wednesday's
5:30pm*

*"Charm is deceptive, and
beauty does not last; but a
woman who fears the Lord
will be greatly praised."
Proverbs 31:30*

The New Mexico Aging and Long-Term Services Department
State Health Insurance Assistance Programs (SHIP)

Medicare Counseling

Date and Time

November 30th, 2023 @ 9AM

Event Location

Mescalero Tribal Office

Street Address

108 Central Ave.

Mescalero, NM 88340

Get free, unbiased, expert information and assistance with you
Medicare decisions as well as help with enrollment from NM Aging
and Long-Term Services Department (SHIP) Counselors

Please call Alma Morgan at (575) 464-9232 to schedule an appointment.



Religion

Mescalero Reformed Church

The Messiah Poem

Poet Emily Dickinson once offered these words as it relates to the convicting power of poetry: *"If I read a book and it makes my whole body so cold no fire can ever warm me, I know that is poetry."* I don't imagine many of us are embracing the rhythms and truths of poetry on a daily basis, however poetry is a common form of language throughout much of scripture. Elements of poetry are present in Genesis, the major and minor prophets, the Psalms and Proverbs, and even the New Testament. One poem in particular sticks out in my mind.

It comes in Paul's letter to the Philippians. Paul is writing from prison to say thank you to the Philippians for their care and support during his imprisonment. Typically, Paul writes in a liner fashion from A to B with a clear message throughout, but in the letter to the Philippians, Paul offers several small essays that surround a small poem in Philippians chapter two. This poem is known as The Messiah Poem:

⁵ *In your relationships with one another,*

have the same mindset as Christ Jesus:

⁶ *Who, being in very nature God, did not consider equality with God something to be used to his own advantage; ⁷ rather, he made himself nothing by taking the very nature of a servant, being made in human likeness.*

⁸ *And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!*

⁹ *Therefore God exalted him to the highest place*

and gave him the name that is above every name,

¹⁰ *that at the name of Jesus every knee should bow,*

in heaven and on earth and under the earth,

¹¹ *and every tongue acknowledge that Jesus Christ is Lord,*

to the glory of God the Father.

This short poem is rich with theological truth; it has echoes from Adam in the book of Genesis and references to the Suffering Servant in the book of Isaiah. It is a beautiful condens-

ing of the Gospel Story and if there ever was a brief passage of scripture to commit to memory, this is it. But as our minds and bodies are giving attention to the Thanksgiving holiday, I wonder how The Messiah Poem might shape our posture and approach to our various family and friend gatherings.

If Paul is encouraging the Philippians to have the same mindset as Christ Jesus, here are two aspects of that mindset we can embrace today, this week, and forevermore: **humble service & communal worship.** Jesus humbled Himself in order to serve others. He did this in worship, word, and deed not just when He felt like it or when it was convenient. So, as you gather with one another might you embrace a posture of humility to serve as well.

The Messiah Poem then ends with Paul quoting the prophet Isaiah with a beautiful image of the entire world gathering on bent knee to praise Jesus as Lord. This praise is offered from every tribe and language and clearly points to Jesus as the

Messiah. So, as you prepare for the Thanksgiving holiday and navigate the busyness of life, might you carve out time to join us for communal worship to praise the name of Jesus and give thanks to Him.

Language matters; the way we speak and communicate have a tremendous impact on our relationships. We might not be quoting poetry to one another, but perhaps The Messiah Poem can serve as our introduction to a theological language filled with the love of Christ.

Grace & Peace,
Pastor Mark

Please know that you are always welcome to worship God and experience His mercy at Mescalero Reformed Church, as our arms (and our doors) are open to you if you are looking for a church home or just want to come visit.

Thanksgiving Details:

1. Blended Nations from Chapparal, NM will host a Thanksgiving meal on Saturday, November 18 for all people in Mescalero. Look for more details as the day approaches.
2. We will be baking and selling pumpkin pies again this year. The pies will

be available November 21-22. Call the church to get your pies!

3. We will be worshipping together on Thanksgiving morning, November 23 at 9:00 am.

Mescalero Reformed Church

336 Wardlaw Dr.

P.O. Box 188

Mescalero, NM

(575) 464-4471

Visit (and like) our **Mescalero Reformed Church Facebook** page!

Email us at
mescalerorc@gmail.com

Sunday Worship

9:30 - Sunday School
for all ages - Children
and Adults

10:40 - Worship

Opportunities for Fellowship and Encouragement

Women's Bible Study
- every Tuesday at
6:00 pm in the sanctuary.

Women's Gathering -
every Wednesday at
9:00 am in the church

basement.

Men's Bible Study -
every Wednesday at
6:00 pm in the sanctuary.

Youth Group for Middle and High School -
Monday at 6:00 pm.

Kids' Club - Thursday
at 3:15 pm.

Parks & Recreation

Updates

Greetings,

Update on Parks & Rec. as of October 2023. Fall Season is here and all Parks are Closed. Wood has been donated to the Mescalero Elderly Center. Getting ready for this Winter.

Silver Lake - Waiting on Contract to get RV Road covered with Gravel and Concrete Pads for RV Sites.



Eagle Creek - Will start Contracting on Road Work soon.

Mescalero Cabins - Waiting on Contract to Clear Hazardous Trees and Clean up for more Camping Sites.

Wishing Everyone a Safe & Happy Halloween!



Workforce Innovation & Opportunity (WIOA) Program

Updates

Our WIOA program has been working closely with ENMU-Ruidoso to develop programs that will benefit our program participants and community members. A list of newly launched programs is provided below. Anyone who is interested in the programs is welcome to participate. Our only request is that if you start, please complete each one. In the event of low attendance or no interest, it will be discontinued.

1. Classes for the GED began on August 1, 2023, and are held every Tuesday from 9:00 to 11:00 a.m.
2. Starting October 19, 2023, Digital Learning Classes will run every Thursday between 9 a.m. and 10 a.m.
3. The Financial Literacy program began on October 19, 2023, and will continue every Thursday from 10 am to 11 am.

Also, the Mescalero Care Center has seen a shortage of certified nurse assistants and collaborated with the WIOA program to start CNA training classes soon. The Corus Academy from Albuquerque will be facilitating the training. The WIOA program may help with the cost of this training.

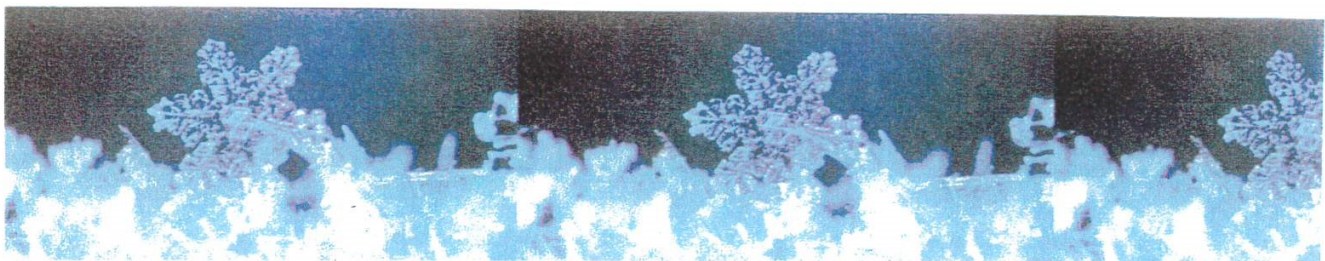
For more information, please reach out to our office at (575) 464-9202 or 9217.



MESCALERO FITNESS CENTER

MONDAY	7am to 6 pm
TUESDAY	7am to 6pm
WEDNESDAY	7am to 6pm
THURSDAY	7am to 6pm
FRIDAY	7am to 5pm

Closed weekends/holidays
12 years & over only
(575)464-4368



The Living Sober Group

Open AA meeting

"Helping each other to stay sober"



Every Thursday Evenings



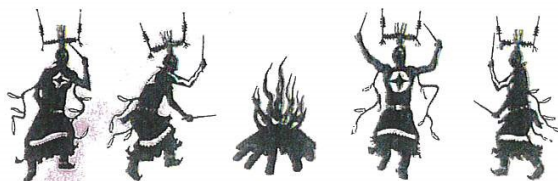
5pm to 6pm

Mescalero Diabetes Program Building

474 Mescal Loop Mescalero, NM

Call (575) 937-0151 for any questions or leave a message

*God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can, and the wisdom to know
the difference.*





MESCALERO GAS COMPANY

(575)464-4323

Business Facebook Page: [Mescalero Gas Company](#)

Office Hours: Monday-Friday 8:00am-4:30pm

Kiosk Hours: Sunday-Saturday 7:00am-5:00pm

The Mescalero Gas Company thanks all our customers, we appreciate each & everyone of you. We would like to inform everyone that our Facebook page is where you can find our prices and important updates. A friendly reminder to please check your tank to ensure that tanks aren't running empty during the winter we suggest to call for gas between 15%-20% if not a higher Percent work's even better, That way in any unforeseen delays the customers always have gas. Please be safe & warm throughout the winter months ahead. Our Delivery Day's are Monday, Wednesday, Friday. Please order the day before to assure your delivery get's done. The Gas Company is also working on adding additional pumps to help the congestions. The Project Has Begun.

Prepare Your Propane Home For Winter

- Check Your Propane Supply. ...
 - Schedule Annual System Service. ...
 - Mark the Location of Your Tank. ...
 - Keep a Clear Path to the Tank. ...
 - Double-check Your Fuel Before a Storm.
 - Don't Use Outdoor Propane Tanks Inside.
-
-

Mescalero Tribal Fish Hatchery

News & Activities: September–October 2023 submitted by Shelley Belin, Hatchery Manager



The fish hatchery is open for tours for a wide variety of programs and organizations. There may be tours for a single individual, a family, school groups from Head Start to Universities. Tours can be basic with a staff member showing the visitors around the hatchery, or they can include educational hands-on experience. Tours can include feeding the fish for Head Start youth to 3rd or 4th grade youth. The hatchery also gives tours to higher-up groups and organizations such as the US Forest Service, the US Fish and Wildlife Service, Bureau of Indian Affairs, State officials, partnering Tribes, to name a few.

In September, the hatchery gave tours to 7th and 8th graders from Mescalero Apache School.



There was also a tour given to college students visiting from Wayland Baptist University in Texas. This was the 5th visit from W B University. Professor Matthew Allen puts the hatchery on his list of field trips every year for his Environmental Studies students.



The hatchery raises rainbow trout from egg to adult size. Fish are stocked out beginning at 10 inches. The largest size trout we have had on station to stock out has been around 14 inches. At times there are fish that escape the normal rearing units (fish tanks) and grow for years in an upper water way above the top-most raceways. Just recently, the staff caught a “Big-Un” in this water way, measuring 19 inches and weighing 2.7 lbs.



In early October, 2 Fisheries Technicians, Dominic Chee and Robert Enjady were able to travel to the homelands of the Southern Ute Tribe in Ignacio Colorado to attend Electrofishing training. Electrofishing is a scientific survey method used to sample fish populations. This method may be done in a lake with an electrofishing boat or in a stream with electrofishing backpacks. Gaining these skills will help the Fish Techs better understand electrofishing as they assist with carp removal in lakes and streams on the Mescalero Apache Reservation.



As Veterans Day approaches, the hatchery would like to take this opportunity to remember and honor all Mescalero Apache Veterans. In particular, we would like to honor the late James "Jimmy" Running-water. Jimmy was the CDL fish delivery driver for the hatchery for several years. He was an excellent co-worker and a dear friend. He never hesitated to share his knowledge with the staff to make things just a little better at the hatchery.



Division of Resource Management & Protection

News & Updates

Following is a summary of project work completed by staff of the Division of Resource Management and Protection (DRMP) in Fiscal Year 2023:

DRMP brought in a total of \$9,258,550 in BIA funding alone. There was additional funding received through the NM Forestry Division in the amount of \$738,000. Total funding does not include contracts received through USDA Natural Resources Conservation Service.

The Tribal Thinning Crew conducted Hazardous Fuels Reduction Projects, which are thinning projects designed to protect the Wildland-Urban Interface (areas where people live) and provide defensible space for firefighters. The Thinning Crew cut approximately 1,068 acres in the Pena/IMG area and down along the southern boundary in the Red Cabin area. In addition, they cut 37 acres of non-native elm in the Mescalero area. The elm is being cut to help reduce damages the roots cause to drinking water and sewer lines. The DRMP Fire/Fuels Planner also conducted surveys of piles created during these operations, so we can request pile burning through the BIA Fire

Management Office. To prepare these areas for cutting, we have a Marking Crew that marked approximately 900 acres this year. We also try to combine the thinning projects with logging of the overstory, so we can more effectively treat dwarf mistletoe. In FY2023, the loggers cut approximately 371 acres. We are working with loggers, so that we can maintain logging capability until the Tribe can open a Forest Products business again.

The Forest Development Program conducts work in the pre-commercial size classes to improve future growth and health of the forest. Approximately 1,160 acres were treated by Tribal member subcontractors to help reduce the spread of dwarf mistletoe. The Contract Thinning Crew prepared additional areas for treatment by marking and laying out 595 acres of pre-commercial thinning projects. Our Greenhouse staff also hired temporary summer staff to plant approximately 27,000 PIPO seedlings in areas impacted by dwarf mistletoe.

The Wildlife Management section conducts work to evaluate wildlife habitat and esti-

mate populations on the reservation. In support of this effort, they installed game cameras around the reservation to observe wildlife and see which areas they use the most. They also collected pellet group transect data. In addition, they oversaw surveys for Threatened and Endangered Species as required for all Federally-funded ground disturbing projects, including the Mexican spotted owl and Sacramento Mountain Checkerspot Butterfly. Furthermore, in coordination with NM Game & Fish Department they conducted aerial surveys in September for elk management.

Our Range Management staff conducts work in rangelands to improve grazing and wildlife habitat. Following is some of the work completed this year:

- Conducted ranges health inventories across the reservation, which are done on an annual basis, as well as body condition scoring on cattle.
- Placed wildlife ramps in open range water tanks, to allow small wildlife to escape
- Cleaned, refinished open rim range water tanks, including



- Dolan, and No. 5
- Installed new Morgan #2 Well
- Restored water to Black Mountain Well
- Refurbished Bear Springs water catchment and water lines
- Completed brush removal project at Yellow Well, #3 and Eagle Roost
- Restarted work at Three Rivers to remove mesquite and cholla cactus to get range grasses to return; had to shut down during the pandemic
- Replaced 2 miles of range water line in Rinconada
- Caught 117 feral horses; progress was slowed because our Horse Trapper was injured off the job during the summer
- Staff has been assisting Tribal Historic Preservation Office with archaeological surveys for Federally-funded ground disturbing projects
- Sprayed herbicide in Elk Canyon area to reduce spread of musk thistle, a non-native, invasive species

The DRMP Fence Crew repairs the boundary fence and interior range fences and constructs new pasture fences, as needed. Staff of the Fence Crew started mapping exterior boundary

fence repair/ replacement needs to request funding through Lincoln National Forest, so they can share the costs along our common boundary. Work started on Morgan Drift Fence, 8 miles total, which will be a wildlife friendly fence. They also replaced the southern pasture boundary fence in No. 4 Trap, making it wildlife friendly (10,414 feet of fence).

Our Geographic Information Systems (GIS) Department did their usual mapping work. However, they also set up Dashboards so all staff can better track accomplishments, including for Forest Mgt, Range Mgt, and Surface Water Quality monitoring. The DRMP GIS section also oversees the BIA Water Rights contracts. This is funding the Tribe can use to protect Tribal water rights. In FY2023, the Tribe hired a new Water Rights legal firm to restart hydrographic survey work to identify and protect Tribal water rights. In addition to funding to pay the legal firm, we have obtained funding to develop a Drought Management Plan to help Tribal water systems be more resilient as we experience severe drought conditions that have been occurring in the winter and spring seasons. We plan to start work

on this Drought Management Plan in FY2024.

The Tribe now has a full-time Emergency Manager on staff, which can respond to emergencies as needed, and to develop appropriate planning documents and evacuation plans in coordination with Tribal Departments. Duties of the Emergency Management Office also include conducting monthly safety inspections and maintaining dams associated with Lake Mescalero, Eagle Lakes and Silver Lake. This fiscal year, they installed an Early Warning System at the entrance of Soldier Canyon to provide advance notice of potential flooding. They also oversaw BIA subcontractors conducting drilling operations at Lake Mescalero to ensure there is no buildup of water within the dam. In addition, they cleaned drainage pipes in Cienegita Lakes to reduce water levels that had built up during flooding events. Along with Summer Interns hired, they also removed vegetation from the dam at Eagle Lake, and replaced culvert below the dam that was causing water to back up and trigger the alert notifications. Emergency Management staff is also involved in search and rescue operations requested through BIA



Law Enforcement and Tribal Conservation Office. This year they visited the State Emergency Operations Center (EOC) in Santa Fe and the Jicarilla Apache Nation EOC, so we can establish an EOC in Mescalero.

DRMP also has a Surface Water Quality Monitoring section. This section is funded through USEPA, under Section 106 of the Clean Water Act. This fiscal year we were finally able to fill the position of Water Quality Specialist. This allowed us to resume regular quarterly and biweekly sampling of

streams and lakes on the reservation to ensure we have good water quality. They also obtained funding through the USEPA Environmental Justice program to work with the Mescalero Apache School, so high school students can install air sensor and monitor for Particulate Matter (includes smoke, dust, etc.).

We also have a Realty Officer now, which was contracted through BIA Branch of Natural Resources. This person works with the Tribal Land Office (also located within DRMP), and oversees processing

Service Line Agreements with Otero County Electric Cooperative and other leases for housing projects and telecommunications projects for the Tribe. As always, the Tribal Land Office is involved with surveying all land assignments and processing new and transferred land assignments.

POSTMASTER



The United States Postal Service provides the nation with a vital delivery platform that enables American commerce, serves every American business and address, and binds the nation together, as it has for 248 years. The Postal Service is a self-funded, independent establishment of the executive branch of the U.S. government. We pay for our operations entirely through the sale of postal products and services and do not receive tax dollars to support our business.

As operating costs for the Postal Service increase each year, so does the need to increase prices to fund our operations. This is true for P.O. Box as well as other USPS services.

The Postal Service continues to offer a great value with P.O. Boxes and has some of the lowest rates in the industrialized world. For less than 60 cents per day, P.O. Boxes offer many benefits to customers including:

- Security: Know your deliveries are safe at the Post Office and not sitting on your doorstep unprotected
- Privacy: Keep your home address private and important documents confidential for peace of mind
- Accessibility: Get mail at your convenience with 24/7 access in some locations and extended hours in others

Whether it's for business or personal use, USPS offers a range of PO Box sizes to hold your mail and packages safely at a Post Office facility near you for one low price.

On behalf of the 650,000 women and men of the U.S. Postal Service, I thank you for continuing to support the Postal Service. Providing reliable mail delivery while strengthening the future of this treasured institution is our commitment to you.

Frasia Ysasi
Postmaster
Mescalero, NM

124 CHIRICAHUA PLAZA
MESCALERO, NM 88340-9998

WWW.USPS.COM



If you have, or know of, a child aged 0-3 years, and have questions or concerns about their growth and development, give us a call at 464-9328. Also, visit our Facebook page, Mescalero Apache Early Childhood Education Program, to stay updated with our news and events. We are here to serve, free of charge. Give us a call, 464-9328.



Mescalero Montessori

The school year is in full swing.
Please email Rosario at
rdick@mescaleroapachetribe.com or
call/message 575.937.6365 for more details
about registration and enrollment.

Mescalero Apache Licensure Committee

News

If you are a Tribal Member and interested in preserving our language, please call the Mescalero Apache Licensure Committee to become a certified Apache Teacher. Fluency is recommended and encouraged.

Please call one of the members of the Licensure Committee for more information:

Lenora Shendo: 575-937-4567
Caroline Blake: 575-808-0289
Eric Spitty: 575-464-4974

Recipients of the latest licensure certificates are pictured below:



Top Row: Jennie Pena (Level II), Earldena Botella (Level I), Birdena Evans (Level II), Caroline Blake (Level II)
Bottom Row: Lenore Vasile (Level II), Lenora Shendo (Level II), Rena Mendez-Nash (Level II)

Ba'itédan'dzi.



Four Directions Treatment & Recovery Center

~Sober Living~

Four Directions Treatment & Recovery Center is located on the Mescalero reservation and is open to persons seeking sobriety and healthier living for inpatient and outpatient treatment for federally recognized members. The program is a no-cost 90 or 180 day Inpatient and Outpatient services.

Our Substance Abuse Clinical Services include:

- Group Counseling
- Substance Abuse Education
- Relationships Group
- Anger Management
- Stress Management
- Parenting Classes
- Process Group
- Relapse Prevention
- Step Presentation
- Family Series
- Spiritual
- Individual Counseling
- 12-Step Study
- Traditional Group
- Case Management

- Screening/ Assessments
- Life Skills Education
- Health Education
- Referral Services
- Adult Inpatient Substance Abuse —90 and 180 day program
- Alcoholic Anonymous/Narcotics Anonymous
- Wellbriety
- After Care Treatment

Admission Information

The key to successful treatment is the initial evaluation and assessment of the client by treatment professionals. The determination for admission to the program is based upon an initial assessment.

Request for Admission Paperwork: Mandy Chico, Intake Coordinator

Office: 575-464-4433
Fax: 575-464-4331

Email: mchico@mescaleroapachetribe.com

Stress

Stress is one way that our bodies respond to the day-to-day struggles and demands of life. A little bit of stress can be healthy—it keeps us alert and productive. However, when we experience too much stress, it can result in serious physical, emotional, and behavioral symptoms.

Acute or Short Term Symptoms

Symptoms that occur before or during a stressful situation:

Physical

- Asthma
- Headaches
- Migraines
- Back pain
- Sweating
- Nausea
- Indigestion
- Chest pain

Emotional / Cognitive

- Worry
- Irritability
- Anger
- Loss of motivation

- Difficulty concentrating
- Mood instability
- Decreased sex drive

Behavioral

- Nail biting
- Constant thoughts about stressors
- Restlessness
- Teeth grinding
- Disrupted sleep, diet, and exercise
- Interpersonal conflict
- Social withdrawal
- Substance use

Chronic or Long Term Symptoms

Symptoms and consequences of long-term stress

Heart disease

Anxiety disorders

Skin disease

Depression

Memory impairment

Substance Use

Sleep disorders

Weakened immune system

Poor diet and exercise habits

Advice from the Center for Disease Control about stress

Healthy Ways to Cope with Stress

Feeling emotional and nervous or having trouble sleeping and eating can all be normal reactions to stress. Here are some healthy ways you can deal with stress:

- * Take breaks from watching, reading, or listening to news stories, including those on social media. It's good to be informed but hearing about the traumatic event constantly can be upsetting. Consider limiting news to just a couple of times a day and disconnecting from phone, tv, and computer screens for a while.
- * Take care of yourself. Eat healthy, exercise, get plenty of sleep, and give yourself a break if you feel stressed out.
- * Take care of your body.
- * Take deep breaths, stretch, or meditate.

- * Try to eat healthy, well-balanced meals.
- * Exercise regularly.
- * Get plenty of sleep.
- * Avoid excessive alcohol, tobacco, and substance use.
- * Continue with routine preventive measures (such as vaccinations, cancer screenings, etc.) as recommended by your healthcare provider.
- * Get vaccinated against COVID-19 as soon as possible; get a booster shot if you are age 18 or older.
- * Make time to unwind. Try to do some other activities you enjoy.
- * Talk to others. Talk with people you trust about your concerns and how you are feeling. Share your problems and how you are feeling and coping with a parent, friend, counselor, doctor, or pastor.
- * Connect with your community- or faith-based organizations.



- * Avoid drugs and alcohol. These may seem to help, but they can create additional problems and increase the stress you are already feeling.
- * Recognize when you need more help. If problems continue or you are thinking about suicide, talk to a psychologist, social worker, or professional counselor.

Helping Others Cope

Taking care of yourself can better equip you to take care of others. Helping others cope with stress through phone calls or video chats can help you and your loved ones feel less lonely or isolated.

Helping Children and Youth Cope with Stress

Children and youth often struggle with how to cope with stress. Youth can be particularly overwhelmed when their stress is connected to a traumatic event—like a natural disaster, family loss, school shootings, or community violence. Parents, caregivers, and educators can take steps to provide stability and support that help young people feel better.

Tips from the Center for Disease Control: How to Help Kids Deal with Stress

Tips for Parents and Caregivers

It is natural for children to worry when scary or stressful events happen in their lives. Talking to your children about these events can help put frightening information into a more balanced setting. Monitor what children see and hear about stressful events happening in their lives. Here are some suggestions to help children cope:

- ◇ Maintain a normal routine. Helping children wake up, go to sleep, and eat meals at regular times provide them a sense of stability.
- ◇ Talk, listen, and encourage expression. Listen to your child's thoughts and feelings and share some of yours. After a traumatic event, it is important for children to feel they can share their feelings and that you understand their fears and worries.
- ◇ Watch and listen. Be alert for any

change in behavior. Any changes in behavior may be signs that your child is having trouble and may need support.

- ◇ Stressful events can challenge a child's sense of safety and security. Reassure your child about his or her safety and well-being. Discuss ways that you, the school, and the community are taking steps to keep them safe.
- ◇ Connect with others. Talk to other parents and your child's teachers about ways to help your child cope. It is often helpful for parents, schools, and health professionals to work together for the well-being of all children in stressful times.

Tips for Kids and Teens

After a traumatic event, it is normal to feel anxious about your safety and security. Even if you were not directly involved, you may worry about whether this type of event may someday affect you. Check out the tips below for some ideas to help deal with these fears.

Talk to and stay con-

nected to others. Talking with someone you trust can help you make sense out of your experience. If you are not sure where to turn, call your local crisis intervention center or a national hotline.

Take care of yourself. Try to get plenty of sleep, eat right, exercise, and keep a normal routine.

Take information breaks. Pictures and stories about a disaster can increase worry and other stressful feelings. Taking breaks from the news, Internet, and conversations about the disaster can help calm you down.

Tips for School Personnel

School personnel can help their students restore their sense of safety by talking with the children about their fears. Other tips for school personnel include:

Reach out and talk. Create opportunities to have students talk, but do not force them. You can be a model by sharing some of your own thoughts as well as correct misinformation.

Watch and listen. Be alert for any change in

behavior. Are students withdrawing from friends? Acting out? These changes may be early signs that a student is struggling and needs extra support from the school and family.

Maintain normal routines. A regular classroom and school schedule can provide a sense of stability and safety. Encourage students to keep up with their schoolwork and extracurricular activities but do not push them if they seem overwhelmed.

Take care of yourself. You are better able to support your students if you are healthy, coping and taking care of yourself first. Eat healthy, exercise, get plenty of sleep, and give yourself a break if you feel stressed out.



PUEBLO OF POJOAQUE
78 Cities of Gold Road | Santa Fe, New Mexico, 87506
T 505.455.5040 | F 505.455.3684
www.poehtcenter.org

POEH CULTURAL CENTER CURRENT AND UPCOMING EVENTS

Hello! My name is Jacob Shije and I'm the Marketing Manager for the Poeh Cultural Center. I would like to invite all community members, local artists and vendors, and our local leaders to join us for our current and upcoming events at the Poeh. Please visit our website, www.poehtcenter.org, for more information and follow us on social media for future announcements. KDWH!

Facebook: facebook.com/poehtculturalcenter • Instagram: @poehtculturalcenter

Pathways Winter Market 2023

When: November 25 & 26, 2023 – 9:00am – 4:00pm

Where: Buffalo Thunder Resort & Casino

The **Pathways Winter Market** is the perfect place to find one-of-a-kind gifts for loved ones, with everything from handmade jewelry and pottery to artisanal food products and traditional clothing. Visitors can also expect to find a variety of Pueblo-style holiday decorations and ornaments to add some festive cheer to their homes.

For more information, visit: www.poehtcenter.com/pathwayswintermarket

Pojoaque Indoor Farmers Market

Every Friday from 8:00am – 2:00 pm at Buffalo Thunder Resort & Casino

November through April

Local artists, farmers, and entrepreneurs who are interested in vending, please contact Jazlyn Sanchez at (505) 455-5041.

"What It's Like To Be Me" Youth Push Pin Exhibit

Opening: November 8, 2023 – 4:00pm-6:00pm

On display from November 8, 2023 to January 12, 2024.

The Poeh Cultural Center is thrilled to announce our upcoming Youth Push Pin Art Exhibit, "What It's Like To Be Me". This exhibit aims to provide a platform for youth to express themselves, share their unique perspectives, and showcase their artistic abilities. We encourage young artists to submit their artwork to be displayed and celebrated in this exciting event!

GUIDELINES:

- All visual/written art is welcome, including painting, photography, digital art, or poetry. 3D art must be able to hang.
- 18 and under. Artists may submit up to 3 works.
- Works cannot exceed 24in x 24 in.
- Artwork dropoff Monday-Friday • 10am-5pm prior to exhibit or during opening.

For more information, please contact Daniel McCoy at dmccoy@pojoaque.org or 505.455.3533

Jacob Shije

Marketing Manager

jshije@pojoaque.org | Office: (505) 455-5060



INDOOR POJOAQUE *Farmers* MARKET

NOVEMBER-APRIL

FRIDAYS at Buffalo Thunder Resort • 8am - 2pm



The Pojoaque Farmers Market offers local farmers, artists, and entrepreneurs opportunities at the Pueblo of Pojoaque.

Contact Jazlyn Sanchez at (505) 699-3934 or jasanchez@pojoaque.org

Like us on Facebook: facebook.com/pojoaquefarmersmarket

Follow us on Instagram: [@pojoaquefarmersmarket](https://www.instagram.com/pojoaquefarmersmarket)

POEH
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what it's like to be me

YOUTH PUSH PIN EXHIBIT



NOV 8, 2023 - JAN 8, 2023

The Poeh Cultural Center is thrilled to announce our upcoming Youth Push Pin Art Exhibit, "What It's Like To Be Me". This exhibit aims to provide a platform for youth to express themselves, share their unique perspectives, and showcase their artistic abilities. We encourage young artists to submit their artwork to be displayed and celebrated in this exciting event!

Opening Nov 8, 2023 at 4PM - 6PM

GUIDELINES:

- All visual art forms are welcome, including painting, drawing, photography, and digital art. 3D art must be able to hang.
- No Age Limit
- Works cannot exceed 24in x 24 in. Artist may submit up to 3 works

For more information, please contact Daniel McCoy at DMcCoy@pojoaque.org or 505.455.3533

POEH CULTURAL CENTER presents

pathways WINTER MARKET

BUFFALO THUNDER RESORT & CASINO • SANTA FE, NM



NOVEMBER 25 & 26, 2023

LARGEST TWO-DAY HOLIDAY ART MARKET IN N.M.
CREATIVE ENTREPRENEURS • LIVE PERFORMANCES

WWW.POEHCENTER.ORG

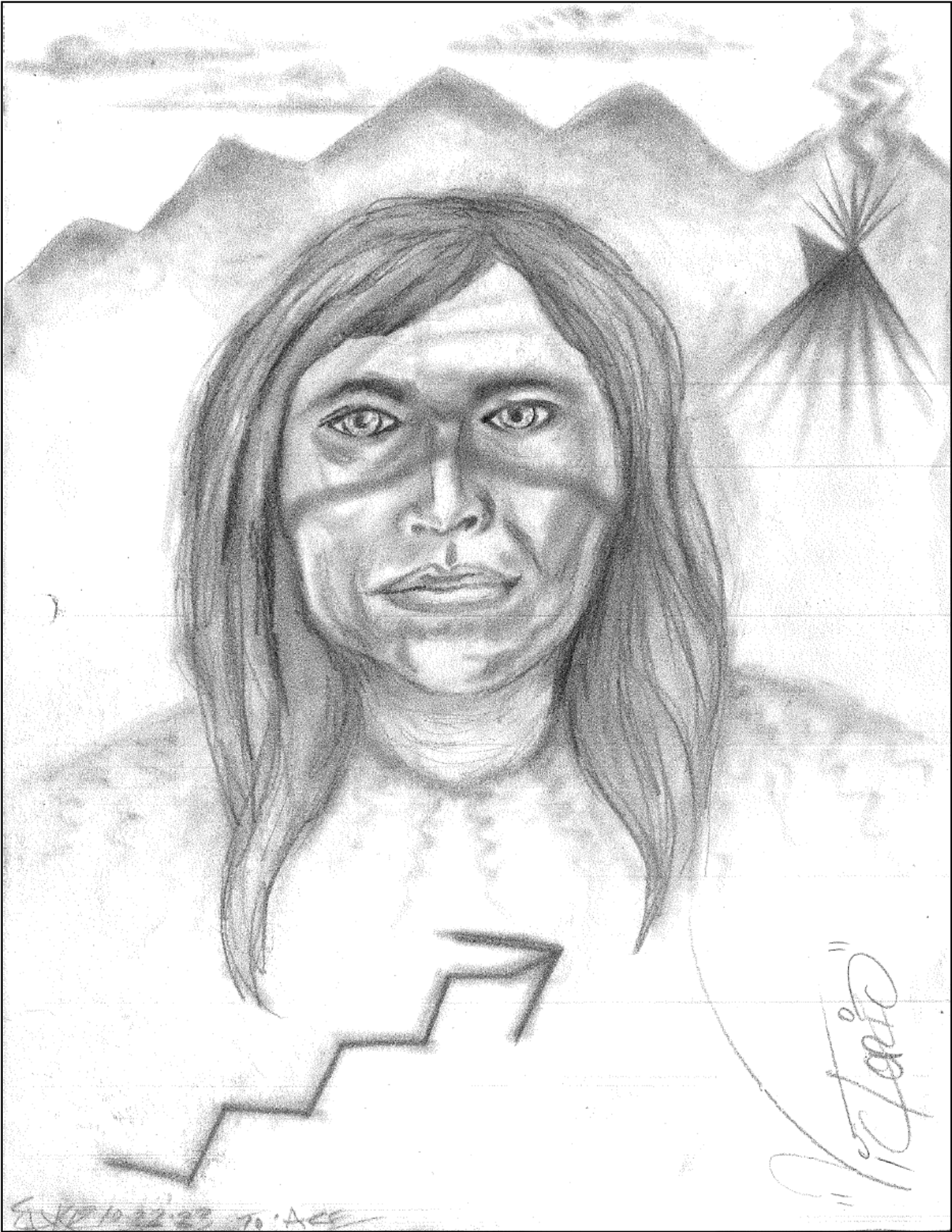


POEH
CULTURAL
CENTER

BuffaloThunder
RESORT & CASINO

Free Public Parking & Admission • Over 200 Artists
Live Performances & Food

PATHWAYS is organized by the Poeh Cultural Center,
a tribally led value based entity of the Pueblo of Pojoaque



In Remembrance
of Our Dearly
Departed ...
R.I.P.



God gave us memories
so that we might have
Roses in December.

AGE
10-20-23

-James M. Barre

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BASKETS – DYE – BLANKETS – SINEW – CONCHOS – SPOTS

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PICKLE★BARREL★TRADING★POST

Call Directory—Tribal Departments & Programs

Administration Offices	464-4494
Accounting	464-9251
Boys & Girls Club-Mescalero	464-9212
Boys & Girls Club-Carrizo	464-6814
Care Center	464-4802
Cattle Growers	464-4703
Child Care Center-Mescalero	464-9224
Child Care Center-Carrizo	464-3000
CHR	464-9256
Center Maintenance	464-9260
Conservation Law Enforcement	464-9323
Cultural Center & Museum	464-9254
DRMP	464-4711
Early Childhood	464-9328
Education	464-4500
Elderly Center	464-1614
Emergency Management	464-4711
Emergency Rental Assistance (ERA)	464-9216
Fence Crew	464-4711
Fire & Rescue	464-3473
Fish Hatchery	464-8768
Fitness Center	464-4368
Sawmill	464-4720
Four Directions Treatment & Recovery (<i>Rehab</i>)	464-4432

Gas Company	464-4323
Head Start-Mescalero	464-9183
Head Start-Carrizo	464-3492
Health Ed./Diabetes Program	464-6383
Historic Preservation	464-3005
Housing	464-9235
Housing Warehouse	464-9159
Human Resources	464-9276
Land Office	464-4974
Language Program	464-2152
Library	464-5010
MATI	464-4039
Parks & Recreation	464-2988
Patient Benefits	464-9232
Prosecutor's Office	464-9205
Prevention Program	464-4516
Public Defender's	464-9213
Social Services	464-9328
Swimming Pool	464-9248
Tribal Court	464-0414
Tribal Maintenance	464-9289
Tribal Roads	464-4311
Tribal Store	464-9319
Tribal Utilities	464-0254
VAWA	464-0079
WIOA	464-9217

Call Directory—Most Used Numbers

Assembly of God	464-4747
Baptist Church	464-4659
Reformed Church	464-4471
St. Joseph's Mission	464-4473
BIA Offices:	
Facilities	464-4282
Forestry	464-4419

East L.A.	464-4549
Old Road	464-4674
IHS	464-4441
Inn of the Mountain Gods	464-7777
Mescalero Post Office	464-4550
Mescalero Schools	464-4431
Ruidoso Schools	(575) 630-7000
Tularosa Schools	(575) 585-8800
WIC Office	464-0932

***Updated 5/19/23**



FOR ALL EMERGENCIES DIAL:
9-1-1 OR DISPATCH 575-464-4479



Mescalero Apache Tribe

Apache Scout
P.O. Box 227
108 Central Avenue
Mescalero, NM 88340

Phone: 575-464-4494
Fax: 575-464-9220
E-mail: elapaz@mescaleroapachetribe.com

Bulk Rate
Non-Profit Organization

Permit #1
Mescalero, NM
88340



MescaleroApacheTribe.com



"Like" us on Facebook:
Mescalero Apache Tribe
